



# BUILD YOUR OWN VIRTUAL NOW & LATER CAMP SCHEDULE

UCA TAILORS OUR INSTRUCTION TO YOUR TEAM'S NEEDS,  
BRINGING SPIRIT TO YOU - WHEREVER YOU ARE.



## VIRTUAL:

- Game Day Class
- Spirit Prop Workshop
- Motion Technique Class
- Skills for Drills
- Stretching, Flexibility & Jump Class
- Dance Class: Rally Routine, Band Chants, Fan Chants, Timeout Dance, Fight Song
- All-American Tryouts
- Pep Rally Planning
- Squad Leadership Training
- Captains' Leadership Training
- Coaches & Captains Goal Setting
- Team Unity
- School Facts, Football & Basketball Quizzes

## IN-PERSON:

**(CAN ALSO SELECT FROM ANY VIRTUAL OPTIONS)**

- Stunt Class
- Pyramid Class
- Sideline Private Coaching
- Cheer Private Coaching
- Game Day Private Coaching
- Rally Routine Private Coaching
- Fight Song Critique
- FNL Frenzy
- Sideline Stunts
- Additional Material
- Jump Off
- Pin It Forward

## INCLUDED AT ALL CAMPS:

- ✓ Safety Awareness Test
- ✓ Spirit Power Theme
- ✓ Team Up for St. Jude Letter Writing
- ✓ Squad Credentialing  
*(For camps that are two days or more)*