



UCA Intermediate Division FAQ

- **Q: What teams are eligible for the Intermediate Division?**
 - A: All teams must meet eligibility requirements for school teams outlined in the Event Guidelines. Teams must complete the squad credentialing program to be eligible to receive a bid to NHSCC. Bids to NHSCC will be awarded at Regional Competitions based on select criteria.
- **Q: Who can qualify for NHSCC Intermediate?**
 - A: To qualify for the NHSCC Intermediate Divisions, teams must have never competed at a Varsity Spirit event. If they have, the team must have not advanced from the opening round in an Advanced Performance Division at any Varsity Spirit Championship in the last 3 years **-OR-** not won the Intermediate or below division at any Varsity Spirit Championship the past 2 years consecutively.
- **Q: What divisions will be offered?**
 - A: For the 2025-2026 season, the following Intermediate Performance Divisions will be offered:
 - Junior High
 - Junior Varsity
 - Varsity
 - Varsity Non Tumbling
 - Varsity Coed
 - Traditional Rec (6Y*, 8Y, 10Y)
 - **6Y exhibition only at regional events*
 - A: Splitting and Combining Divisions: UCA will split divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams, additional splits may be offered.
 - Regional Competition
 - 1st split would be by Division I & Division II at regionals
 - 2nd split would be by size - Small (5-15) & Large (16-30)
 - NHSCC
 - Division I & Division II Intermediate Divisions will be offered during each designated event.
 - If 11 or more teams are registered in an Intermediate Division, they will be split by size - Small (5-15) & Large (16-30)



BY VARSITY SPIRIT

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- **Q: What are the skills allowed in the Intermediate Division?**
 - A: All skill restrictions and rules for the Intermediate Division are outlined in a separate document. Skills are comparative to intermediate level skills taught at UCA camps.
- **Q: How long can my team remain in the Intermediate Division?**
 - A: A team that wins their respective Intermediate Division two (2) consecutive years at NHSCC must compete in the “Advanced” Performance Division the following year at any Varsity Spirit event.
- **Q: Are my Varsity and JV teams both eligible to compete?**
 - A: Yes. If you have a Varsity and Junior Varsity from the same school, they can both compete in the Intermediate Division. If the JV from the school competes in an Advanced Performance Division, the Varsity team from that school will **NOT** be eligible to compete in the Intermediate Division.
- **Q: Can my team compete in the Intermediate AND Game Day Divisions?**
 - A: Yes. Teams can earn a bid in both the Intermediate Division and Game Day Divisions at a qualifying regional and compete at NHSCC in both divisions.
- **Q: What score sheet will be used for the Intermediate division?**
 - A: UCA will utilize the same performance routine score sheet already in place. Certain categories will have maximum scores based on the stunt, pyramid, and tumbling skills allowed in the Intermediate Division.
- **Q: Will my team be eligible for the NSSC points race?**
 - A: Yes. Intermediate teams are eligible for the NSSC points race.
- **Q: What type of awards will the team receive at NHSCC?**
 - A: The winner in each division will be named “Intermediate Champions” of their respective division. In addition, Intermediate Champions will receive:
 - Championship Banner
 - Championship Jacket
 - Championship Medallions
 - The top three placements in finals will receive 1st-3rd with gold, silver, and bronze medallions.