

To view this email as a web page, go [here](#).



C O L L E G E  
**CHEERLEADING  
& DANCE TEAM**  
NATIONAL CHAMPIONSHIP

Hello Coaches!

We hope you had a wonderful Thanksgiving week and were able to take some well-deserved time with your family and friends! As you continue to prepare your routines for nationals, we wanted to share out a couple of scoring reminders and score sheet breakdowns to help with your understanding of the scoring process.

- CHEER: [CLICK HERE](#) to view the 2024 scoring updates.
- DANCE: [CLICK HERE](#) to view the 2024 scoring updates.

**Spirit Tape Reminder:** Cheer and dance teams competing in the 2024 UCA/UDA College Cheerleading and Dance Team National Championship will be required to submit a Spirit Video which will count 5% of the team's score in the Championships.

- The time limit is a minimum of 30 seconds with a maximum of 45 seconds with a minimum of five (5) different examples.

- This portion of your entry will be due by 5:00pm on December 12, 2023.

[CLICK HERE](#) to upload your Spirit Tape.

**Performance Screen Logo:** For cheer teams, dance teams and mascots competing in the AdventHealth Arena. North or South Quad, please upload your official School/University logo (not a cheer or dance logo) in an [EPS format](#) to the link below no later than **Wednesday, December 6th at 5:00 pm Central time**. If your cheer and dance team are both competing, only one of you needs to submit and we will use it for both teams.

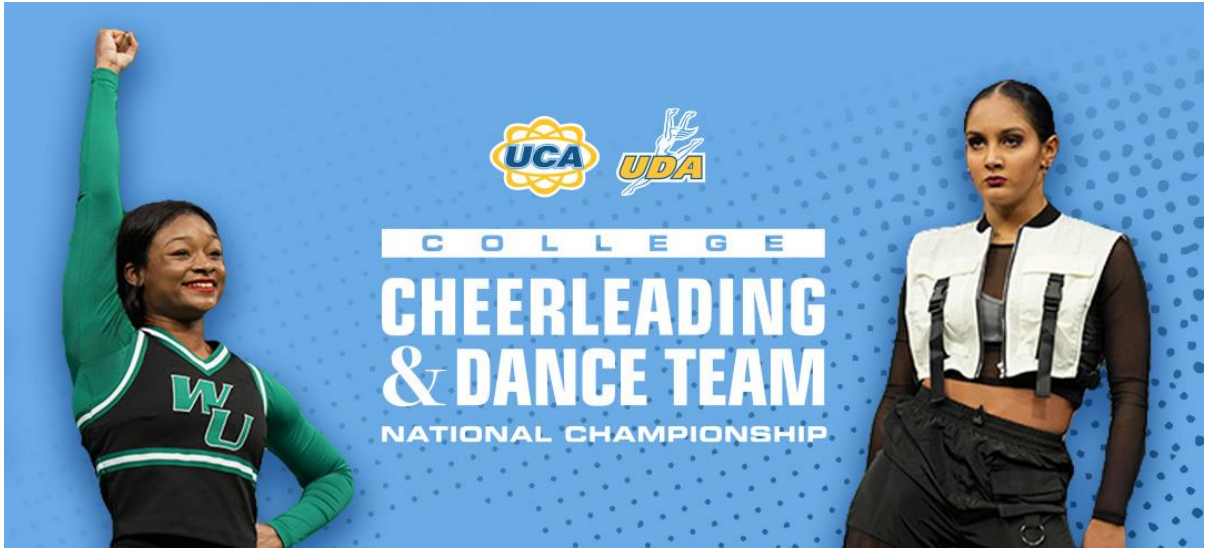
- [CLICK HERE](#) to view of what the screen color and design will be with the school logo on it.
- You can also, if you would like to, select your school color that you want the bottom stripe to be. You can submit a one color or full color logo.

[CLICK HERE](#) to upload your school's logo.

#### **Coming Up Next for College Nationals:**

- Week of December 15: First Order of Competition, Open Practice Sign-Up, Coaches Meeting and Event Orientation.
- Week of December 22: Hotel Information and Registration Sign-Up

**- Varsity Spirit Event Team**



[varsity.com/uca](https://varsity.com/uca) | [varsity.com/uda](https://varsity.com/uda)