



# 3-Day Christian Overnight Camp Schedule



## DAY ONE

- 9:00 am - 12:00 pm *Registration*
- 1:00 pm OpeningPraye Staff Demo & Meet your Team Leader!
- 1:30 pm **C** Spirit Prop Workshop / Game Day Class: Sidelines & Coaches' Meeting #1
- 2:00 pm **E** Camp Dance
- 2:30 pm **S** Safety Awareness w/ Team Leader
- 2:45 pm **A** Stunt Class #1
- 4:00 pm **C** Group A – Situational Sideline Private Coaching  
**L** Group B – Team UCA & Material Review
- 4:30 pm *Dinner*
- 6:15 pm **L** Group A – Team UCA & Material Review  
**C** Group B – Situational Sideline Private Coaching
- 6:45 pm **A** Pyramid Class w/ Team Leader
- 7:30 pm **C** Game Day Class: Band Chant
- 8:00 pm **S/A** Stunt Trouble Shooting Class – **NEW!**
- 8:30 pm Team Leader Meetings & Daily Awards / Devotional & Worship  
*New Coaches' Q/A*

## DAY TWO

- Breakfast*
- 8:30 am **A** Team Leader Check-In /Warmup / Stretching, Flexibility & Jump Class / Material Review & Coaches' Meeting #2
- 9:00 am **L** Coaches' & Captain's Goal Setting
- 9:15 am **A** Stunt Class #2
- 10:00 am **C** Group A – Cheer Private Coaching  
**L/B** Group B – Squad Leadership Training, St. Jude & Team UCA
- 10:45 am **L/B** Group A – Squad Leadership Training, St. Jude & Team UCA  
**C** Group B – Cheer Private Coaching
- 11:30 am *Lunch*
- 1:15 pm **L/S** Captains' Leadership Training / Coaches' Stunt Workshop
- 1:30 pm **E** Sideline & Cheer Evaluations
- 2:00 pm **A** Pyramid Class
- 2:45 pm **E** Group A – Camp Routine Private Coaching  
**R** Group B – FNL Frenzy & Sideline Stunts
- 3:30 pm **R** Group A – FNL Frenzy & Sideline Stunts  
**E** Group B – Camp Routine Private Coaching
- 4:15 pm **A** Jump Off
- 4:30 pm *Dinner*
- 6:00 pm **E** Camp Routine Evaluations
- 6:30 pm **A/E** All-American Tryouts
- 7:00 pm Group A – Team Time w/ Team Leader  
**L/A** Group B – Team Unity & Motion Technique Class – **NEW!**
- 7:30 pm **L/A** Group A – Team Unity & Motion Technique Class – **NEW!**  
Group B – Team Time w/ Team Leader
- 8:00 pm **R** *Spirit Night!*
- 8:30 pm **B** Team Leader Meetings / Squad Credentialing / Daily Awards & Pin it Forward / Devotional & Worship

## DAY THREE

- Breakfast*
- 8:30 am Optional: Open Practice
- 9:00 am Team Time w/ Team Leader
- 9:30 am Camp Routine Championship
- 10:15 am Sideline & Cheer Championship – **NEW!**
- 11:00 am Squad Credentialing Presentation
- 11:15 am Senior Recognition Ceremony – **NEW!**
- 11:30 am Final Awards & Pin it Forward
- 11:40 am Final Christian Leadership & Closing Prayer

