



2026 2-Day Masters Skills Camp

CAMP LOCATION & CAMP DATES



Day 1			Day 2		
8:45a		Registration	9:00a	A/L	Energizer & Warmup
9:00a		Introductions / Energizer / Warmup & Squad Credentialing (Roadmap)!	9:10a	A	Stunt Warm Up
9:15a	S	Safety Awareness / Spotting Seminar & Stunt Warm Up	9:20a	A	Stunt & Troubleshooting Class #3
9:30a	A	Stunt & Troubleshooting Class #1	10:20a	A	Stunt Sequence Private Coaching
10:45a	L	Team UCA & Squad Credentialing	11:00a	L	Team UCA & Squad Credentialing
11:00a	A	Pyramid Class #1	11:15a	C/A	Skills & Props Class
			11:45a	B	All-American Tryouts
12:00p		Lunch	12:00p		Lunch
1:00p	A	Stunt & Troubleshooting Class #2			
2:00p	A	Stunt Transitions	1:00p	L/A	Captain's Leadership Training / Tumbling Critique & <i>Optional: Coaching Strategies for Skill Development - NEW!</i>
2:45p	A	Pyramid Class #2	1:30p	A	Custom Skills 1:1 Private Coaching - NEW!
3:45p	B	Material Review & St. Jude	2:30p	A	Pyramid Private Coaching
4:00p		Team Leader Meetings & Daily Awards	3:30p	E	Stunt & Pyramid Sequence Showcase
			3:45p		Squad Credentialing Presentation
					Senior Recognition Ceremony
			4:00p	B	Final Awards & Pin it Forward