



2026 2-Day Day Camp

CAMP LOCATION & CAMP DATES



| Day 1 | | | Day 2 | | |
|--------|-----|--|--------|-----|--|
| 8:45a | | Registration | 9:00a | A/L | Team Leader Check-in / Warmup / Material Review / Team UCA / Squad Credentialing & <i>Coaches Meeting #2</i> |
| 9:00a | | Opening Staff Demo, Meet Your Team Leader & Squad Credentialing (Roadmap)! | 9:45a | L | Senior Social |
| 9:15a | C/E | Motion & Spirit Prop Workshop / Game Day Class: Cheers / Camp Dance & <i>Coaches' Meeting #1</i> | 10:00a | A/R | Stretching, Flexibility, Jump Class & FNL Frenzy w/ Game Day Jams! |
| 10:15a | S | Safety Awareness & Stunt Qualification w/ Team Leader | 10:45a | A | Stunt & Troubleshooting Class #2 |
| 10:30a | S/A | Spotting Seminar / Stunt & Troubleshooting Class #1 | 11:45a | B | All-American Tryouts |
| 11:45a | B | St. Jude & Team Leader Meetings | 12:00p | | Lunch |
| 12:00p | | Lunch | 1:00p | L/S | Captain's Leadership Training & Coaches' Stunt Workshop |
| 1:00p | L | Team UCA & Squad Credentialing | 1:15p | A | Custom 1:1 Skills Private Coaching - NEW! |
| 1:15p | A | Motion Technique Class | 2:00p | E | Camp Routine Private Coaching |
| 1:30p | C | Cheer Private Coaching | 2:45p | E | Camp Routine Evaluations |
| 2:15p | C/E | Cheer Evaluations | 3:00p | L | Squad Leadership Training & Team Unity |
| 2:30p | A | Pyramid Class | 3:30p | E | Camp Routine Championship |
| 3:45p | L | Material Review / Coaches & Captain's Goal Setting | | C/E | Cheer Championship |
| 4:00p | | Team Leader Meetings & Daily Awards | 3:45p | | Squad Credentialing Presentation & Material Showcase - NEW! |
| | | <i>New Coaches' Q/A</i> | 4:00p | B | Senior Recognition Ceremony/ Final Awards & Pin it Forward |