



2026 3-Day BYO Home Camp

CAMP LOCATION & CAMP DATES

Day 1		Day 2		Day 3	
11:45a	Registration	9:00a	Energizer / Warmup & Material Review	9:00a	Energizer / Warmup & Material Review
12:00p	Staff Introductions / Energizer & Squad Credentialing (Roadmap)!	9:15a	C Game Day Class: Cheers	9:15a	C/E Game Day Class: Sideline Dances
12:15p	C Motion & Spirit Prop Workshop / Game Day Class: Sidelines	10:00a	A Stunt & Troubleshooting Class #2	9:45a	A Stunt & Troubleshooting Class #3
12:45p	S Safety Awareness & Spotting Seminar	11:00a	L Team UCA & Squad Credentialing	10:45a	E Camp Routine Evaluations
1:00p	A Stunt & Troubleshooting Class #1	11:15a	C Cheer Private Coaching	11:00a	R FNL Frenzy w/ Game Day Jams! - <i>on your football field or basketball court!</i>
2:15p	A Motion Technique Class			11:30a	B All-American Tryouts
2:30p	E Dance Class	12:00p	Lunch		
				12:00p	Lunch
3:00p	Break	1:00p	L Captain's Leadership Training		
		1:15p	C/E Sideline & Cheer Evaluations	1:00p	E Dance Class*
3:15p	L Team UCA & Squad Credentialing	1:30p	A Pyramid Private Coaching	1:30p	L Team UCA & Squad Credentialing
4:00p	C Sideline Private Coaching	2:15p	L Squad Leadership Training	2:00p	A Custom 1:1 Skills Private Coaching - NEW!
4:30p	A Pyramid Class #1	2:30p	E Camp Routine Private Coaching	3:00p	L Team Unity
5:30p	A/L Stretching, Flexibility / Jump Class & Coaches' & Captain's Goal Setting	3:30p	Material Review	3:30p	E Camp Showcase
5:45p	B St. Jude	3:45p	A Jump Off	3:45p	Squad Credentialing Presentation & Senior Recognition Ceremony
6:00p	Daily Awards	4:00p	B Daily Awards & Pin it Forward	4:00p	B Final Awards & Pin it Forward

Dance Class Options*
 - Timeout Dance
 - Hip Hop Dance
 - Fight Song
 - Fight Song Critique
 - Band Chant

