



2022-2023 GAME DAY NHSCC DIVISIONS

Revised 7/14/2022

2022 - 2023 Season: All members of the cheerleading squad must be current members of the official school spirit squad.

- Junior Varsity Divisions WILL be allowed 7th grade participants if they attend a school that is under the administrative supervision of the same school board as the high school that they are representing. Teams will only be allowed to compete in the Junior Varsity Division if they are the official Junior Varsity team. If there is only one team from that school, that team will be required to compete in the Varsity divisions. If you have team members that cheer varsity sports, you must compete as a varsity team.
- Junior High Divisions WILL be allowed 9th grade participants if (1) they attend a school that is under the administrative supervision of the same school board as the junior high school that they are representing AND (2) a minority of the team are 9th graders.
- Junior High teams with a majority of 9th grade participants must compete as a Junior Varsity team.
- Recreational Game Day teams must follow the same division restrictions in the Rules and Regulations for all ages and grades.

2022 - 2023 Season Varsity Guidelines: All members of the cheerleading squad must be current members of the official school spirit squad.

- 7th grade and below participants will NOT be allowed on a Varsity team; however, 8th grade participants will be allowed to participate on a Varsity team if the school they attend is under the direct administrative supervision of the same school board as the Varsity team they are representing. If there is only one team from a school or if the JV and Varsity teams combine to compete, that team will be required to compete in the Varsity division.

GAME DAY DIVISIONS

Division	Grade	Female/Male	Team Members	Notes
Recreational Affiliated Game Day	14 years and younger	Female/Male	5 - 36 Members	Non Affiliated Division teams not eligible
Small Junior High Game Day	9th grade and below	Female/Male	5 - 16 Members	
Large Junior High Game Day	9th grade and below	Female/Male	17 - 30 Members	
Small Junior Varsity Game Day	7th - 12th grade	Female/Male	5 - 16 Members	Official JV team or a JH team with a majority of 9th grade team members.
Large Junior Varsity Game Day	7th - 12th grade	Female/Male	17 - 30 Members	Official JV team or a JH team with a majority of 9th grade team members.
Small Varsity Division I Game Day	8th - 12th grade	Female	5 - 15 Members	1300+ Students
Small Varsity Division II Game Day	8th - 12th grade	Female	5 - 15 Members	1 - 1299 Students
Medium Varsity Division I Game Day	8th - 12th grade	Female	16 - 19 Members	1300+ Students
Medium Varsity Division II Game Day	8th - 12th grade	Female	16 - 19 Members	1 - 1299 Students
Large Varsity Division I Game Day	8th - 12th grade	Female	20 - 23 Members	1300+ Students
Large Varsity Division II Game Day	8th - 12th grade	Female	20 - 23 Members	1 - 1299 Students
Super Varsity Division I Game Day	8th - 12th grade	Female	24 - 30 Members	1300+ Students
Super Varsity Division II Game Day	8th - 12th grade	Female	24 - 30 Members	1 - 1299 Students
Small Varsity Coed Game Day	8th - 12th grade	Female/1-4 Males	5 - 20 Members	Only 1 to 4 Males allowed
Medium Varsity Coed Game Day	8th - 12th grade	Female/4-7 Males	21 - 25 Members	Only 4 to 7 Males allowed
Large Varsity Coed Game Day	8th - 12th grade	Female/8+ Males	21 - 30 Members	8 or more Males allowed

NON BUILDING GAME DAY DIVISIONS

Division	Grade	Female/Male	Team Members	Notes
Varsity Non Building Game Day	8th - 12th grade	Female/Male	5 - 30 Members	Non Building Divisions: No partner stunts, pyramids or tosses allowed

NON TUMBLING GAME DAY DIVISIONS

Division	Grade	Female/Male	Team Members	Notes
Junior High Non Tumbling Game Day	9th grade and below	Female/Male	5 - 30 Members	
Junior Varsity Non Tumbling Game Day	7th - 12th grade	Female/Male	5 - 30 Members	
Small Varsity Division I Non Tumbling Game Day	8th - 12th grade	Female/1-2 Males	5 - 15 Members	1300+ Students
Small Varsity Division II Non Tumbling Game Day	8th - 12th grade	Female/1-2 Males	5 - 15 Members	1 - 1299 Students
Medium Varsity Division I Non Tumbling Game Day	8th - 12th grade	Female/1-2 Males	16 - 19 Members	1300+ Students
Medium Varsity Division II Non Tumbling Game Day	8th - 12th grade	Female/1-2 Males	16 - 19 Members	1 - 1299 Students
Large Varsity Division I Non Tumbling Game Day	8th - 12th grade	Female/1-4 Males	20 - 23 Members	1300+ Students
Large Varsity Division II Non Tumbling Game Day	8th - 12th grade	Female/1-4 Males	20 - 23 Members	1 - 1299 Students
Super Varsity Division I Non Tumbling Game Day	8th - 12th grade	Female/1-4 Males	24 - 30 Members	1300+ Students
Super Varsity Division II Non Tumbling Game Day	8th - 12th grade	Female/1-4 Males	24 - 30 Members	1 - 1299 Students

* Non Tumbling Divisions will prohibit any and all tumbling with feet over head rotation i.e. rolls and walkovers not allowed. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division. Exception: a back handspring entry into stunts / pyramids will not be allowed.

GAME DAY LIVE DIVISION

Division	Grade	Female/Male	Cheer Members	Band Members
Junior Game Day Live	JH or JV team	Female/Male	5 - 30 Members	40 Members
Varsity Game Day Live	8th - 12th grade	Female/Male	5 - 30 Members	40 Members

- Game Day Live teams must meet the Junior High, Junior Varsity or Varsity grade restrictions for additional divisions to be split if applicable. Additional Game Day Live divisions may be offered based on participation.

GAME DAY LIVE QUALIFYING

VIDEO SUBMISSION QUALIFICATIONS: To earn a bid, the pep band and cheer team must create and submit a video up to a 2-minute performance of the school's traditional fight song together. Note: Additional bids will be awarded at select competitions where available.

- Videos will be accepted prior to November 1, 2022.
- Submissions will receive an invitation to compete in the Game Day Live division starting one week after the submission is received.
- Game Day Live bids will also be offered at select UCA Regional Competitions in 2021 if facility allows.
- Videos may be composed of original footage at practice, or a game day setting and should be filmed to see the band and cheer team performing together. See filming guidelines for details.

Cheerleaders:

- 75% of the qualifying cheer team must still attend a UCA Regional Competition and compete in the Game Day division, even if they already received a guaranteed bid for the Game Day Live division from the video submission process.
- Game Day Live bids will also be offered at select UCA Regional Competitions in 2022.
- Videos must be submitted prior to the cheer team attending a UCA Regional Competition.
- Teams qualifying to compete in the Game Day Live division will ONLY be allowed to compete in Game Day Live and Traditional Routine. They will not also be allowed to compete in the current Game Day division.
- Please refer to the Rules and Regulations for time limitations, format, scoring and specific division guidelines

Pep Band:

- ONLY Handheld or harnessed instruments allowed in the pep band.
- If a pep band and cheer team choose to attend a competition; the pep band must register for the event and complete a release waiver for each participant.
- The pep band must be current members of the official pep band for the school they are representing.
- The pep band must be in a school-related, coordinated outfit (i.e., traditional team uniform, coordinated outfit representing your school colors, letters, mascot, etc.).
- The pep band does NOT need to attend a Varsity Spirit Camp or UCA Regional Competition in order to submit a video in conjunction with the cheer team.
- Please refer to the Rules and Regulations for time limitations, format, scoring and specific division guidelines.

GAME DAY DIVISION GUIDELINES

- The Game Day Championship showcases what traditional cheerleading is all about – leading the crowd! Teams will be evaluated on their ability to lead the crowd, proper game day skill incorporations / performance, motion/dance and overall routine.
- The performance will follow this order: Band Chant, Situational Sideline, Cheer and Fight Song.
- See Rules and Regulations for skill restrictions in the Game Day Divisions.
- 75% of the qualifying team must attend a Varsity Spirit camp and participate in the Squad Credentialing program in order to be eligible to compete and receive a bid at a 2022 Fall qualifying tournament for the 2023 NHSCC.
- UCA reserves the right to split or combine divisions based on the final number of teams competing.
- Teams competing at the NHSCC in the Game Day Divisions will be required to declare the division (team size) with their event registration by December 15th. No changes will be allowed after that date.

Universal Cheerleaders Association will combine divisions in the best interest of providing a competitive environment. When/if a division has less than 3 teams, they may be combined into the same size division. Division combinations will be finalized no later than 2 weeks prior to the NHSCC.

Examples

- Super Varsity Division I Non Tumbling Game Day has 2 teams registered and Super Varsity Division II Non Tumbling Game Day has 2 teams registered, those may be combined to compete as Super Varsity Non Tumbling Game Day.
- Large Varsity Division I Game Day has 2 teams registered and Large Varsity Division II Game Day has 8 teams registered, those may be combined to compete as Large Varsity.
- Medium Varsity Division I Game Day has 2 teams registered and Medium Varsity Division II Game Day has 15 teams registered, those will not be combined.

See full competition rules and scoring information at uca.varsity.com

