



Dear Gym Owners & Coaches,

We would like to share with you some information to help better prepare all the athletes, coaches, spectators, and Varsity All Star personnel for your upcoming event. We recommend that you share this information with your program, including parents, to ensure they understand our guidelines prior to the event.

We are optimistic about hosting live events and we need your partnership to ensure your athletes can continue to get to experience competitions this season. We are asking for your full cooperation and adherence to the guidance below and require that you share this information with your athletes and spectators to avoid issues that could hinder a positive competition experience.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this event, you voluntarily assume all risks related to exposure to COVID-19. Please help keep each other safe and healthy by following the guidance provided.

Spirit Unlimited – Chesapeake Championship

Fairfax, VA

March 7, 2021

Option C

Athlete Drop-Off & Parking

- The South Entrance will be used for athlete drop-off and pick up and is located directly across from Parking Lot A where parents may park and wait for their athletes. [Click here to view the venue map.](#)
- Parents and guardians will not be able to wait in the entrance area for the duration of their athlete's performance.
- It is critical that teams arrive shortly before their scheduled Team Screening/Check-In time to avoid congestion and traffic. Please do not instruct gathering more than 30 minutes prior to your check-in time.

Coaches Registration

- Two Coaches per team are permitted at the Team Registration.
- Coaches will enter the venue through the South Entrance to register at the table, complete all event and COVID protocols for their team, then exit the building to join up with their team prior to re-entering at the Team Entry time.
- Coaches must complete the registration process at least 30 minutes prior to the Team Screening/Check-in time to complete registration and receive credentials.
- I.D. will be required for your USASF Green Light wristband.
- Masks are required to be worn at all times over the mouth and nose. Plastic face shields are not considered masks and may only be worn in addition to a mask.
- Coaches or gym owners will need to bring your program waiver forms with you to check in. Please have all pertinent event documentation ready to speed up the check-in process.
- Only 3 coaches/personnel will be allowed entrance with each team.

Team Entrance

- Prior to the event, teams will be instructed to organize with their coaches as a group outside of the South Entrance of the venue. In order to maintain the total capacity and event flow balance, teams will have to enter as a complete group.



- **All coaches and athletes must wear a mask to enter the building and during the transitions between the practice rotation and performance floor.** Plastic face shields are not considered masks and may only be worn in addition to a mask.
- While athletes are not required to wear a mask while competing, they may choose to do so. The use of masks will not effect your score.
- A Varsity All Star staff member will be located to the right side of the venue to screen & check-in teams at their designated time.
- In order to maintain venue capacity requirements, new teams will only be permitted to enter the building as previous teams exit.
- Temperatures will be checked upon entering the building. Anyone with at temperature above 100 degrees will not be allowed access to the building.
- Immediately after Screening/Check-In, a staff member will escort the entire team to the warmup check-in area.
- Athletes and Coaches are encouraged to bring a clearly labeled water bottle. Water bottles will not be able to be refilled inside the venue.
- We recommend bringing clearly labeled plastic bags to hold athlete masks while performing.

Team Warm Up

- We ask that athletes limit bringing in any extra belongings. (i.e. limit to just masks/bag for mask, coats, water-bottles, and any medically necessary item.)
- There will be a team bin located at check-in. Athletes will be able drop off their belongings in the bin.
- Coaches will be asked to bring all their team's belongings with them through the Warmup Area.
- **ONLY 1 team and 2 coaches per station in the warmup area. There are 4 stations in the physical warmup area.**
- **Coaches are required to wear masks over the nose and mouth at all times.**

Team Performance

- There will **ONLY** be one team at any given time in the On-Deck area.
- A team bin will be provided for athlete belongings during the performance. A staff member will roll the bin from Staging to the Off Stage/Exit area athletes can gather their belongings after they compete.
- Athletes/Teams are required to exit the building immediately after their performance.

Spectator Viewing

- Spectators are not allowed in the venue for this event.
- Coaches will be allowed to record routines for personal use.

Event Concessions & Merchandise

- Concessions & merchandise will not be available for purchase.
- An event photographer will be on-site and photos will be available for purchase online. Detailed information will be coming soon.

Health Information

- Masks are mandatory for all attendees over the age of two. Security will be stationed at each building entrance to ensure all entrants wear masks. Plastic face shields are not considered masks and may only be worn in addition to a mask.
- Should someone have a condition that precludes them from wearing a mask, they will not be allowed into the venue.



- We are advising anyone over the age of 65; anyone (of any age) with an underlying health condition or a compromised immune system; or anyone who has any specific concerns about COVID-19 exposure to not attend.
- Anyone with any symptoms (Fever 100 degrees or higher, chills, cough, sore throat, congestion or runny nose, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, nausea or vomiting, diarrhea) may not enter.

Event Awards

- Awards will be posted virtually during your scheduled awards time in the BAND app. [Click here to join the BAND!](#)
- 2 Coaches per team will be allowed to re-enter the facility to pick up awards after your scheduled awards ceremony. Coaches will need to exit the venue after their scheduled awards time.

The final details and schedule for this individual competition will be continuously monitored and may be adjusted, including making the competition virtual, if necessary. All guidelines are subject to change based on Centers for Disease Control and Prevention ("CDC"), federal, state, local and venue-specific guidance. We will communicate any changes to you as soon as they are confirmed.

Varsity Spirit's baseline safety standards for include:

- Physical distancing protocols will be in place and enforced.
- Increased sanitization measures throughout venues, including enhanced cleaning protocols, hand sanitization stations and more frequent cleaning of performance surfaces.
- Increased physical distancing throughout the practice and performance areas.
- Face coverings will be required for everyone, except for athletes when on the practice and performance floors. Adults and children two and older will be required to wear masks. Plastic face shields are not considered masks and may only be worn in addition to a mask.
- All attendees (including coaches, athletes, spectators, and Varsity Spirit staff) will be asked to monitor their own health prior to attending an event and follow the CDC guidelines for protecting themselves and others.
- Coaches will be asked to review the [Varsity Spirit Competition COVID Rules](#) with anyone who is attending the event (coaches, athletes and spectators)

Helpful links for additional information:

- [Varsity Spirit's Health & Safety Page](#)
- [Varsity All Star COVID-19 Competition FAQ](#)

You can trust Varsity Spirit to lead the way in bringing back events safely. If you have additional questions regarding your specific event, we are here to help. We hope to see you soon and thank you for being part of our Varsity Spirit Family.

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