



BY VARSITY SPIRIT

2026 2-Day BYO Home Camp

CAMP LOCATION & CAMP DATES



Day 1

11:45a		Registration
12:00p		Introductions / Energizer & Squad Credentialing (Roadmap)!
12:15p	C	Motion & Spirit Prop Workshop / Game Day Class: Cheers
12:45p	S	Safety Awareness & Spotting Seminar
1:00p	A	Stunt & Troubleshooting Class #1
2:15p	E	Camp Dance
3:00p		Break
3:15p	A/L	Motion Technique Class / Team UCA & Squad Credentialing
3:45p	C	Cheer Private Coaching
4:35p	C/E	Cheer Evaluations
4:45p	A	Pyramid Class #1
5:30p	L	Material Review / Coaches' & Captain's Goal Setting
5:45p	B	St. Jude
6:00p		Daily Awards

Dance Class Options*

- Timeout
- Hip Hop
- Sideline Dances

Day 2

9:00a	A	Energizer / Warmup / Stretching, Flexibility & Jump Class
9:15a	C	Game Day Class: Sidelines or Band Chant
10:00a	A	Stunt & Troubleshooting Class #2
11:00a	B/A	All-American Tryouts & Jump Off
11:30a	E	Dance Class*
12:00p		Lunch
12:45p	L	Captain's Leadership Training
1:00p	A	Pyramid Private Coaching
1:45p	E	Camp Routine Private Coaching
2:45p	L	Squad Leadership Training & Team Unity
3:15p	E	Camp Routine Evaluations
3:30p	E	Camp Showcase
3:45p	L/E	Team UCA / Squad Credentialing / Presentation & Material Showcase - NEW!
4:00p	B	Senior Recognition Ceremony / Final Awards & Pin it Forward