



2021 Junior High Camp Schedule

DAY 1		DAY 2		DAY 3		DAY 4	
9:00 am - 12:00 pm	Registration		Breakfast		Breakfast		Breakfast
1:00 pm	Opening Staff Demo: <i>It's Showtime!</i>	8:30 am	Coaches' Meeting #2 / Big Brother Big Sister Check-In & Game Day Class: Band Chant & General Sidelines	8:30 am	Coaches' Meeting #3 / Big Brother Big Sister Check-In & Game Day Class: Fan Chants!	9:00 am	Team Time: Big Brother Big Sister
1:30 pm	Coaches' Meeting #1 / Spirit Prop Workshop & Game Day Class: Sidelines	9:30 am	Group A – Cheer Private Coaching Group B – FNL Frenzy & Squad Credentialing	9:15 am	Group A - Game Day Private Coaching Group B – Team UCA	9:30 am	Camp Routine Championship
2:00 pm	Camp Dance	10:30 am	Group A – FNL Frenzy & Squad Credentialing Group B – Cheer Private Coaching	9:45 am	Group A – Team UCA Group B – Game Day Private Coaching	10:15 am	Game Day Championships
2:30 pm	Safety Awareness			10:15 am	Stunt Class	11:00 am	Squad Credentialing Presentation
2:45 pm	Stunt Class	11:30 am	Lunch	11:30 am	Lunch	11:15 am	Who's Who: Meet the UCA Staff
4:00 pm	UCA Staff Sideline Demonstration	1:15 pm	Captains' Leadership Training / Coaches' Stunt Workshop #2	1:30 pm	Group A – Camp Routine Private Coaching Group B – Team Unity & Squad Credentialing	11:20 am	Final Awards & Pin It Forward
4:05 pm	Group A – Situational Sideline Private Coaching Group B – Squad Leadership Training & St. Jude Letters	1:30 pm	Cheer Evaluations	2:15 pm	Group A – Team Unity & Squad Credentialing Group B – Camp Routine Private Coaching		
4:30 pm	Dinner	2:00 pm	UCA Staff Game Day Demonstration	3:00 pm	*Elective Classes		
6:15 pm	Group A – Squad Leadership Training & St. Jude Letters Group B – Situational Sideline Private Coaching	3:15 pm	Group A – Game Day Practice & Team UCA Group B – Stunts & Pyramids	3:45 pm	All-American Set Up		
6:40 pm	Pyramid Class	4:30 pm	Group A – Stunts & Pyramids Group B – Game Day Practice & Team UCA	4:00 pm	All-American Tryouts		
7:30 pm	UCA Staff Cheer Demonstration			4:30 pm	Dinner		
7:35 pm	Game Day Class: Cheers	6:15 pm	Dinner	6:15 pm	Camp Routine Evaluations		
7:50 pm	Cheer Private Coaching Prep	7:00 pm	Group A – Personalized Pyramids & Camp Routine Private Coaching Prep	6:45 pm	Sideline Stunts		
8:15 pm	Material Review / Coaches & Captains' Stunt Workshop & Goal Setting	7:45 pm	Group B – Jumps & Material Review	7:20 pm	Intermission: Gatorade Break		
8:30 pm	Big Brother Big Sister & Daily Awards	8:15 pm	Group A – Jumps & Material Review Group B – Personalized Pyramids & Camp Routine Private Coaching Prep	7:30 pm	Spirit Night!		
			Jump Off	8:15 pm	Daily Awards & Pin It Forward		
			Big Brother Big Sister & Daily Awards	8:30 pm	Final Coaches' Q&A		

SPOTLIGHT ON SPIRIT



Elective Classes:

- *Fight Song Critique
- *Fight Song
- *Timeout Dance
- *Additional Material
- *Stunt Workshop