



COMPETITION SCOOP

AHSAA North Super Regional

November 14, 2019

Birmingham CrossPlex | 2337 Bessemer Rd. | Birmingham, AL 35208

FOR COACHES:

Registration/Check-in:

- Please follow directional signs to Check-in
- Registration Times:
 - Cheer – 8:00 am (30 mins prior to your warmup)
- You must register a minimum of 30 minutes PRIOR to your assigned warm-up time.
- Please bring the following items to registration:
 1. Signed medical release forms for each participant. Additional forms may be printed at uca.varsity.com.
 2. Please provide proof of music provider.
 3. As with all AHSAA events, all coaches must be AHSAA certified. This includes ANY coaches who wish to be on the floor for the cheer competitions. A school who wishes to bring their stunt coach or private-lesson coach must ensure they are AHSAA certified prior to the event and listed as staff in the school's C2C eligibility program.

Advisor/Coaches Meeting:

- There will be no coaches meeting at the event, however competition information will be available at check-in.
- Any questions can be answered by the Tournament Director. Pre-competition questions: Contact Brad Jones at bjones@varsity.com

Warm up/Rehearsal:

- To ensure the event is run in a timely manner, please be aware of your team's designated warm-up time. We ask that all athletes and coaches report to the warm up/ rehearsal area at least 10 minutes prior to your assigned time.
- Please follow directional signs to the warm-up
- Please refrain from leaving bags and other personal belongings in the rehearsal area.
- Please bring two back-up copies of your music. If you are using your phone: please remove the phone case, place phone in airplane mode, and you must provide your own adaptor.

Order of Competition:

- The order of competition, including warm-up time, will be posted online at varsity.com and ahsaa.com prior to competition

Competition Time:

(Times are tentative & subject to change.)

- Cheer start time: 9:00am

FOR PARENTS / SPECTATORS:

Spectator Fee:

- \$8.00 all spectators
- Doors open at 8:00am

Merchandise:

- Merchandise will be available for purchase.
- Concessions will be sold at the event. NO OUTSIDE FOOD OR DRINK ALLOWED!

Awards:

Award ceremonies will take place throughout the competition. Please refer to the competition schedule for approximate times

FOR MORE INFORMATION:

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