



Day 1

2026 1-Day Youth Camp

CAMP LOCATION & CAMP DATES

8:45a		Registration
9:00a		Staff Introductions / Energizer
9:15a	C	Motion & Spirit Prop Workshop / Game Day Class: Youth Cheer
10:00a	S	Safety Awareness & Spotting Seminar
10:15a	A	Stunt Class
11:00a	A	Pyramid Class
11:45a	L	Team UCA*
12:00p		Lunch
1:00p	C	Youth Cheer Private Coaching
1:45p	A	Stretching, Flexibility, Jumps & Kicks Workshop
2:00p	E	Youth Dance Class
2:30p	A	Jump Off
2:45p	E	Camp Showcase
3:00p		Awards & Break

**Coaches' Skills Workshop may be available to add depending on your Youth Camp. Talk to your State Director for more information!*

