



2023 - 2024 Divisions College Cheerleading and Dance Team National Championship



COLLEGE DANCE TEAM DIVISIONS

Division IA	NCAA I-FBS	• Female/Male	• 7-20 team members
Division I	NCAA I-FCS & NCAA I	• Female/Male	• 7-20 team members
Open	NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 7-20 team members

2022-2023 season dance team size may not have less than seven (7) members and may not exceed twenty (20) members.

Teams who participate in the competition will have the opportunity to compete in two of the three categories. The minimum number of dancers a team may compete with at regionals is five (5). The minimum at nationals is seven (7). Teams with ten (10) members or less who choose to enter two categories must have all of the original members perform in both routines. Teams with ten (10) or more who choose to enter two categories must have at least 10 of the same members in both routines. Teams who compete in two (2) categories do not have to have the same number in each routine, as long as 10 are the same for both performances. If your team chooses pom as one of your categories, male dancers are not required to use poms. The maximum number of dancers allowed for the UCA/UDA College Cheerleading and Dance Team National Championship will be twenty (20) members. Dance teams are allowed to compete in two traditional categories and one game day division. Teams may not compete in one traditional category and two game day divisions.

All team members must be registered full time students of their college or university and official members of the school's spirit squad. There is no maximum number of participants for a regional competition.

GAME DAY DANCE TEAM DIVISIONS

Division IA Dance Game Day	NCAA I-FBS	• Female/Male	• 7-30 team members
Division I Dance Game Day	NCAA I-FCS & NCAA I	• Female/Male	• 7-30 team members
Open Dance Game Day	NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 7-30 team members

GAME DAY LIVE DIVISIONS (Dance Team & Band)

Division IA Game Day Live	NCAA I-FBS	• Female/Male	• 30 dance team members & 30 band members max
Open Game Day Live	NCAA I, NCAA I-FCS, NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 30 dance team members & 30 band members max

SPIRIT PROGRAM GAME DAY DIVISIONS (Cheer Team & Dance Team)

Division IA Spirit Program Game Day	NCAA I-FBS	• Female/Male	• 30 dance team members & 30 cheer members max
Open Spirit Program Game Day	NCAA I, NCAA I-FCS, NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 30 dance team members & 30 cheer members max

SPIRIT PROGRAM GAME DAY LIVE DIVISIONS (Cheer, Dance & Band)

Division IA Spirit Program Game Day Live	NCAA I-FBS	• Female/Male	• 30 cheer, 30 dance & 30 band member max
Open Spirit Program Game Day Live	NCAA I, NCAA I-FCS, NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 30 cheer, 30 dance & 30 band member max

For cheer and dance teams competing in the Game Day divisions, we will allow teams to have up to a maximum of 30 seconds to enter the floor and set your props. The announcer will call the first cue at or before (if team is set) the 30 seconds. All entry and rules guidelines will still apply, and keep in mind that your entry to the floor will not be judged however; deductions will still be assessed. The overall time limit is 3:00.

Pep Bands or Drumlines may be used in cheer and dance Game Day Live divisions and must be registered as participants for the event. Go to uca.varsity.com for additional Pep Bands or drumlines guidelines.

Teams may add up to 1 (one) mascot in their routine. The mascot must enter the floor with the team and remain on the floor for the entire routine or an out of bounds penalty will be assessed. Mascots should be used to raise crowd energy and participation. The mascot should not be involved in any stunts or skills with hip over head rotation and should position themselves away from skills being performed. The mascot will **not** count toward the number of participants allowed but may impact the overall impression score. See rules for additional guidelines.

Dance teams are allowed to compete in two traditional categories and one Game Day or Game Day Live division. Teams may not compete in one traditional category and two Game Day Divisions.

**For a complete copy of all Championship Rules and Regulations
go to uda.varsity.com**