



2019 - 2020 GAME DAY COMPETITION DIVISIONS

Revised 7/25/2019

2019 - 2020 Season: All members of the cheerleading squad must be current members of the official school spirit squad.

- Junior Varsity Divisions WILL be allowed 7th grade participants if they attend a school that is under the administrative supervision of the same school board as the high school that they are representing. Teams will only be allowed to compete in the Junior Varsity Division if they are the official Junior Varsity team. If there is only one team from that school, that team will be required to compete in the Varsity divisions. If you have team members that cheer varsity sports, you must compete as a varsity team.
- Junior High Divisions WILL be allowed 9th grade participants if (1) they attend a school that is under the administrative supervision of the same school board as the junior high school that they are representing AND (2) a minority of the team are 9th graders.
- Junior High teams with a majority of 9th grade participants must compete as a Junior Varsity team.
- Recreational Game Day teams must follow the same division restrictions in the Rules and Regulations for all ages and grades.

2019 - 2020 Season Varsity Guidelines: All members of the cheerleading squad must be current members of the official school spirit squad.

- 7th grade and below participants will NOT be allowed on a Varsity team; however 8th grade participants will be allowed to participate on a Varsity team if the school they attend is under the direct administrative supervision of the same school board as the Varsity team they are representing. If there is only one team from a school or if the JV and Varsity teams combine to compete, that team will be required to compete in the Varsity division.

GAME DAY DIVISIONS

Division	Grade	Female/Male	Squad Members	Notes
Recreational Game Day	14 years and younger	Female/Male	5 - 36 Members	Club Division teams not eligible
Junior High Game Day	9th grade and below	Female/Male	5-25 Members	
Junior Varsity Game Day	7th - 12th grade	Female/Male	5 - 25 Members	Official JV team or a JH team with a majority of 9th grade team members.
Varsity Game Day	8th - 12th grade	Female	5 - 30 Members	
Varsity Coed Game Day	8th - 12th grade	Female/Male	5 - 30 Members	1 or more males
Varsity Non Building	8th - 12th grade	Female/Male	5 - 30 Members	Non Building Divisions: No partner stunts, pyramids or tosses allowed.
Varsity Non Tumbling	8th - 12th grade	Female/Males	5 - 30 Members	Up to 2 Males

**The Non Tumbling division will prohibit all tumbling with feet over head rotation. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division.*

GAME DAY DIVISION QUALIFYING

- 75% of the qualifying team must attend a Varsity Spirit camp and participate in the Squad Credentialing program in order to be eligible to compete and receive a bid at a 2019 Fall qualifying tournament for the 2020 NHSCC.
- UCA reserves the right to split or combine divisions based on the final number of teams competing.
- Teams competing at the NHSCC in the Game Day Divisions will be required to declare the division (team size) with their event registration by December 12th. No changes will be allowed after that date.
- Varsity Coed Game Day will not be split at the regional competitions; however for the NHSCC all Varsity Coed teams must follow the division size requirements.
- Junior High Non Tumbling and Junior Varsity Non Tumbling teams will compete in the regular divisions at the regional competitions.
- For 2019-2020, USA Cheer recommends that all coaches complete the USA Cheer/AACCA Safety Risk Management certification course. One coach per cheer team will be required to complete the certification course and must accompany the team at the NHSCC. Proof of certification is required upon registering for the National Championship. The course is accessible online or in person, and certification is valid for four years. The online course takes between 3 and 6 hours. Coaches can take the USA Cheer/AACCA safety course on USACheer.org/safety or on the [NFHS site](#).

GAME DAY GUIDELINES

1. The Game Day Championship showcases what traditional cheerleading is all about – leading the crowd! Teams will be evaluated on their ability to lead the crowd, proper game day skill incorporations / performance, motion/dance and overall routine.
2. The performance will follow this order: Band Chant, situational sideline into Cheer, Fight Song.
3. See Rules and Regulations for skill restrictions in the Game Day Divisions.

See full competition rules and scoring information at uca.varsity.com

