



# 3-Day College Home Camp – Sample Schedule



## DAY ONE

- 11:45 am - Registration
- 12:00 pm
- 1:00 pm Welcome/Ice Breaker
- 1:15 pm Spotting Seminar
- 1:30 pm Partner Stunt Class
- 3:00 pm Game Planning Class:  
*Sidelines*
- 3:45 pm Break
- 4:00 pm Sideline Private Coaching
- 4:30 pm Sideline Evaluation
- 4:45 pm Basket Toss Technique Class
- 5:00 pm Pyramid Class
- 5:45 pm R.e.A.L Talk & Daily Awards

## DAY TWO

- 9:00 am Team Building
- 9:15 am Safety Awareness Seminar
- 9:30 am Game Planning Class
- 10:15 am Partner Stunt Class
- 11:45 am *Lunch*
- 12:45 pm Fight Song Private Coaching
- 1:30 pm Fight Song Evaluation
- 1:45 pm Basket Toss Class
- 2:30 pm Pyramid Class
- 3:30 pm Band Dance
- 4:00 pm Daily Awards

## DAY THREE

- 9:00 am Team Building
- 9:15 am Game Planning Class
- 10:00 am Partner Stunt Class
- 11:30 am Basket Toss Class
- 12:00 pm *Lunch*
- 1:00 pm Pyramid Class
- 2:00 pm Game Day Timeout Private  
Coaching
- 2:45 pm Game Day Timeout  
Evaluation
- 3:00 pm Surface Friendly Pyramids
- 3:45 pm Camp Showcase
- 4:00 pm Final Awards