



2019 - 2020 UCA Recreational Divisions



Performance Recreational - AFFILIATED Divisions

Affiliated Program Definition - The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreation Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star. Each team must cheer for a sport during the 2019-2020 cheer season.

LEVEL 1

18 years & younger	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8 count chant	Spring Floor
14 years & younger	Female/Male	5 - 36 members		Spring Floor
12 years & younger	Female/Male	5 - 36 members		Spring Floor
10 years & younger	Female/Male	5 - 36 members		Spring Floor
8 years & younger	Female/Male	5 - 36 members		Spring Floor
6 years & younger	Female/Male	5 - 36 members		Spring Floor

LEVEL 2

18 years & younger	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8 count chant	Spring Floor
14 years & younger	Female/Male	5 - 36 members		Spring Floor
12 years & younger	Female/Male	5 - 36 members		Spring Floor
10 years & younger	Female/Male	5 - 36 members		Spring Floor

LEVEL 3.1 (Level 3 Building skills, Level 1 Tumbling skills)

18 years & younger	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8 count chant	Spring Floor
14 years & younger	Female/Male	5 - 36 members		Spring Floor
12 years & younger	Female/Male	5 - 36 members		Spring Floor

Level 3

18 years & younger	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8 count chant	Spring Floor
14 years & younger	Female/Male	5 - 36 members		Spring Floor
12 years & younger	Female/Male	5 - 36 members		Spring Floor

Level 4

11 - 18 years old	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8 count chant	Spring Floor
8 - 14 years & younger	Female/Male	5 - 36 members		Spring Floor

RECREATION EXHIBITION

18 years & younger	Female/Male	Unlimited Members	2:30 max routine	Spring Floor
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CHEERABILITIES (Special Athlete) Exhibition

Any Age	Female/Male	Unlimited Members	2:30 max routine	Spring Floor
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The age of the athlete will be determined on August 31, 2019 for the 2019-2020 competitive season.

For additional Youth & Recreation guidelines please go to
<https://www.varsity.com/all-star/competitions/youth-rec/>



2019 - 2020

UCA Recreational Divisions



Performance Recreational - NON-AFFILIATED Divisions

Non - Affiliated Program Definition - Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported, sports program. Team is not affiliated with an All Star program.

LEVEL 1

18 years & younger	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8- count chant	Spring Floor
14 years & younger	Female/Male	5 - 36 members		Spring Floor
12 years & younger	Female/Male	5 - 36 members		Spring Floor
10 years & younger	Female/Male	5 - 36 members		Spring Floor
8 years & younger	Female/Male	5 - 36 members		Spring Floor
6 years & younger	Female/Male	5 - 36 members		Spring Floor

LEVEL 2

18 years & younger	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8- count chant	Spring Floor
14 years & younger	Female/Male	5 - 36 members		Spring Floor
12 years & younger	Female/Male	5 - 36 members		Spring Floor
10 years & younger	Female/Male	5 - 36 members		Spring Floor

LEVEL 3.1 (Level 3 Building skills, Level 1 Tumbling skills)

18 years & younger	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8- count chant	Spring Floor
14 years & younger	Female/Male	5 - 36 members		Spring Floor
12 years & younger	Female/Male	5 - 36 members		Spring Floor

Level 3

18 years & younger	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8- count chant	Spring Floor
14 years & younger	Female/Male	5 - 36 members		Spring Floor
12 years & younger	Female/Male	5 - 36 members		Spring Floor

Level 4

11 - 18 years old	Female/Male	5 - 36 members	2:30 total routine time, including minimum of an 8- count chant	Spring Floor
8 - 14 years & younger	Female/Male	5 - 36 members		Spring Floor

RECREATION EXHIBITION

18 years & younger	Female/Male	Unlimited Members	2:30 max routine	Spring Floor
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CHEERABILITIES (Special Athlete) Exhibition

Any Age	Female/Male	Unlimited Members	2:30 max routine	Spring Floor
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The age of the athlete will be determined on August 31, 2019 for the 2019-2020 competitive season.

For additional Youth & Recreation guidelines please go to
<https://www.varsity.com/all-star/competitions/youth-rec/>