



2024 - 2025 UCA All Star National Championship Divisions



All Star Cheer Elite Tier CLUB Divisions offered at UCA

Level	Division	Eligibility by Birth Year	Approximate Ages	Gender	Team Size
1	Tiny	2017-2019	6-7 years old	Female/Male	5-30 Members
1	Mini	2015-2018	7-9 years old	Female/Male	5-30 Members
1	Youth	2012-2017	8-12 years old	Female/Male	5-30 Members
1	Junior	2009-2016	9-15 years old	Female/Male	5-30 Members
1	Senior	6/1/05-2012	13-19 years old	Female/Male	5-30 Members
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2	Mini	2015-2018	7-9 years old	Female/Male	5-30 Members
2	Youth	2012-2017	8-12 years old	Female/Male	5-30 Members
2	Junior	2009-2016	9-15 years old	Female/Male	5-30 Members
2	Senior	6/1/05-2012	13-19 years old	Female/Male	5-30 Members
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3	Youth	2012-2017	8-12 years old	Female/Male	5-30 Members
3	Junior	2009-2016	9-15 years old	Female/Male	5-30 Members
3	Senior	6/1/05-2012	13-19 years old	No Males	5-30 Members
3	Senior Coed	6/1/05-2012	13-19 years old	1 or more Males	5-30 Members
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4	Youth	2012-2017	8-12 years old	Female/Male	5-30 Members
4	Junior	2009-2016	9-15 years old	Female/Male	5-30 Members
4	Senior	6/1/05-2012	13-19 years old	No Males	5-30 Members
4	Senior Coed	6/1/05-2012	13-19 years old	1 or more Males	5-30 Members
4	Senior Open	5/31/07 & Before	18+ years old	No Males	5-24 Members
4	Senior Open Coed	5/31/07 & Before	18+ years old	1 or more Males	5-24 Members
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4.2	Senior	6/1/05-2012	13-19 years old	No Males	5-30 Members
4.2	Senior Coed	6/1/05-2012	13-19 years old	1 or more Males	5-30 Members
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5	Youth	2012-2017	8-12 years old	Female/Male	5-38 Members
5	Junior	2009-2016	9-15 years old	Female/Male	5-38 Members
5	Senior	6/1/05-2012	13-19 years old	No Males	5-38 Members
5	Senior Coed	6/1/05-2012	13-19 years old	1 or more Males	5-38 Members
5	Senior Open	5/31/07 & Before	18+ years old	No Males	5-24 Members
5	Senior Open Coed	5/31/07 & Before	18+ years old	1 or more Males	5-24 Members
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6	Junior	2009-2016	9-15 years old	Female/Male	5-38 Members
6	Limited XSmall*	6/1/05-2011	14-19 years old	No Males	5-16 Members
6	Senior XSmall*	6/1/05-2011	14-19 years old	No Males	5-16 Members
6	Limited Small*	6/1/05-2011	14-19 years old	No Males	17-22 Members
6	Senior Small*	6/1/05-2011	14-19 years old	No Males	17-22 Members
6	Senior Medium*	6/1/05-2011	14-19 years old	No Males	23-30 Members
6	Senior Large*	6/1/05-2011	14-19 years old	No Males	31-38 Members
6	Limited XSmall Coed*	6/1/05-2011	14-19 years old	1-2 Males	5-16 Members
6	Senior XSmall Coed*	6/1/05-2011	14-19 years old	1-2 Males	5-16 Members
6	Limited Small Coed*	6/1/05-2011	14-19 years old	1-5 Males	5-22 Members
6	Senior Small Coed*	6/1/05-2011	14-19 years old	1-5 Males	5-22 Members
6	Senior Medium Coed*	6/1/05-2011	14-19 years old	1-8 Males	5-30 Members
6	Senior Large Coed*	6/1/05-2011	14-19 years old	1-19 Males	5-38 Members

*Indicates Worlds Eligible Division



2024 - 2025 UCA All Star National Championship Divisions



All Star Cheer Elite Tier International Divisions Offered at UCA

Level	Division	Eligibility by Birth Year	Approximate Ages	Gender	Team Size
1	U16	2008-2013	12-16 years old	Female/Male	16-30 members
1	U18	2006-2011	14-18 years old	Female/Male	16-30 members
2	U16	2008-2013	12-16 years old	Female/Male	16-30 members
2	U18	2006-2011	14-18 years old	Female/Male	16-30 members
3	U16	2008-2013	12-16 years old	Female/Male	16-30 members
3	U18	2006-2011	14-18 years old	No Males	16-30 members
3	U18 Coed	2006-2011	14-18 years old	Female/Male	16-30 members
4	U16	2008-2013	12-16 years old	No Males	16-30 members
4	U16 Coed	2008-2013	12-16 years old	Female/Male	16-30 members
4	U18	2006-2011	14-18 years old	No Males	16-30 members
4	U18 Coed	2006-2011	14-18 years old	Female/Male	16-30 members
6	U18 NT	2006-2011	14-18 years old	No Males	16-30 members
6	U18 Coed NT	2006-2011	14-18 years old	1-20 Males	16-30 members
6	International Open	5/31/07 & Before	18+ years old	No Males	16-24 members
6	International Open Small Coed	5/31/07 & Before	18+ years old	1-4 Males	16-24 members
6	International Open Large Coed	5/31/07 & Before	18+ years old	5-16 Males	16-24 members
6	International Open NT	5/31/07 & Before	18+ years old	No Males	16-30 members
6	International Open Coed NT	5/31/07 & Before	18+ years old	1-20 Males	16-30 members
7	International Open	5/31/07 & Before	18+ years old	No Males	16-24 members
7	International Open Small Coed	5/31/07 & Before	18+ years old	1-4 Males	16-24 members
7	International Open Large Coed	5/31/07 & Before	18+ years old	5-16 Males	16-24 members
7	International Open NT	5/31/07 & Before	18+ years old	No Males	16-30 members
7	International Open Coed NT	5/31/07 & Before	18+ years old	1-20 Males	16-30 members



2024 - 2025 UCA All Star National Championship Divisions



All Star Cheer PREP Tier Divisions Offered at UCA (Compete Saturday)

Level	Division	Eligibility by Birth Year	Approximate Ages	Gender	Team Size
1.1	Tiny	2017-2019	6-7 years old	Female/Male	5-30 Members
1.1	Mini	2015-2018	7-9 years old	Female/Male	5-30 Members
1.1	Youth	2012-2017	8-12 years old	Female/Male	5-30 Members
1.1	Junior	2009-2016	9-15 years old	Female/Male	5-30 Members
1.1	Senior	6/1/05-2013	12-19 years old	Female/Male	5-30 Members
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2.1	Mini	2015-2018	7-9 years old	Female/Male	5-30 Members
2.1	Youth	2012-2017	8-12 years old	Female/Male	5-30 Members
2.1	Junior	2009-2016	9-15 years old	Female/Male	5-30 Members
2.1	Senior	6/1/05-2013	12-19 years old	Female/Male	5-30 Members
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2.2	Mini	2015-2018	7-9 years old	Female/Male	5-30 Members
2.2	Youth	2012-2017	8-12 years old	Female/Male	5-30 Members
2.2	Junior	2009-2016	9-15 years old	Female/Male	5-30 Members
2.2	Senior	6/1/05-2013	12-19 years old	Female/Male	5-30 Members
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3.1	Youth	2012-2017	8-12 years old	Female/Male	5-30 Members
3.1	Junior	2009-2016	9-15 years old	Female/Male	5-30 Members
3.1	Senior	6/1/05-2013	12-19 years old	Female/Male	5-30 Members
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3.2	Youth	2012-2017	8-12 years old	Female/Male	5-30 Members
3.2	Junior	2009-2016	9-15 years old	Female/Male	5-30 Members
3.2	Senior	6/1/05-2013	12-19 years old	Female/Male	5-30 Members

All Star Cheer NOVICE Tier Divisions Offered at UCA (Compete Saturday)

Level	Division	Eligibility by Birth Year	Approximate Ages	Gender	Team Size
1 w/Restrictions	Tiny	2017-2021	4-7 years old	Female/Male	3 + Members
1 w/Restrictions	Mini	2015-2018	7-9 years old	Female/Male	5 + Members
1 w/Restrictions	Youth	2012-2017	8-12 years old	Female/Male	5 + Members
1 w/Restrictions	Junior	2009-2016	9-15 years old	Female/Male	5 + Members
1 w/Restrictions	Senior	6/1/05-2013	12-19 years old	Female/Male	5 + Members
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2 w/Restrictions	Mini	2015-2018	7-9 years old	Female/Male	5 + Members
2 w/Restrictions	Youth	2012-2017	8-12 years old	Female/Male	5 + Members
2 w/Restrictions	Junior	2009-2016	9-15 years old	Female/Male	5 + Members
2 w/Restrictions	Senior	6/1/05-2013	12-19 years old	Female/Male	5 + Members
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3 w/Restrictions	Youth	2012-2017	8-12 years old	Female/Male	5 + Members
3 w/Restrictions	Junior	2009-2016	9-15 years old	Female/Male	5 + Members
3 w/Restrictions	Senior	6/1/05-2013	12-19 years old	Female/Male	5 + Members

All Star Cheer CheerAbilities

Level	Division	Eligibility by Birth Year	Approximate Ages	Gender	Team Size
1 w/Restrictions	CheerABILITIES Novice	2019 or before	6+ years old	Female/Male	5 + Members
2 w/Restrictions	CheerABILITIES Elite	2019 or before	6+ years old	Female/Male	5 + Members
2 w/Restrictions	CheerABILITIES Exhibition	2019 or before	6+ years old	Female/Male	5 + Members

All Star Cheer CheerAbilities Unified Divisions

Division	Eligibility by Birth Year	Approximate Ages	Gender	Team Size
Unified Youth Exhibition	2012-5/31/19	5-12 years old	Female/Male	5 + Members
Unified Junior Exhibition	6/1/07-2015	10-17 years old	Female/Male	5 + Members
Unified Open Exhibition	5/31/07 & Before	18+ years old	Female/Male	5 + Members



2024 - 2025 UCA All Star National Championship Divisions



IASF Divisions Offered at UCA

IASF Divisions are only offered for Non US Teams

Level	Division	Birth Year	Ages	Gender	Team Size
1	IASF U6	2018 - 2020	5-6 years old	Female/Male	16-30 members
1	IASF U8	2016 - 2020	5-8 years old	Female/Male	16-30 members
2	IASF U8	2016 - 2020	5-8 years old	Female/Male	16-30 members
2	IASF Open NT	2009 or earlier	16+	Female	16-30 members
2	IASF Open NT Coed	2009 or earlier	16+	Female/Male	16-30 members
3	IASF Open	2009 or earlier	16+	Female/Male	16-30 members
3	IASF Open NT	2009 or earlier	16+	Female	16-30 members
3	IASF Open NT Coed	2009 or earlier	16+	Female/Male	16-30 members
4	IASF Open	2009 or earlier	16+	Female	16-30 members
4	IASF Open Coed 4	2009 or earlier	16+	Female/Male	16-30 members
5	IASF Open Coed 4	2009 or earlier	16+	1-4 Males	16-30 members
6	IASF Open	2009 or earlier	16+	Female	16-30 members
6	IASF Open Coed 4	2009 or earlier	16+	1-4 Males	16-30 members
6	IASF Open Coed 8	2009 or earlier	16+	5-8 Males	16-30 members
6	IASF Open NT	2009 or earlier	16+	Female	16-30 members
6	IASF Open NT Coed	2009 or earlier	16+	1-20 Males	16-30 members
7	IASF Open Level 7	2008 or earlier	17+	Female	16-24 members
7	IASF Open Level 7 Coed 4	2008 or earlier	17+	1-4 Males	16-24 members
7	IASF Open Level 7 Coed 16	2008 or earlier	17+	5-16 Males	16-24 members
7	IASF Open Level 7 NT	2008 or earlier	17+	Female	16-24 members
7	IASF Open Level 7 NT Coed	2008 or earlier	17+	1-20 Males	16-24 members

DIVISIONS

UCA will adhere to the USASF guidelines for splitting competition divisions. Divisions will be split into Division I and Division II at the UCA All Star National Championship. Divisions will be evaluated periodically through the season. Please visit www.usasf.net for specific breakdowns and changes.

CROSSOVERS UCA ALL STAR COMPETITIONS & NATIONALS

An all star cheerleader is limited to crossing over to 2 (two) additional cheer teams from their gym during the competition. Crossovers at the UCA All Star National Championship will be allowed between most levels given the following restriction: Level 1 athletes will not be allowed to crossover to Levels 5, 6 or 7. UCA will attempt to ensure teams with crossovers do not have overlapping performances.

An All Star Dancer is limited to performing in up to six (6) performances at the UCA All Star National Championship. Dancers may only represent one program. US dance programs will not be allowed to crossover to cheer divisions. International dance programs will be allowed to crossover to cheer divisions and will still be allowed up to six (6) performances. UCA/UDA will attempt to ensure teams with crossovers do not have overlapping performances.

RULES AND REGULATIONS

All athletes and coaches attending the UCA All Star National Championship must be a rostered, listed on their official event roster and follow all of the rules and regulations of the event.

1-888-CheerUCA uca.varsity.com

**UCA / UDA All Star National Championship - Orlando, FL
March 8-9, 2025**