



2020 Now & Later Camp Schedule

Two Virtual, Two In-Person

DAY 1	DAY 2	DAY 3	DAY 4
<p>VIRTUAL</p> <p>8:45 am Coaches Check-In</p> <p>9:00 am Staff Introductions & Ice Breaker</p> <p>9:15 am Warm Up</p> <p>9:20 am Spirit Prop Workshop & Game Day Class: Cheers & Sidelines</p> <p>10:15 am Squad Leadership Training & Squad Credentialing</p> <p>10:45 am Safety Awareness & Stunt Class – Drills for Skills</p> <p>11:15 am Rally Routine</p> <p>11:55 am Material Review</p> <p>12:00 pm Daily Awards</p>	<p>VIRTUAL</p> <p>8:45 am Captains' Leadership Training & Captains and Coaches' Goal Setting</p> <p>9:00 am Ice Breaker, Warm Up & Material Review</p> <p>9:15 am Game Day Class: Band Chant</p> <p>9:45 am Stunt Class – Drills for Skills</p> <p>10:15 am Dance Class (<i>Options Below</i>)</p> <p>11:00 am Squad Credentialing & Team Unity</p> <p>11:30 am All-American Review & Tryouts</p> <p>11:55 am Material Review</p> <p>12:00 pm Daily Awards</p> <p>Dance Class Options:</p> <ul style="list-style-type: none"> *Fight Song *Timeout Dance *Fan Chants 	<p>IN-PERSON</p> <p>12:00 pm Ice Breaker & Material Review</p> <p>12:30 pm Safety Awareness & Stunt Class</p> <p>1:45 pm Situational Sideline Private Coaching</p> <p>2:15 pm Pyramid Class</p> <p>3:00 pm <i>Snack Break</i></p> <p>3:15 pm Cheer Private Coaching & Evaluation</p> <p>4:00 pm Stunt Class</p> <p>5:00 pm Team UCA</p> <p>5:15 pm Pyramid Class</p> <p>5:45 pm Jump Class</p> <p>6:00 pm Daily Awards & Pin It Forward</p>	<p>IN-PERSON</p> <p>9:00 am Ice Breaker & Material Review</p> <p>9:15 am Stunt Class</p> <p>10:15 am Game Day Private Coaching</p> <p>11:00 am Team UCA</p> <p>11:15 am FNL Frenzy & Sideline Stunts</p> <p>12:00 pm <i>Lunch</i></p> <p>1:00 pm Personalized Pyramid Class</p> <p>1:45 pm Rally Routine Private Coaching</p> <p>2:45 pm Rally Routine Evaluation</p> <p>3:00 pm Break & St. Jude Letters</p> <p>3:15 pm Material Review</p> <p>3:30 pm Jump Off & Camp Showcase</p> <p>3:45 pm Squad Credentialing Presentation, Pin It Forward & Final Awards</p>

