



2025 2-Day Day Camp

CAMP LOCATION & CAMP DATES

Day 1

Day 2

8:45a		Registration	9:00a	L	Team Leader Check-in / Warmup / Material Review / Team UCA & <i>Coaches Meeting #2</i>
9:00a		Opening Staff Demo, Meet Your Team Leader & Squad Credentialing (Roadmap)!	9:45a	A/R	Stretching, Flexibility / Jump Class & FNL Frenzy w/ Game Day Jams!
9:15a	C/E	Motion & Spirit Prop Workshop / Game Day Class: Cheers / Camp Dance & <i>Coaches' Meeting #1</i>	10:45a	A	Stunt Class #2
10:15a	S	Safety Awareness & Stunt Qualification w/ Team Leader	11:45a	B	All-American Tryouts
10:30a	S/A	Spotting Seminar & Stunt Class #1	12:00p		<i>Lunch</i>
11:45a	B	St. Jude	1:00p	L/S	Captain's Leadership Training & Coaches' Stunt Workshop
12:00p		<i>Lunch</i>	1:15p	A	Pyramid Private Coaching
1:00p	L	Senior Social	2:00p	E	Camp Routine Private Coaching
1:15p	A/L	Motion Technique Class & Team UCA	2:45p	E	Camp Routine Evaluations
1:30p	C	Cheer Private Coaching	3:00p	L	Squad Leadership Training & Team Unity
2:15p	C/E	Cheer Evaluations	3:30p	E	Camp Routine Championship
2:30p	A	Pyramid Class #1		C/E	Cheer Championship
3:45p	L	Material Review / Coaches & Captain's Goal Setting	3:45p		Squad Credentialing Presentation
4:00p		Team Leader Meetings & Daily Awards <i>New Coaches' Q/A</i>	4:00p	B	Senior Recognition Ceremony/ Final Awards & Pin it Forward