



Varsity.com/ss

BLOCK SCHEDULE



Spirit Sports - Nationals

Des Moines, Iowa

3/23/24 -3/24/24

2/22/24 POSTED/UPDATED

Schedule is tentative and subject to change

An updated General Schedule will be posted on the event page approximately 14-21 days prior to the event.

Doors Open BOTH DAYS

8:00 AM

DAY 1 - 3/23/24

ALL PREP, REC, EXHIBITION, CHEER ABILITIES, & NOVICE Teams	9:00 AM - 12:00 PM
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Award Session #1	12:30 PM
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ALL Elite Teams	1:20 PM - 4:15 PM
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DAY 2 - 3/24/24

ALL Elite Teams	9:00 AM - 12:00 PM
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Award Session #1	12:30 PM
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