2023-2024 Season: All members of the cheerleading squad must be current members of the official school spirit squad.

- Junior Varsity Divisions WILL be allowed 7th grade participants if they attend a school that is under the administrative supervision of the same school board as the high school that they are representing. Teams will only be allowed to compete in the Junior Varsity Division if they are the official Junior Varsity team. If there is only one team from that school, that team will be required to compete in the Varsity divisions. If you have team members that cheer varsity sports, you must compete as a varsity team.
- Junior High Divisions WILL be allowed 9th grade participants if (1) they attend a school that is under the administrative supervision of the same school board as the junior high school that they are representing AND (2) a minority of the team are 9th graders.
- Junior High teams with a majority of 9th grade participants must compete as a Junior Varsity team.
- Recreational Game Day teams must follow the same division restrictions in the Rules and Regulations for all ages and grades.

2023-2024 Season Varsity Guidelines: All members of the cheerleading squad must be current members of the official school spirit squad.

- 7th grade and below participants will NOT be allowed on a Varsity team; however, 8 th grade participants will be allowed to participate on a Varsity team if the school they attend is under the direct administrative supervision of the same school board as the Varsity team they are representing. If there is only one team from a school or if the JV and Varsity teams combine to compete, that team will be required to compete in the Varsity division.
NEW 2023-2024
- Teams must compete in the same Performance Routine and Game Day Routine i.e. Non Tumbling or Non Building must be the same for both. Example: Teams will not be allowed to compete in a Varsity Tumbling Category and a Non Tumbling Game Day Category or vice versa.


## GAME DAY DIVISIONS

| Division | Grade | Female/Male | Team Members | Notes |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Recreational Affiliated Game Day | 14 years and <br> younger | Female/Male | $5-36$ Members | Non Affilitaed teams not |
| eligible |  |  |  |  |

[^0]| Division | Grade | Female/Male | Cheer Members | Band Members |
| :---: | :---: | :---: | :---: | :---: |
| Junior Game Day Live | JH or JV team | Female/Male | $5-30$ Members | 40 Members |
| Varsity Game Day Live | 8th -12 th grade | Female/Male | $5-30$ Members | 40 Members |

- Game Day Live teams must meet the Junior High, Junior Varsity or Varsity grade restrictions for additional divisions to be split if applicable. Additional Game Day Live divisions may be offered based on participation.


## GAME DAY LIVE QUALIFYING

- To earn a bid, the pep band and cheer team must create and submit a video up to a 2-minute performance of the school's traditional fight song together. Videos will be accepted prior to November 1, 2023.
- Videos may be composed of original footage at practice, or a game day setting and should be filmed to see the band and cheer team performing together.
- Submissions will receive an invitation to compete in the Game Day Live division starting one week after the submission is received.
- Game Day Live bids will also be offered at select UCA Regional Competitions in 2023.
- Teams qualifying to compete in the Game Day LIVE division will ONLY be allowed to compete in Game Day Live and Traditional Routine. They will not also be allowed to compete in another Game Day division.
- Please refer to the Rules and Regulations for time limitations, format, scoring and specific division guidelines

Universal Cheerleaders Association will SPLIT divisions in the best interest of providing a competitive environment. When/If a division has 11 or more teams, additional splits may be offered. When/if a division has less than 3 teams, they may be combined into the same age/size division.

Examples

- Small Varsity Game Day has 23 teams registered. This division maybe split into DI/DII status based on the school enrollment.
- Small Junior High Game Day has 14 teams registered. This division cannot be split since there is not an additional split offered.
- Small Junior High Game Day has 2 teams registered and Large Junior High Game Day has 2 teams registered, those may be combined to compete as Junior High Game Day.
- Non Tumbling or Non Building Divisions would not combine with a traditional building / routine division. i.e. Small Varsity Non Tumbling may combine with Medium Varsity Non Tumbling.

See full competition rules and scoring information at uca.varsity.com


[^0]:    * Non Tumbling Divisions will prohibit any and all tumbling with feet over head rotation i.e. rolls and walkovers not allowed. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division. Exception: a back handspring entry into stunts / pyramids will not be allowed.

