



2021 Traditional Overnight Camp Schedule

DAY 1		DAY 2		DAY 3	
9:00 am - 12:00 pm	<i>Registration</i>		<i>Breakfast</i>		<i>Breakfast</i>
1:00 pm	Opening Staff Demo: <i>It's Showtime!</i>	8:30 am	Coaches' Meeting #2 / Big Brother Big Sister Check-In & Game Day Class: Band Chant & General Sidelines	9:00 am	Team Time: Big Brother Big Sister
1:30 pm	Coaches' Meeting #1 / Spirit Prop Workshop & Game Day Class: Sidelines	9:00 am	Group A – Cheer Private Coaching	9:30 am	Camp Routine Championship
2:00 pm	Camp Dance	9:45 am	Group B – Jumps & Squad Credentialing	10:15 am	Game Day Championships
2:30 pm	Safety Awareness	10:30 am	Group A – Jumps & Squad Credentialing	11:00 am	Squad Credentialing Presentation
2:45 pm	Stunt Class	11:30 am	Group B – Cheer Private Coaching	11:15 am	<i>Who's Who</i> : Meet the UCA Staff
4:00 pm	UCA Staff Sideline Demonstration		Stunt Class	11:20 am	Final Awards & Pin It Forward
4:05 pm	Group A – Situational Sideline Private Coaching				
	Group B – Squad Leadership Training & St. Jude Letters				
4:30 pm	<i>Dinner</i>		<i>Lunch</i>		
6:15 pm	Group A – Squad Leadership Training & St. Jude Letters	1:15 pm	Captains' Leadership Training		
	Group B – Situational Sideline Private Coaching	1:30 pm	Cheer Evaluations		
6:40 pm	Pyramid Class	2:00 pm	Personalized Pyramid Class		
7:30 pm	UCA Staff Cheer Demonstration	2:45 pm	Camp Routine Private Coaching Prep		
7:35 pm	Game Day Class: Cheers	3:00 pm	Group A – Camp Routine Private Coaching		
7:50 pm	Cheer Private Coaching Prep	3:45 pm	Group B – Team Unity & Squad Credentialing		
8:15 pm	Material Review / Coaches & Captains' Stunt Workshop & Goal Setting		Group A – Team Unity & Squad Credentialing		
8:30 pm	Big Brother Big Sister & Daily Awards	4:30 pm	Group B – Camp Routine Private Coaching		
			<i>Dinner</i>		
		6:00 pm	Camp Routine Evaluations		
		6:30 pm	All-American Tryouts		
		7:00 pm	UCA Staff Game Day Demonstration		
		7:05 pm	Game Day Practice		
		7:30 pm	Jump Off		
		7:45 pm	<i>Spirit Night!</i>		
		8:15 pm	Daily Awards & Pin It Forward		
		8:30 pm	Final Coaches' Q&A		

SPOTLIGHT ON SPIRIT

