REGIONAL PERFORMANCE DIVISIONS				
Divisions	Grade	Female/Male	Team Members	Notes
Small Junior High	9th grade and below	Female/Male	5 - 16 Members	
Large Junior High	9th grade and below	Female/Male	17 - 30 Members	
Small Junior Varsity	7th grade - 12th grade	Female	5 - 16 Members	
Large Junior Varsity	7th grade - 12th grade	Female	17 - 30 Members	
Junior Varsity Coed	7th grade - 12th grade	Female/1+ Male	5 - 30 Members	
Small Varsity	8th - 12th grade	Female	5 - 15 Members	
Medium Varsity	8th - 12th grade	Female	16 - 19 Members	
Large Varsity	8th - 12th grade	Female	20 - 23 Members	
Super Varsity	8th - 12th grade	Female	24 - 30 Members	
Small Varsity Coed	8th - 12th grade	Female/1-4 Males	5 - 20 Members	
Large Varsity Coed	8th - 12th grade	Female/5+ Males	21 - 30 Members	
REGION	AL NON BUILDING PER	FORMANCE DIV	ISIONS	
Varsity Non Building	8th - 12th grade	Female/Male	5 - 30 Members	No partner stunts, pyramids or tosses allowed
REGIONA	AL NON TUMBLING PER	RFORMANCE DIV	ISIONS	
Junior High Non Tumbling Junior Varsity Non Tumbling	9 <sup>th</sup> grade and below 7 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female/Male Female/Male	5 – 30 Members 5 – 30 Members	
Small Varsity Non Tumbling	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female	5 – 15 Members	
Medium Varsity Non Tumbling	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female	16 – 19 Members	
Large Varsity Non Tumbling	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female	20 – 23 Members	
Super Varsity Non Tumbling	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female	24 – 30 Members	
Varsity Coed Non Tumbling	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female/1-4 Males	5 – 30 Members	
NEW REGIO	DNAL INTERMEDIATE P	ERFORMANCE D	DIVISIONS	
	ONAL INTERMEDIATE P Grade	ERFORMANCE D	DIVISIONS  Team Members	Notes
Divisions	Grade	Female/Male		Notes
Divisions NEW - Intermediate Division Guidelines. Go to uca.va	Grade	Female/Male		Notes
Divisions NEW - Intermediate Division Guidelines. Go to uca.va Junior High Intermediate	Grade ersity.com for skill restrictions	Female/Male and guidelines.	Team Members	Notes
Divisions NEW - Intermediate Division Guidelines. Go to uca.va Junior High Intermediate Junior Varsity Intermediate	Grade arsity.com for skill restrictions a 9th grade and below	Female/Male and guidelines. Female/Male	Team Members 5 - 30 Members	Notes
Divisions NEW - Intermediate Division Guidelines. Go to uca.va Junior High Intermediate Junior Varsity Intermediate Varsity Intermediate	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade	Female/Male and guidelines. Female/Male Female/Male	Team Members 5 - 30 Members 5 - 30 Members	Notes
Divisions  NEW - Intermediate Division Guidelines. Go to uca.va  Junior High Intermediate  Junior Varsity Intermediate  Varsity Intermediate  Varsity Coed Intermediate	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade 8th - 12th grade	Female/Male and guidelines. Female/Male Female/Male Female	Team Members  5 - 30 Members  5 - 30 Members  5 - 30 Members	Notes
Divisions  NEW - Intermediate Division Guidelines. Go to uca.va  Junior High Intermediate  Junior Varsity Intermediate  Varsity Intermediate  Varsity Coed Intermediate  Varsity Non Tumbling Intermediate	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade 8th - 12th grade 8th - 12th grade	Female/Male and guidelines. Female/Male Female/Male Female Female/1+ Males Female/Male	5 - 30 Members	Notes
Divisions  NEW - Intermediate Division Guidelines. Go to uca.va  Junior High Intermediate  Junior Varsity Intermediate  Varsity Intermediate  Varsity Coed Intermediate  Varsity Non Tumbling Intermediate  REC	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade	Female/Male and guidelines. Female/Male Female/Male Female Female/1+ Males Female/Male	5 - 30 Members	Notes Notes
Divisions  NEW - Intermediate Division Guidelines. Go to uca.va  Junior High Intermediate  Junior Varsity Intermediate  Varsity Intermediate  Varsity Coed Intermediate  Varsity Non Tumbling Intermediate  REC	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade	Female/Male and guidelines. Female/Male Female/Male Female/1+ Males Female/Male Tional Division	5 - 30 Members 7 - 30 Members	
Divisions  NEW - Intermediate Division Guidelines. Go to uca.va  Junior High Intermediate  Junior Varsity Intermediate  Varsity Intermediate  Varsity Coed Intermediate  Varsity Non Tumbling Intermediate  REC  Intermediate Open Rec  Open Rec - 6Y - Intermediate (Exhibition Only)	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade Age of Eligibility	Female/Male and guidelines. Female/Male Female/Male Female/1+ Males Female/Male TIONAL DIVISION Female/Male	5 - 30 Members NS Team Members	Notes
Divisions  NEW - Intermediate Division Guidelines. Go to uca.va Junior High Intermediate  Junior Varsity Intermediate  Varsity Intermediate  Varsity Coed Intermediate  Varsity Non Tumbling Intermediate  REC  Intermediate Open Rec  Open Rec - 6Y - Intermediate (Exhibition Only)  Open Rec - 8Y - Intermediate	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade 9th - 12th grade 10th G	Female/Male and guidelines. Female/Male Female/Male Female/1+ Males Female/Male TIONAL DIVISION Female/Male Female/Male	5 - 30 Members Team Members 5 - 36 Members	Notes Not offered at NHSCC
Divisions  NEW - Intermediate Division Guidelines. Go to uca.va Junior High Intermediate Junior Varsity Intermediate  Varsity Intermediate  Varsity Coed Intermediate  Varsity Non Tumbling Intermediate	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade Age of Eligibility 2019 and Later 2017 and Later	Female/Male and guidelines. Female/Male Female/Male Female/1+ Males Female/Male TIONAL DIVISION Female/Male Female/Male Female/Male Female/Male	5 - 30 Members 7 - 30 Members 5 - 30 Members 5 - 30 Members 5 - 36 Members 5 - 36 Members	Notes Not offered at NHSCC
Divisions  NEW - Intermediate Division Guidelines. Go to uca.va Junior High Intermediate Junior Varsity Intermediate Varsity Intermediate Varsity Coed Intermediate Varsity Non Tumbling Intermediate Intermediate Open Rec Open Rec - 6Y - Intermediate (Exhibition Only) Open Rec - 8Y - Intermediate Open Rec - 10Y - Intermediate Advanced Open Rec	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade 2010 AL OPEN RECREA Age of Eligibility 2019 and Later 2015 and Later Age of Eligibility	Female/Male and guidelines. Female/Male Female/Male Female/1+ Males Female/Male TIONAL DIVISION Female/Male Female/Male Female/Male Female/Male Female/Male Female/Male	5 - 30 Members 7 - 30 Members 5 - 30 Members 5 - 30 Members 5 - 36 Members 5 - 36 Members 5 - 36 Members	Notes Not offered at NHSCC Not offered at NHSCC
Divisions  NEW - Intermediate Division Guidelines. Go to uca.va Junior High Intermediate Junior Varsity Intermediate Varsity Intermediate Varsity Coed Intermediate Varsity Non Tumbling Intermediate  Intermediate Open Rec Open Rec - 6Y - Intermediate (Exhibition Only) Open Rec - 8Y - Intermediate Open Rec - 10Y - Intermediate	Grade arsity.com for skill restrictions a 9th grade and below 7th grade - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade 8th - 12th grade 2010 AL OPEN RECREA Age of Eligibility 2019 and Later 2015 and Later Age of Eligibility	Female/Male and guidelines. Female/Male Female/Male Female/1+ Males Female/Male TIONAL DIVISION Female/Male Female/Male Female/Male Female/Male Female/Male Female/Male	5 - 30 Members 7 - 30 Members 5 - 30 Members 5 - 30 Members 5 - 36 Members 5 - 36 Members 5 - 36 Members	Notes Not offered at NHSCC Not offered at NHSCC

## **REGIONAL PERFORMANCE DIVISION SPLIT GUIDELINES**

Female/Male

Female/Male

5 - 36 Members

5 - 36 Members

Note: Athletes must be

enrolled in a JH or HS

Universal Cheerleaders Association will SPLIT divisions in the best interest of providing a competitive environment. When/If a division has 11 or more teams, additional splits may be offered. When/If a division has less than 3 teams, they may be combined into the same age/size division. Division I (1400+ school enrollment) & Division II (1399 or less school enrollment).

2011 and Later

6/1/2007-2013

- •1st split would be by Division I & Division II at regionals. 1st split for Open Rec would be by affiliated/non affiliated at regionals.
- •2nd split in the intermediate divisions would be by size Small (5-15) and Large (16+)

Open Rec - 14Y

Open Rec - 12-18 Years Old

Please visit UCA Event Guidelines for info	mation on how to qualify for NHSCI	toam oligibility and division restrictions
Flease visit OCA Event Guidennes for inito	illation on now to quality for Ninsci	z. team emummu amu urrision resulctions.

REGIONAL GAME DAY DIVISIONS					
Divisions	Grade	Female/Male	Team Members	Notes	
Small Junior High Game Day	9th grade and below	Female/Male	5 - 16 Members		
Large Junior High Game Day	9th grade and below	Female/Male	17 - 30 Members		
Small Junior Varsity Game Day	7th - 12th grade	Female/Male	5 - 16 Members		
Large Junior Varsity Game Day	7th - 12th grade	Female/Male	17 - 30 Members		
Small Varsity Game Day	8th - 12th grade	Female	5 - 15 Members		
Medium Varsity Game Day	8th - 12th grade	Female	16 - 19 Members		
Large Varsity Game Day	8th - 12th grade	Female	20 - 23 Members		
Super Varsity Game Day	8th - 12th grade	Female	24 - 30 Members		
Small Varsity Coed Game Day	8th - 12th grade	Female/1-4 Males	5 - 20 Members		
Large Varsity Coed Game Day	8th - 12th grade	Female/5+ Males	21 - 30 Members		
REGION	AL NON BUILDING G	SAME DAY DIVISI	ONS		
Non Building Divisions: No partner stunts, pyramids or to	sses allowed.				
Varsity Non Building Game Day	8th - 12th grade	Female/Male	5 - 30 Members		
REGIONAL NON TUMBLING GAME DAY DIVISIONS					
Non Tumbling Divisions will prohibit any and all tumbling	with feet over head rotation	n i.e. rolls and walkove	ers not allowed.		
Junior High Non Tumbling Game Day	9 <sup>th</sup> grade and below	Female/Male	5 – 30 Members		

Junior High Non Tumbling Game Day	9 <sup>th</sup> grade and below	Female/Male	5 – 30 Members	
Junior Varsity Non Tumbling Game Day	7 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female/Male	5 – 30 Members	
Small Varsity Non Tumbling Game Day	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female	5 – 15 Members	
Medium Varsity Non Tumbling Game Day	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female	16 – 19 Members	
Large Varsity Non Tumbling Game Day	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female	20 – 23 Members	
Super Varsity Non Tumbling Game Day	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female	24 – 30 Members	
Varsity Coed Non Tumbling Game Day	8 <sup>th</sup> grade – 12 <sup>th</sup> grade	Female/1-4 Males	5 – 30 Members	

## REGIONAL OPEN RECREATIONAL GAME DAY DIVISIONS

Open Recreational divisions will follow additional restrictions for Junior High School teams.

Recreational Game Day	Age of Eligibility	Female/Male	Team Members	Notes
Open Rec - 14Y Affiliated Game Day	2011 and Later	Female/Male	5 - 36 Members	Non Affiliated teams not eligible
Open Rec - 12-18 Years Affiliated Game Day	6/1/2007-2013	Female/Male	5 - 36 Members	Non Affiliated teams not eligible.  Note: Athletes must be enrolled in a  JH or HS

# **REGIONAL SPIRIT PROGRAM GAME DAY DIVISIONS (Only offered at select events)**

Spirit Program	Grade	Female/Male	Members	Notes
Junior High Spirit Program Game Day	JH team	Female/Male	5 - 75 Members	Cheer and Dance
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer and Band
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer, Dance and Band
Varsity Spirit Program Game Day	8th - 12th grade	Female/Male	5 - 75 Members	Cheer and Dance
Varsity Spirit Program Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer and Band
Varsity Spirit Program Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer, Dance and Band

## REGIONAL SPIRIT PROGRAM GAME DAY DIVISION GUIDELINES (Only offered at select events)

Spirit Program Game Day Divisions will be offered at select regional events.

- \* Junior High and Varsity divisions will be split.
- \* Junior Varsity teams can combine with their Varsity for Spirit Program Game Day/LIVE Divisions.
- \* A minimum of 5 athletes must represent each performance group. (cheer, dance, and band)
- \* Maximum of 75 athletes are allowed to represent the spirit program.
- \* Up to 2 Mascots are allowed and are not included in the total participant number.

NOTE: UCA and UDA will split divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams additional splits may be offered. When/if a division has less than 3 teams, they may be combined into the same age/size division.

#### **REGIONAL GAME DAY DIVISION SPLIT GUIDELINES**

Universal Cheerleaders Association will SPLIT divisions in the best interest of providing a competitive environment. When/If a division has 11 or more teams, additional splits may be offered. When/If a division has less than 3 teams, they may be combined into the same age/size division. Division I (1400+ school enrollment) & Division II (1399 or less school enrollment).

Please visit UCA Event Guidelines for information on how to qualify for NHSCC, team eligibility and division restrictions.

NHSCC DII - PERFORMANCE DIVISIONS					
Divisions	Grade	Female/Male	Team Members	Notes	
Small Junior High	9th grade and below	Female/Male	5 - 16 Members		
Large Junior High	9th grade and below	Female/Male	17 - 30 Members		
Junior Varsity Division II	7th grade - 12th grade	Female	5 - 30 Members	1-1399 Students	
Junior Varsity Coed Division II	7th grade - 12th grade	Female/1+ Males	5 - 30 Members	1-1399 Students	
Small Varsity Division II	8th - 12th grade	Female	5 - 15 Members	1-1399 Students	
Medium Varsity Division II	8th - 12th grade	Female	16 - 19 Members	1-1399 Students	
Large Varsity Division II	8th - 12th grade	Female	20 - 23 Members	1-1399 Students	
Super Varsity Division II	8th - 12th grade	Female	24 - 30 Members	1-1399 Students	
Small Varsity Coed Division II	8th - 12th grade	Female/1-4 Males	5 - 20 Members	1-1399 Students	

#### **NHSCC DII - NON BUILDING PERFORMANCE DIVISIONS**

Female/5+ Males

21 - 30 Members

1-1399 Students

Non Building Divisions: No partner stunts, pyramids or tosses allowed.

Large Varsity Coed Division II

Varsity Non Building Division II 8th - 12th grade Female/Male 5 - 30 Members 1-1399 Students

8th - 12th grade

## **NHSCC DII - NON TUMBLING PERFORMANCE DIVISIONS**

Non Tumbling Divisions will prohibit any and all tumbling with feet over head rotation i.e. rolls and walkovers not allowed. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division. Exception: a back handspring entry into stunts / pyramids will not be allowed.

Junior High Non Tumbling	9th grade and below	Female/Male	5 - 30 Members	
Junior Varsity Non Tumbling Division II	7th grade - 12th grade	Female/Male	5 - 30 Members	1-1399 Students
Small Varsity Non Tumbling Division II	8th grade - 12th grade	Female	5 - 15 Members	1-1399 Students
Medium Varsity Non Tumbling Division II	8th grade - 12th grade	Female	16 - 19 Members	1-1399 Students
Large Varsity Non Tumbling Division II	8th grade - 12th grade	Female	20 - 23 Members	1-1399 Students
Super Varsity Non Tumbling Division II	8th grade - 12th grade	Female	24 - 30 Members	1-1399 Students
Varsity Coed Non Tumbling Division II	8th grade - 12th grade	Female/1-4 Males	5 - 30 Members	1-1399 Students

## **NEW NHSCC DII - INTERMEDIATE PERFORMANCE DIVISIONS**

Divisions Grade Female/Male Team Members Notes

NEW - Intermediate Division Guidelines. Go to uca.varsity.com for skill restrictions and guidelines.

Junior High Intermediate	9th grade and below	Female/Male	5 - 30 Members	
Junior Varsity Division II Intermediate	7th grade - 12th grade	Female/Male	5 - 30 Members	
Varsity Division II Intermediate	8th - 12th grade	Female	5 - 30 Members	
Varsity Coed Division II Intermediate	8th - 12th grade	Female/1+ Males	5 - 30 Members	
Varsity Non Tumbling Division II Intermediate	8th - 12th grade	Female/Male	5 - 30 Members	

#### **NHSCC DII - OPEN RECREACTIONAL DIVISIONS**

Intermediate Open Rec	Age of Eligibility	Female/Male	Team Members	Notes
Open Rec - 10Y - Intermediate	2015 and Later	Female/Male	5 - 36 Members	
Advanced Open Rec	Age of Eligibility	Female/Male	Team Members	Notes
Open Recreational divisions will follow additional restrictio				
Open Rec - 12Y (Update to Advanced 3/3)	2013 and Later	Female/Male	5 - 36 Members	
Open Rec - 14Y	2011 and Later	Female/Male	5 - 36 Members	
Open Rec - 12-18 Years Old	6/1/2007-2013	Female/Male	5 - 36 Members	Note: Athletes must be enrolled in a JH or HS

# **NEW NHSCC DII - INTERMEDIATE DIVISION SPLIT GUIDELINES**

Universal Cheerleaders Association will split Intermediate divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams, additional splits may be offered.

•1st split for Open Rec would be by affiliated/non affiliated 1st split for intermediate would be by size - Small (5-15) and Large (16+)

Please visit UCA Event Guidelines for information on how to qualify for NHSCC, team eligibility and division restrictions.

#### **NHSCC DI - PERFORMANCE DIVISIONS**

Divisions	Grade	Female/Male	Team Members	Notes	
Small Junior High	9th grade and below	Female/Male	5 - 16 Members		
Large Junior High	9th grade and below	Female/Male	17 - 30 Members		
Small Junior Varsity Division I	7th grade - 12th grade	Female	5 - 16 Members	1400+ Students	
Large Junior Varsity Division I	7th grade - 12th grade	Female	17 - 30 Members	1400+ Students	
Junior Varsity Coed Division I	7th grade - 12th grade	Female/1+ Males	5 - 30 Members	1400+ Students	
Small Varsity Division I	8th - 12th grade	Female	5 - 15 Members	1400+ Students	
Medium Varsity Division I	8th - 12th grade	Female	16 - 19 Members	1400+ Students	
Large Varsity Division I	8th - 12th grade	Female	20 - 23 Members	1400+ Students	
Super Varsity Division I	8th - 12th grade	Female	24 - 30 Members	1400+ Students	
Small Varsity Coed Division I	8th - 12th grade	Female/1-4 Males	5 - 20 Members	1400+ Students	
Large Varsity Coed Division I	8th - 12th grade	Female/5+ Males	21 - 30 Members	1400+ Students	

# **NHSCC DI - NON BUILDING PERFORMANCE DIVISIONS**

Non Building Divisions: No partner stunts, pyramids or tosses allowed.

Varsity Non Building Division I 8th - 12th grade Female/Male 5 - 30 Members 1400+ Students

#### **NHSCC DI - NON TUMBLING PERFORMANCE DIVISIONS**

Non Tumbling Divisions will prohibit any and all tumbling with feet over head rotation i.e. rolls and walkovers not allowed. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division. Exception: a back handspring entry into stunts / pyramids will not be allowed.

Junior High Non Tumbling	9th grade and below	Female/Male	5 - 30 Members	
Junior Varsity Non Tumbling Division I	7th grade - 12th grade	Female/Male	5 - 30 Members	1400+ Students
Small Varsity Non Tumbling Division I	8th grade - 12th grade	Female	5 - 15 Members	1400+ Students
Medium Varsity Non Tumbling Division I	8th grade - 12th grade	Female	16 - 19 Members	1400+ Students
Large Varsity Non Tumbling Division I	8th grade - 12th grade	Female	20 - 23 Members	1400+ Students
Super Varsity Non Tumbling Division I	8th grade - 12th grade	Female	24 - 30 Members	1400+ Students
Varsity Coed Non Tumbling Division I	8th grade - 12th grade	Female/1-4 Males	5 - 30 Members	1400+ Students

#### **NHSCC DI - OPEN RECREACTIONAL DIVISIONS**

Open Recreational divisions will follow additional restrictions for Junior High School teams.

Intermediate Open Rec	Age of Eligibility	Female/Male	Team Members	Notes
Open Rec - 10Y - Intermediate	2015 and Later	Female/Male	5 - 36 Members	
Advanced Open Rec	Age of Eligibility	Female/Male	Team Members	Notes
Open Rec - 12Y (Update to Advanced 3/3)	2013 and Later	Female/Male	5 - 36 Members	
Open Rec - 14Y	2011 and Later	Female/Male	5 - 36 Members	
Open Rec - 12-18 Years Old	6/1/2007-2013	Female/Male	5 - 36 Members	Note: Athletes must be enrolled in a JH or HS

## NEW NHSCC DI - INTERMEDIATE PERFORMANCE DIVISIONS

Divisions	Grade	Female/Male	Team Members	Notes	
NEW - Intermediate Division Guidelines. Go to uca.varsity.com for skill restrictions and guidelines.					
Junior High Intermediate	9th grade and below	Female/Male	5 - 30 Members		
Junior Varsity Division I Intermediate	7th grade - 12th grade	Female/Male	5 - 30 Members		
Varsity Division I Intermediate	8th - 12th grade	Female	5 - 30 Members		
Varsity Coed Division I Intermediate	8th - 12th grade	Female/1+ Males	5 - 30 Members		
Varsity Non Tumbling Division I Intermediate	8th - 12th grade	Female/Male	5 - 30 Members		

# **NEW NHSCC DI - INTERMEDIATE DIVISION SPLIT GUIDELINES**

Universal Cheerleaders Association will split Intermediate divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams, additional splits may be offered.

•1st split for Open Rec would be by affiliated/non affiliated 1st split for intermediate would be by size - Small (5-15) and Large (16+)

Please visit UCA Event Guidelines for information on how to qualify for NHSCC, team eligibility and division restrictions.

NHSCC DII - GAME DAY DIVISIONS					
Divisions	Grade	Female/Male	Team Members	Notes	
Small Junior High Game Day	9th grade and below	Female/Male	5 - 16 Members		
Large Junior High Game Day	9th grade and below	Female/Male	17 - 30 Members		
Junior Varsity Division II Game Day	7th - 12th grade	Female/Male	5 - 30 Members	1-1399 Students	
Small Varsity Division II Game Day	8th - 12th grade	Female	5 - 15 Members	1-1399 Students	
Medium Varsity Division II Game Day	8th - 12th grade	Female	16 - 19 Members	1-1399 Students	
Large Varsity Division II Game Day	8th - 12th grade	Female	20 - 23 Members	1-1399 Students	
Super Varsity Division II Game Day	8th - 12th grade	Female	24 - 30 Members	1-1399 Students	
Small Varsity Coed Division II Game Day	8th - 12th grade	Female/1-4 Males	5 - 20 Members	1-1399 Students	
Large Varsity Coed Division II Game Day	8th - 12th grade	Female/5+ Males	21 - 30 Members	1-1399 Students	
NHSCC D	II - NON BUILDING O	SAME DAY DIVISI	ONS		
Non Building Divisions: No partner stunts, pyramids or tosses allowed.					
Varsity Non Building Division II Game Day	8th - 12th grade	Female/Male	5 - 30 Members	1-1399 Students	
NHSCC D	II - NON TUMBLING	GAME DAY DIVIS	IONS		
Non Tumbling Divisions will prohibit any and all tumbling v	vith feet over head rotation	i.e. rolls and walkove	rs not allowed.		
Junior High Non Tumbling Game Day	9th grade and below	Female/Male	5 - 30 Members		
Junior Varsity Non Tumbling Division II Game Day	7th - 12th grade	Female/Male	5 - 30 Members	1-1399 Students	
Small Varsity Non Tumbling Division II Game Day	8th - 12th grade	Female	5 - 15 Members	1-1399 Students	
Medium Varsity Non Tumbling Division II Game Day	8th - 12th grade	Female	16 - 19 Members	1-1399 Students	
Large Varsity Non Tumbling Division II Game Day	8th - 12th grade	Female	20 - 23 Members	1-1399 Students	
Super Varsity Non Tumbling Division II Game Day	8th - 12th grade	Female	24 - 30 Members	1-1399 Students	
Varsity Coed Non Tumbling Division II Game Day	8th - 12th grade	Female/1-4 Males	5 - 30 Members	1-1399 Students	
NHSCC DII - RECREATIONAL GAME DAY DIVISIONS					
Recreational Game Day Division	Age of Eligibility	Female/Male	Team Members	Notes	
Open Recreational divisions will follow additional restriction					
Open Rec - 14Y Affiliated Game Day	2011 and Later	Female/Male	5 - 36 Members	Non Affiliated teams not eligible	
Open Rec - 12-18 Years Affiliated Game Day	6/1/2007-2013	Female/Male	5 - 36 Members	Non Affiliated teams not eligible.  Note: Athletes must be enrolled in a  JH or HS	
NHSCC DII - SPIRIT PROGRAM GAME DAY DIVISIONS					
Spirit Program	Grade	Female/Male	Members	Notes	
Junior High Spirit Program Game Day	JH team	Female/Male	5 - 75 Members	Cheer and Dance	
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer and Band	
Junior High Spirit Program Game Day Live  Varsity Spirit Program Division II Game Day	JH team 8th - 12th grade	Female/Male Female/Male	5 - 75 Members 5 - 75 Members	Cheer, Dance and Band Cheer and Dance	
Varsity Spirit Program Division II Game Day  Varsity Spirit Program Division II Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer and Band	
Varsity Spirit Program Division II Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer, Dance and Band	
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# NHSCC DII - SPIRIT PROGRAM GAME DAY DIVISION GUIDELINES

Spirit Program Game Day Divisions will be offered at select regional events.

- \* Junior High and Varsity divisions will be split.
- \* Junior Varsity teams can combine with their Varsity for Spirit Program Game Day/LIVE Divisions.
- \* A minimum of 5 athletes must represent each performance group. (cheer, dance, and band)
- \* Maximum of 75 athletes are allowed to represent the spirit program.
- \* Up to 2 Mascots are allowed and are not included in the total participant number.

NOTE: UCA and UDA will split divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams additional splits may be offered. When/if a division has less than 3 teams, they may be combined into the same age/size division.

Please visit UCA Event Guidelines for information on how to qualify for NHSCC, team eligibility and division restrictions.

NHSCC DI - GAME DAY DIVISIONS

NHSCC DI - GAME DAY DIVISIONS					
Division	Grade	Female/Male	Team Members	Notes	
Small Junior High Game Day	9th grade and below	Female/Male	5 - 16 Members		
Large Junior High Game Day	9th grade and below	Female/Male	17 - 30 Members		
Small Junior Varsity Division I Game Day	7th - 12th grade	Female/Male	5 - 16 Members	1400+ Students	
Large Junior Varsity Division I Game Day	7th - 12th grade	Female/Male	17 - 30 Members	1400+ Students	
Small Varsity Division I Game Day	8th - 12th grade	Female	5 - 15 Members	1400+ Students	
Medium Varsity Division I Game Day	8th - 12th grade	Female	16 - 19 Members	1400+ Students	
Large Varsity Division I Game Day	8th - 12th grade	Female	20 - 23 Members	1400+ Students	
Super Varsity Division I Game Day	8th - 12th grade	Female	24 - 30 Members	1400+ Students	
Small Varsity Coed Division I Game Day	8th - 12th grade	Female/1-4 Males	5 - 20 Members	1400+ Students	
Large Varsity Coed Division I Game Day	8th - 12th grade	Female/5+ Males	21 - 30 Members	1400+ Students	
NHSCC E	I - NON BUILDING G	AME DAY DIVISI	ONS		
Non Building Divisions: No partner stunts, pyramids or tos	ses allowed.				
Varsity Non Building Division I Game Day	8th - 12th grade	Female/Male	5 - 30 Members	1400+ Students	
NHSCC D	I - NON TUMBLING	SAME DAY DIVIS	IONS		
Non Tumbling Divisions will prohibit any and all tumbling v	vith feet over head rotation	i.e. rolls and walkove	ers not allowed.		
Junior High Non Tumbling Game Day	9th grade and below	Female/Male	5 - 30 Members		
Junior Varsity Non Tumbling Division I Game Day	7th - 12th grade	Female/Male	5 - 30 Members	1400+ Students	
Small Varsity Non Tumbling Division I Game Day	8th - 12th grade	Female	5 - 15 Members	1400+ Students	
Medium Varsity Non Tumbling Division I Game Day	8th - 12th grade	Female	16 - 19 Members	1400+ Students	
Large Varsity Non Tumbling Division I Game Day	8th - 12th grade	Female	20 - 23 Members	1400+ Students	
Super Varsity Non Tumbling Division I Game Day	8th - 12th grade	Female	24 - 30 Members	1400+ Students	
Varsity Coed Non Tumbling Division I Game Day	8th - 12th grade	Female/1-4 Males	5 - 30 Members	1400+ Students	
NHSCC DI - C	PEN RECREATION	AL GAME DAY DI	VISIONS		
Recreational Game Day Division	Age of Eligibility	Female/Male	Team Members	Notes	
Open Recreational divisions will follow additional restrictio					
Open Rec - 14Y Affiliated Game Day	2011 and Later	Female/Male	5 - 36 Members	Non Affiliated teams not eligible	
Open Rec - 12-18 Years Affiliated Game Day	6/1/2007-2013	Female/Male	5 - 36 Members	Non Affiliated teams not eligible.  Note: Athletes must be enrolled in a  JH or HS	
NHSCC DI	- SPIRIT PROGRAM	GAME DAY DIVIS	SIONS		
Spirit Program	Grade	Female/Male	Members	Notes	
Junior High Spirit Program Game Day	JH team	Female/Male	5 - 75 Members	Cheer and Dance	
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer and Band	
Junior High Spirit Program Game Day Live	JH team	Female/Male	5 - 75 Members	Cheer, Dance and Band	
Varsity Spirit Program Division I Game Day	8th - 12th grade	Female/Male	5 - 75 Members	Cheer and Dance	
Varsity Spirit Program Division I Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer and Band	
Varsity Spirit Program Division I Game Day Live	8th - 12th grade	Female/Male	5 - 75 Members	Cheer, Dance and Band	
NHSCC DI - SPIR	RIT PROGRAM GAME	DAY DIVISION O	SUIDELINES		

Spirit Program Game Day Divisions will be offered at select regional events.

- \* Junior High and Varsity divisions will be split.
- \* Junior Varsity teams can combine with their Varsity for Spirit Program Game Day/LIVE Divisions.
- \* A minimum of 5 athletes must represent each performance group. (cheer, dance, and band)
- \* Maximum of 75 athletes are allowed to represent the spirit program.
- \* Up to 2 Mascots are allowed and are not included in the total participant number.

NOTE: UCA and UDA will split divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams additional splits may be offered. When/if a division has less than 3 teams, they may be combined into the same age/size division.

Divisions subject to change based on participation