



2020-2021 GAME DAY NHSCC DIVISIONS

Revised 1/24/2021

2020 - 2021 Season: All members of the cheerleading squad must be current members of the official school spirit squad.

- Junior Varsity Divisions WILL be allowed 7th grade participants if they attend a school that is under the administrative supervision of the same school board as the high school that they are representing. Teams will only be allowed to compete in the Junior Varsity Division if they are the official Junior Varsity team. If there is only one team from that school, that team will be required to compete in the Varsity divisions. If you have team members that cheer varsity sports, you must compete as a varsity team.
- Junior High Divisions WILL be allowed 9th grade participants if (1) they attend a school that is under the administrative supervision of the same school board as the junior high school that they are representing AND (2) a minority of the team are 9th graders.
- Junior High teams with a majority of 9th grade participants must compete as a Junior Varsity team.
- Recreational Game Day teams must follow the same division restrictions in the Rules and Regulations for all ages and grades.

2020 - 2021 Season Varsity Guidelines: All members of the cheerleading squad must be current members of the official school spirit squad.

- 7th grade and below participants will NOT be allowed on a Varsity team; however, 8th grade participants will be allowed to participate on a Varsity team if the school they attend is under the direct administrative supervision of the same school board as the Varsity team they are representing. If there is only one team from a school or if the JV and Varsity teams combine to compete, that team will be required to compete in the Varsity division.

GAME DAY DIVISIONS

Division	Grade	Female/Male	Squad Members	Notes
Recreational Affiliated Game Day	14 years and younger	Female/Male	5 - 36 Members	Non Affiliated Division teams not eligible
Small Junior High Game Day	9th grade and below	Female/Male	5 - 16 Members	
Large Junior High Game Day	9th grade and below	Female/Male	17 - 30 Members	
Small Junior Varsity Game Day	7th - 12th grade	Female/Male	5 - 16 Members	Official JV team or a JH team with a majority of 9th grade team members.
Large Junior Varsity Game Day	7th - 12th grade	Female/Male	17 - 30 Members	Official JV team or a JH team with a majority of 9th grade team members.
Small Varsity Division I Game Day	8th - 12th grade	Female	5 - 15 Members	1300+ Students
Small Varsity Division II Game Day	8th - 12th grade	Female	5 - 15 Members	1 - 1299 Students
Medium Varsity Division I Game Day	8th - 12th grade	Female	16 - 19 Members	1300+ Students
Medium Varsity Division II Game Day	8th - 12th grade	Female	16 - 19 Members	1 - 1299 Students
Large Varsity Division I Game Day	8th - 12th grade	Female	20 - 23 Members	1600+ Students
Large Varsity Division II Game Day	8th - 12th grade	Female	20 - 23 Members	1 - 1599 Students
Super Varsity Division I Game Day	8th - 12th grade	Female	24 - 30 Members	1600+ Students
Super Varsity Division II Game Day	8th - 12th grade	Female	24 - 30 Members	1 - 1599 Students
Small Varsity Coed Game Day	8th - 12th grade	Female/1-4 Males	5 - 20 Members	Only 1 to 4 Males allowed
Medium Varsity Coed Game Day	8th - 12th grade	Female/4-7 Males	21 - 25 Members	Only 4 to 7 Males allowed
Large Varsity Coed Game Day	8th - 12th grade	Female/8+ Males	21 - 30 Members	8 or more Males allowed
Varsity Non Building Game Day	8th - 12th grade	Female/Male	5 - 30 Members	Non Building Divisions: No partner stunts, pyramids or tosses allowed
Junior High Non Tumbling* Game Day	9th grade and below	Female/Male	5 - 30 Members	
Junior Varsity Non Tumbling* Game Day	7th - 12th grade	Female/Male	5 - 30 Members	
Small Varsity Non Tumbling* Game Day	8th - 12th grade	Female/Male	5 - 15 Members	Up to 2 Males allowed
Medium Varsity Non Tumbling* Game Day	8th - 12th grade	Female/Male	16 - 19 Members	Up to 2 Males allowed
Large Varsity Non Tumbling* Game Day	8th - 12th grade	Female/Male	20 - 23 Members	Up to 2 Males allowed
Super Varsity Non Tumbling* Game Day	8th - 12th grade	Female/Male	24 - 30 Members	Up to 2 Males allowed

* Non Tumbling Divisions will prohibit any and all tumbling with feet over head rotation i.e. rolls and walkovers not allowed. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division. Exception: a back handspring entry into stunts / pyramids will not be allowed.

GAME DAY LIVE DIVISION

Division	Grade	Female/Male	Cheer Members	Notes
Junior Game Day Live	JH or JV team	Female/Male	5 - 30 Members	JH or JV team
Varsity Game Day Live	8th - 12th grade	Female/Male	5 - 30 Members	Additional divisions may be offered based on participation

- Game Day Live teams must meet the Junior High, Junior Varsity or Varsity grade restrictions for additional divisions to be split if applicable.

GAME DAY LIVE QUALIFYING

VIDEO SUBMISSION QUALIFICATIONS: To earn a bid, the pep band and cheer team must create and submit a video up to a 2-minute performance of the school's traditional fight song together. **Note: Additional bids will be awarded at select competitions where available.**

- Videos will be accepted from August 1, 2020 until November 1, 2020.
- Submissions will receive an invitation to compete in the Game Day Live division starting one week after the submission is received.
- Game Day Live bids will also be offered at select UCA Regional Competitions in 2020. See Competition dates for availability.
- Videos may be composed of original footage at practice or a game day setting and should be filmed to see the band and cheer team performing together.

Cheerleaders:

- 75% of the qualifying cheer team must still attend a UCA Regional Competition and compete in the Game Day division, even if they already received a guaranteed bid for the Game Day Live division from the video submission process.
- Game Day Live bids will also be offered at select UCA Regional Competitions in 2020. See Competition dates for availability.
- Videos must be submitted prior to the cheer team attending a UCA Regional Competition.
- Teams qualifying to compete in the Game Day Live division will ONLY be allowed to compete in Game Day Live and Traditional Routine. They will not also be allowed to compete in the current Game Day division.

Pep Band:

- If a pep band and cheer team choose to attend a competition; the pep band must register for the event and complete a release waiver for each participant.
- The pep band will perform with the cheer team in this order: Band Chant, Situational Sideline, Cheer and Fight Song. The pep band may play a drum cadence for team entry to the floor, transitions between sections, drum cadence or back beat behind the Sideline and Cheer sections.
- The pep band must be current members of the official pep band for the school they are representing.
- The pep band must submit a deposit of \$50 per pep band member upon receiving a bid to secure their spot in the Championship. Spots will be held on a first-come, first-serve basis.
- The pep band must be in a school-related, coordinated outfit (i.e., traditional team uniform, coordinated outfit representing your school colors, letters, mascot, etc.).
- The pep band does NOT need to attend a Varsity Spirit Camp or UCA Regional Competition in order to submit a video in conjunction with the cheer team.

GAME DAY DIVISION GUIDELINES

- The Game Day Championship showcases what traditional cheerleading is all about – leading the crowd! Teams will be evaluated on their ability to lead the crowd, proper game day skill incorporations / performance, motion/dance and overall routine.
- The performance will follow this order: Band Chant, Situational Sideline, Cheer and Fight Song.
- See Rules and Regulations for skill restrictions in the Game Day Divisions.
- 75% of the qualifying team must attend a Varsity Spirit camp and participate in the Squad Credentialing program in order to be eligible to compete and receive a bid at a 2020 Fall qualifying tournament for the 2021 NHSCC.
- UCA reserves the right to split or combine divisions based on the final number of teams competing.
- Teams competing at the NHSCC in the Game Day Divisions will be required to declare the division (team size) with their event registration by December 15th. No changes will be allowed after that date.
- For 2020-2021 one coach per cheer team will be required to complete the certification course and must accompany the team at the NHSCC. Proof of certification is required upon registering for the National Championship. The course is accessible online or in person, and certification is valid for four years. The online course takes between 3 and 6 hours. Coaches can take the USA Cheer/AACCA safety course on USACheer.org/safety or on the [NFHS site](https://NFHS.org).

NEW: A team's cohort is the group that will travel through warm up and down to the competition area and must be listed on the roster of performers/athletes. Included in this cohort is the team's athletes, coaches, alternates, band members, mascots, etc. The team's cohort may not exceed 50 people. Family and friends are not included in the cohort size and are counted as spectators.

See full competition rules and scoring information at uca.varsity.com

