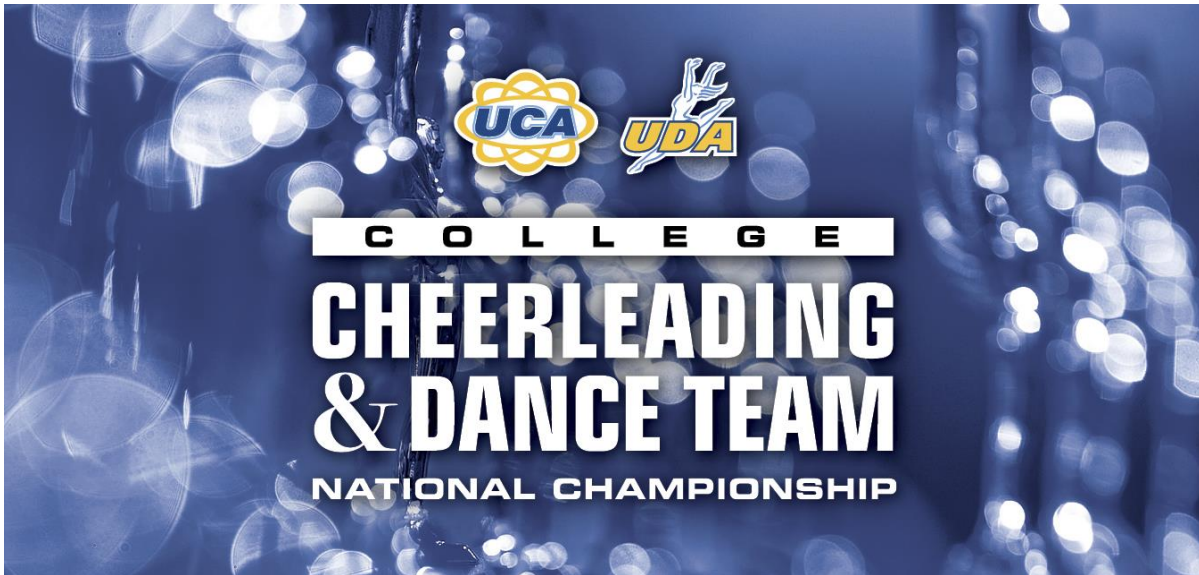


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Hello Coaches & Advisors!

We are so excited to see you all in Orlando for the 2020 UCA & UDA College Cheerleading and Dance Team National Championship.

Here are some things to keep in mind for the Game Day Competition.

Game Day Order

The order for Game Day will be random and based off the announcer's audio cues. Coaches will be given the order when you check in to the music table.

Cheer Components:

1. Fight Song
2. Situational Sideline (offense/defense)
3. Game Day Timeout

Dance Components:

1. Fight Song
 2. Game Situation (offense/defense)
-

1. Real life scenario sideline where team will react to cue (these should be specific to offense or defense based on the cue)
2. Performance of a Timeout to band music
3. Performance Routine

Game Day Cues

****Teams will receive a Football cue unless a Basketball cue is requested****

Fight Song:

Let's hear it for the band

That's a win for _____

Offense Sideline (Football):

The home team takes control of the ball on their own 25 yard line.

_____ just got a first down

Offense Sideline (Basketball):

Alright fans, with 20 seconds left SCHOOL NAME OR MASCOT NAME gets the ball back!

And starting the 2nd half the SCHOOL NAME OR MASCOT NAME get the ball.

Defense Sideline (Football):

Our defense needs to make a stop here to seal the win.

It's 3rd down for the D, get on your feet and make some noise.

Defense Sideline (Basketball):

Let's hear it SCHOOL NAME OR MASCOT NAME fans. We need to get that ball back!

We need a stop here SCHOOL NAME OR MASCOT NAME fans, let's make some noise!

Timeout Routine (CHEER)/Performance Routine (DANCE):

There's a time out on the floor

The home team has called a timeout

Game Day Drumline or Band

If your team is using a live band or drumline, they will be required to stand off of the stage to the side during the routine performance.

Pep Bands or Drumlines may be used in cheer and dance Game Day divisions and must be registered as participants for the event. Pep Bands or drumlines will enter to the side of the stage and must remain off the performing surface. An area will be designated in each performance venue. If the venue has a raised stage the pep band or drumline will be off stage on the floor. Pep Band or drumlines will be allowed to enter the area prior to cheer or dance team being introduced for the competition.

Rules Reminders

See below for friendly reminders.

Taking the Floor

For cheer and dance teams competing in the Game Day divisions, we will allow teams to have up to a maximum of 30 seconds to enter the floor and get set with your signs and flags. The announcer will call the first cue at or before (if team is set) the 30 seconds. All entry and rules guidelines will still apply, and keep in mind that your entry to the floor will not be judged. The overall time limit is 3:00.

Giveaways

Teams may not throw items into the audience during your performance. This includes poms, t-shirts, rally towels, etc.

CHEER:

1. Flips into or from partner stunts or pyramids will be prohibited.
 2. Twisting stunts and dismounts may not exceed 1¼ rotation.
 3. Flipping tosses are permitted with zero twisting rotations.
-

4. No twisting tumbling is allowed.

DANCE:

1. Teams must start and end on the marley surface. This applies to the full game day performance, not to each individual component.

MASCOTS:

Teams may add up to 1 (one) mascot in their routine. The mascot must enter the floor with the team and should be used to raise crowd energy and participation. The mascot should not be involved in any stunts / technical skills and / or tumbling, and should position themselves away from skills being performed. The mascot will **not** count toward the number of participants allowed.

Music Guidelines

A responsible adult/coach familiar with the routine is required to remain at the music table during the performance. All music for your Game Day performance will need to follow the music guidelines.

For more information regarding the music guidelines, please visit www.varsity.com/music. You can find specific information about band music on slides 18-20 of the music guidelines.

See you all very soon!

