



Day 1

2026 1-Day AM BYO Home Camp

CAMP LOCATION & CAMP DATES

8:45a		Registration
9:00a		Staff Introductions / Energizer
9:15a	C	Motion & Spirit Prop Workshop / Game Day Class: Cheers
9:45a	S	Safety Awareness & Spotting Seminar
10:00a	A	Stunt & Pyramid Class
11:15a	E	Camp Dance
12:00p		<i>Break</i>
1:00p	A	Stretching, Flexibility & Jump Class
1:15p	C	Cheer Private Coaching
2:15p	C/E	Cheer Evaluation
2:30p	L	Squad Leadership Training & Team UCA
2:45p	B	Material Review & St. Jude
3:00p	A	Jump Off
3:15p	E	Sideline Stunts
3:30p	E	Camp Showcase
4:00p		Awards & Break

