

OneUp

CHAMPIONSHIPS

GRAND NATIONALS

COMPETITION
SCHEDULE &
EVENT
INFO 2022

GAYLORD OPRYLAND RESORT & CONVENTION CENTER
NASHVILLE, TENNESSEE | APRIL 8-10, 2022


VARSITY
ALL STAR



Welcome Coaches!

Dear Coach,

Thank you for choosing The One Up 2022 Nashville Grand Nationals!

We always appreciate your support and that is especially true this year! We are very excited for One Up to be making its return to Nashville for the first time in 3 years! The Music City is eager to welcome you with open arms, and we are poised to host close to 600 teams at this year's event. This is only possible thanks to your continued support, and we do not take that for granted. Our entire event team is focused on making this is a wonderful event for you, your athletes, and your parents.

We are very fortunate to be hosting thousands of athletes and coaches in Nashville. Many of you will be vying for Jackets, Worlds and Summit Bids, Golden Tickets, and the honor of being called One Up National Champions. We are excited to be offering all those things, plus much, much more.

We encourage every coach to read the information packet thoroughly. Along with expediting your registration process on Friday, April 8th, it will also make your One Up Nationals experience more enjoyable. The Gaylord Opryland Resort is over 3 million square feet, and we are pleased to have it all reserved for you and your teams. A complete resort experience, specifically catering to all 20,000+ athletes, coaches, and spectators.

Coaches and Gym Owners, please make sure you are signed up for our Coaches BAND for the One Up Grand Nationals. This will be your go-to place for event information, important links, and all the most recent updates throughout the weekend.

Thank you again for taking part in our event! Please continue to check our website at www.varsity.com/ou, as well as the Coaches BAND for all the latest information leading up to the event. If there is anything we can do to be of service, please don't hesitate to reach out to any member of our team. We are looking forward to hosting you in Nashville and providing you with The One Up Experience!

Thank you for attending, and safe travels!





Friday Registration

April 8th, 1pm-9pm

Masks are Recommended

TEAM REGISTRATION IS **REQUIRED** FOR ALL TEAMS ON FRIDAY APRIL 8TH. PLEASE PLAN YOUR TRAVEL ACCORDINGLY. Registration will be held in Canal Meeting Room E (Mezzanine Level of Convention Center). **You must register all your teams at one time.** If you are signed up for a Friday practice round spot, **you must register your team(s) before you start your practice time.**

Coaches Checklist for Registration

Please have the following forms and information ready prior to arriving at Registration to help expedite the process.

☐ **USASF Team Roster**

Every team must have a completed USASF Team Roster, except Recreation teams.

☐ Recreation Team Forms

☐ **USASF Compliance Form**

☐ **Music: Proof of Licensing**

Teams must be able to provide proof of licensing, in the form of a printed copy, during registration.

☐ **Jacket Form**

☐ **AccuSCORE Review Process**

Every coach in your program should read and understand the Routine Review Process.

Practice Rounds

One Up opens the Warm-up area to competitors and coaches on Friday, April 8th from 4:00pm – 9:00pm. **Parents and spectators are not permitted in the Warm-up area at any time.**

You are able to request up to a MAXIMUM number of practice spots that is equal to 50% (round up) of teams registered by your program for the event. **Example:** ABC Allstars registers five teams. They are eligible to request three practice times.

CHEER Friday Night practice: 10 minutes on a full spring floor

<https://form.jotform.com/220665313649963>

DANCE Friday Night practice: 10 minutes on a marley floor

<https://form.jotform.com/220664884258971>



REQUIRED FORM

Please have this form completed for registration.

We are excited to have you join us for the ONEUP GRAND NATIONALS 2022!

Please make sure you have the correct sizes listed for your athletes.

PLEASE NOTE: All athletes receive medals.

All Prep & Elite competition divisions are eligible for jackets.

Novice & Exhibition teams are not eligible to receive jackets.

AWARDS WILL NOT BE SHIPPED AFTER THE EVENT!

PROGRAM NAME		
TEAM NAME		
DIVISION		
TOTAL ATHLETES REGISTERED		
ATHLETE JACKET SIZES		2 COACH JACKETS
YXS		
YS		
YM		
YL		
AS		
AM		
AL		
AXL		
A2XL		
A3XL		
TOTAL ATHLETES JACKETS		2
OFFICE USE ONLY		

Need to Know Information

Masks are Recommended

ONE UP FOLLOWS ALL USASF RULES. FOR FURTHER CLARIFICATION, PLEASE VISIT:

<http://usasf.net/rules>

Team Rosters and Medical Release Forms

USASF Team Roster

- ⇒ Required for ALL teams, except Recreation

<http://www.usasfmembers.net>

Recreation Division Forms

- ⇒ Required for ALL Recreation teams

The Summit and The D2 Summit Bid Intention

You will be asked to declare your bid intentions for The Summit & The D2 Summit at Event Registration.

Worlds Bid Intention

You will be asked to declare your bid intentions for The Cheerleading Worlds or Dance Worlds at Event Registration.

Coaches Registration: Friday, April 8th

Coaches Registration will be held in Canal E Meeting Room (located on the Mezzanine Level of the Convention Center – located directly above the Delta Ballroom). Coaches Registration will be open from 1pm – 9pm. **Friday Registration is MANDATORY for ALL TEAMS. Registration on Saturday will not be available.** Please plan your travel accordingly.

Competition Halls

- ⇒ 3 Competition Halls are located in the Convention Center section of the Gaylord Opryland Resort (Delta A, Delta D, & Governors)
- ⇒ 1 Competition Hall is located in the Gaylord Opryland Event Center (GOEC).
- ⇒ All practice areas are located on Level 0 in Ryman C1/C2.

Performance Floors

- ⇒ All CHEER teams will compete on a 54x42 spring floor.
- ⇒ All DANCE teams will compete on a 54x42 marley dance floor.



Scoresheet Pick-Up & Division Standings

Scoresheets are emailed approximately 15-20 minutes after the team's performance. You can also receive a printed set at the back of the Judge's Stand in the Hall where you performed. If you do not receive the email, the printed copy will be your next best option. Please confirm that the correct email is associated with the individual you want to receive the scoresheets via email.

Division Standings and Division Average Reports can be viewed in the Coaches BAND approximately 90 minutes after the division ends, or after the division awards ceremony.

ACCUScore Routine Review Process

ONE UP uses the Varsity All Star AccuSCORE Routine Review Process. Please read it over carefully to provide your programs with the best use of this review process. The AccuSCORE Review form can be found at the Scoresheet Pick-Up table in each hall. Please bring the completed form to the AccuSCORE review area, located in Canal Meeting Room A (Mezzanine Level of the Convention Center). Please make sure you understand how to get to this area should you need it, so you don't miss your designated AccuSCORE window. Your AccuSCORE time limit is printed on the top right-hand corner of your score sheet.

Scoring – Final Rankings

The final results are a combination of a team's round one and round two scores.

- ⇒ Round 1 Score = 25% of final score
- ⇒ Round 2 Score = 75% of final score

Coaches Hospitality

The Coaches Hospitality Area will be located in Canal Meeting Rooms B-E, located on the Mezzanine level of the Convention Center (above the Delta Ballroom). The Hospitality Area will be open Friday, Saturday and Sunday. There will be Cash Concessions available for you to purchase in the Hospitality Area (with both hot & cold items). Come and relax with your fellow coaches!

Warm-Up Area

Only coaches with BOTH event credential lanyard AND wristband (affixed to wrist) will be allowed into the Warm-Up area. Team members (in uniform) will also be allowed in the Warm-Up area as well. Please, no sister team members, or extra coaches in warm-up.

The Warm-Up area is located on Level 0 of the Convention Center in Ryman C1/C2. All teams will access the Warm-Up area through the hall that leads into Ryman C1. Please follow all signs to the warm-up check-in area.

Please take some time to familiarize yourself with the Resort, and plan out the best route for your teams to meet and get to the warm-up area so you are not late for your Report time. **Remember that parents are NOT allowed to enter the Warm-Up area.**

2022 Live Coverage and Results

Don't miss any of the action or results! Be sure to visit Varsity.tv for full coverage of the 2022 One Up National Championship!

COACHES

Need to Know Information



In case of emergency
x5555 (house phone)
615-458-5555 (cell phone)

Join Our Coaches BAND

Please click here to join our Coaches BAND to get information before, during, and after the event! All Division Standings and Division Average Reports, from both Day 1 and Day 2, will be available in the BAND approximately 90 minutes after the conclusion of your division (Day 1), and conclusion of your awards ceremony (Day 2). [Click Here](#) to join the One Up Coaches BAND.

ONE UP Competitor Gift

Each competitor will receive a One Up commemorative competition gift. At Event Registration, coaches will be given one gift per registered competitor at the event. ONE UP is not responsible for lost or stolen gifts.

Video/Media Policy

No Commercial Recording (audio or video) or commercial live-streaming is allowed in the event venue or other event-related venues (including, but not limited to, hotels and restaurants) or on the grounds of any such venues (collectively, "Event Locations"). In addition, the personal, non-commercial use of live streaming apps (such as Periscope, Facebook Live, etc.) to capture all or any part of a performance during the event is not permitted. By attending/purchasing admission to the event, each attendee grants permission to Varsity Spirit, LLC and its affiliates, designees, agents, licensees, and invitees to use the image, likeness, actions and statements of the attendee in any live or recorded audio, video, film, or photographic display or other transmission, exhibition, publication, or reproduction made of, or at, the event in any medium, whether now known or hereafter created, or context for any purpose, including commercial or promotional purposes, without further authorization or compensation.

Interruption of Performance

1. UNFORSEEN CIRCUMSTANCES

- (A) If, in the opinion of the competition officials, a team's routine is interrupted because of failure of the competition equipment, facilities, or other factors attributable to the competition, the team affected should STOP the routine.
- (B) If the coach chooses to stop the routine at the point of technical difficulties, the team will not have the option to perform again. Please note: All phones should be in Airplane Mode and the person in charge of pressing play needs to know the pass code to the phone in case it locks. At least one coach MUST remain at the music stand for the duration of the routine. If not, you forfeit the right to be able to stop the music.
- (C) The team will perform the routine again in its entirety, but will be evaluated ONLY from the point where the interruption occurred.

2. FAULT OF TEAM

(A) In the event a team's routine is interrupted because of failure of the team's own equipment, the team must either continue the routine or withdraw from the competition.

3. INJURY

- (A) They only persons that may stop a routine for injury are:
- a) Competition Official
 - b) Gym Owner/Coach from the team performing
 - c) an injured individual

(B) The competition officials will determine if the team will be allowed to perform at a later time. The spot in the schedule where the re-performance is to take place is at the sole discretion of competition officials. The team may perform the routine again in its entirety, but only be evaluated ONLY from the point where the interruption occurred.

(C) The injured participant that wishes to perform may not return to the competition floor unless:

1. The competition officials receive clearance from, first, the medical personnel attending to that participant, the parent (if present) AND THEN the head coach/advisor of the competing team.
2. If the medical personnel do not clear the participant, the participant, the participant can only return to the competition if a parent or legal guardian in attendance signs a return to participation waiver.
3. Any athlete who exhibits signs or symptoms consistent with a concussion should be removed from the activity at that time and should not be allowed to return to activity on a subsequent day until evaluated by and receives written clearance for such participation from a qualified physician (MD or DO specifically trained in concussion management).

(D) In addition to the USA Cheer head injury policy, we encourage you to be familiar with specific laws of the state where the competition is being held.

All skills must be performed full-out from the beginning of the routine. All point deductions accumulated to that point (if any) will carry over.

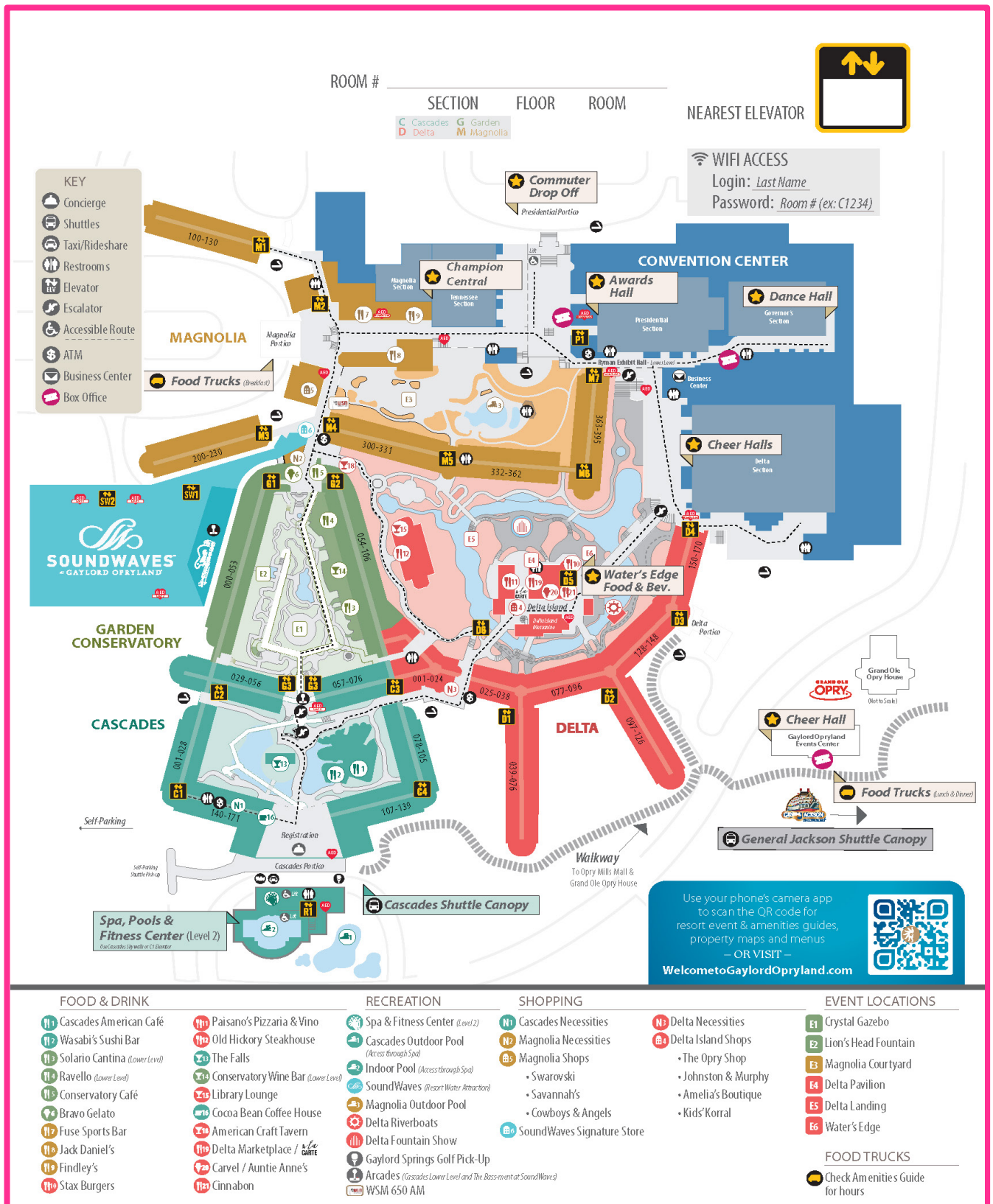
If a team is permitted to perform again, but fails to perform the routine in its entirety (example: throwing back tucks instead the full twist thrown in the original performance), it is at the discretion of the Competition Director how that team's scores will be affected.

Resort Lost & Found

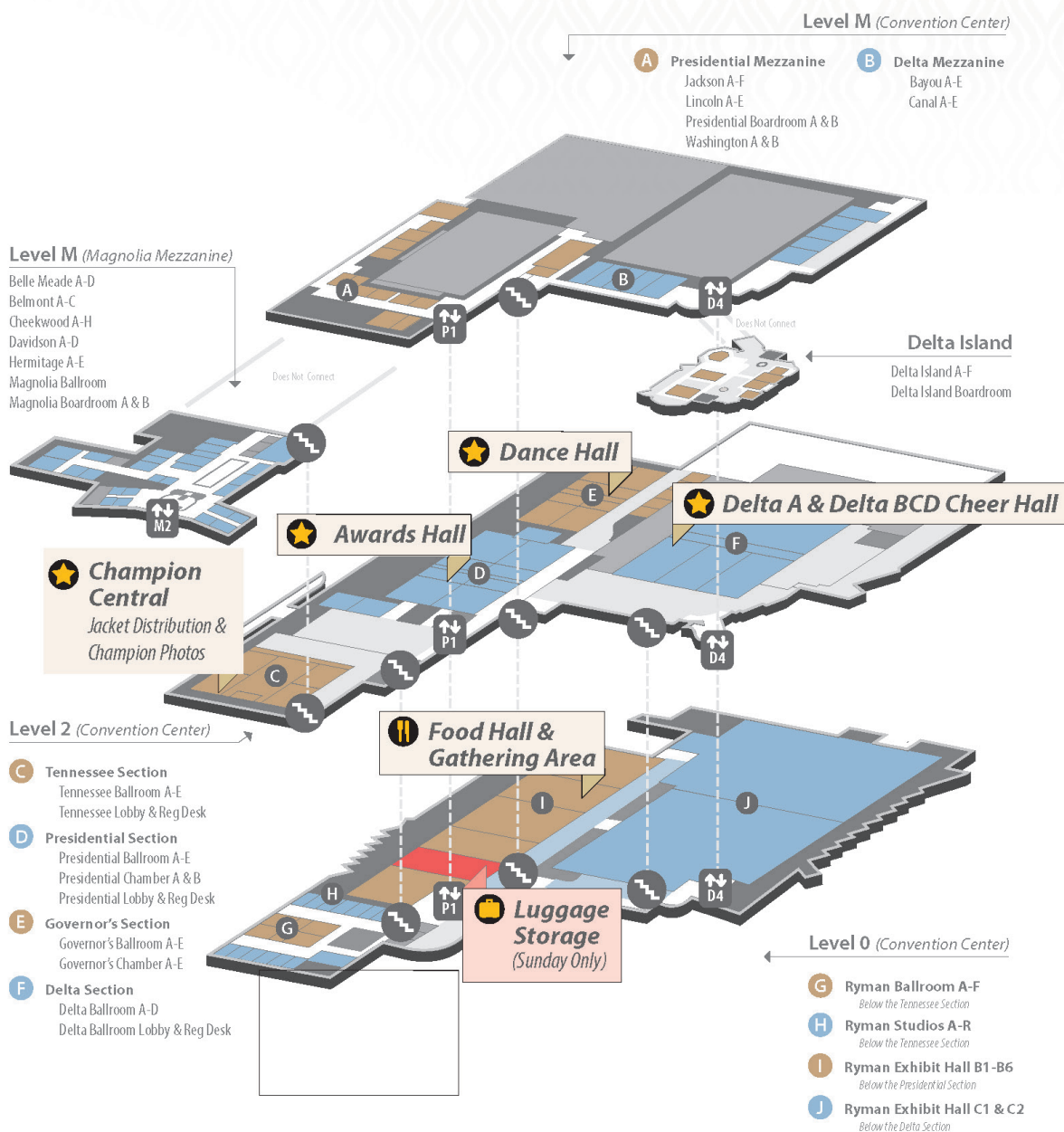
All lost items will be turned over the Resort Lost & Found. If you have lost, or misplaced any belongings, please contact the Lost & Found Department.

x58820 – From any Resort Phone
(615) 889-1000 x58820 – from any cell outside line

Event Map



YOUR GUIDE TO GAYLORD OPRYLAND'S Convention Center, Meeting & Exhibition Space



Gaylord Opryland | GaylordOpryland.com | 2800 Opryland Drive, Nashville, TN 37214 | 615-889-1000

22-08662-ONE UP RST MKP

Resort Code of Conduct



Code of Conduct

- Guests will be respectful to all other visitors, participants, staff, and convention center property.
- Guests will always comply with the direction and instructions from hotel staff.
- Guests ages 21+ who partake in alcoholic beverages will do so in a responsible manner. Intervention with an impaired or intoxicated guest or a minor will be handled in a prompt and safe manner by Security and/or local authorities.
- Guests will refrain from smoking unless in a designated smoking area outside. This includes the use of e-cigarettes or any other smoking device.
- Guests will refrain from using offensive language, making obscene gestures, or wearing inappropriate clothing not consistent with a public, family setting.
- Appropriate attire (cover ups, shirts, and shoes) is required in all resort public areas outside of the pool/water attraction.
- Ryman B Hall is available for gathering in groups.
- Quiet hours are from 10:00 PM – 9:00 AM in all public spaces, guest corridors and guest rooms.
- Drug use is prohibited on property; it will be handled accordingly by Security and/or local authorities.
- Stunting & Tumbling should be restricted to practice areas and performance areas only.



PREP & NOVICE TEAMS (FRI)

CHEER Competition Day Overview

Warm-Up Halls C1-C2 (Level 0)

ONE UP requires that each **CHEER** team check-in to warm-up 1 hour, 15 minutes before their performance time.*
* Your team may use as much, or as little of this time as needed.

1 HOUR, 5 MINUTES prior to competing

Report to Warm-Up Check-In (Ryman C1 Hall, located on Level 0 of the Convention Center)

60 MINUTES

Warm-Up Cue Report (6 minutes)

54 MINUTES

Warm-Up Cue/Staging (6 minutes)

48 MINUTES

18x42 Stretch Mat (6 minutes)

42 MINUTES

18x54 Stunt Strip (6 minutes)

36 MINUTES

12x69 Spring Tumble Strip (6 minutes)

30 MINUTES

54x42 Spring Floor with Audio (6 minutes)

24 MINUTES

Water Breaks (4 minutes)

20 MINUTES

Exit the Warm-up Hall and make your way toward the appropriate Competition Hall. Report directly to the backstage loading area to await final instructions prior to your performance.

Following your performance:

- You may view your team's performance immediately after they compete. Each team's performance is shown once approximately 1 minute after they exit off the stage.
- Score sheets will be emailed and printed. They will be available for pick-up at the Score sheet table next to the judges stand in your competition hall.
- Division Standings and Division Averages will be available in the Coaches BAND.
- Day 1 results will be posted in the Coaches BAND and on Varsity.tv.



ELITE TEAMS (SAT & SUN)

CHEER Competition Day Overview

Warm-Up Halls C1-C2 (Level 0)

ONE UP requires that each **CHEER** team check-in to warm-up 1 hour, 15 minutes before their performance time.*

* Your team may use as much, or as little of this time as needed.

1 HOUR, 15 MINUTES prior to competing

Report to Warm-Up Check-In (Ryman C1 Hall, located on Level 0 of the Convention Center)

1 HOUR, 10 MINUTES

Warm-Up Cue Report (6 minutes)

64 MINUTES

Warm-Up Cue/Staging (8 minutes)

56 MINUTES

18x42 Stretch Mat (8 minutes)

48 MINUTES

18x54 Stunt Strip (8 minutes)

40 MINUTES

12x69 Spring Tumble Strip (8 minutes)

32 MINUTES

54x42 Spring Floor with Audio (8 minutes)

24 MINUTES

Water Breaks (4 minutes)

20 MINUTES

Exit the Warm-up Hall and make your way toward the appropriate Competition Hall. Report directly to the backstage loading area to await final instructions prior to your performance.

Following your performance:

- You may view your team's performance immediately after they compete. Each team's performance is shown once approximately 1 minute after they exit off the stage.
- Score sheets will be emailed and printed. They will be available for pick-up at the Score sheet table next to the judges stand in your competition hall.
- Division Standings and Division Averages will be available in the Coaches BAND.
- Day 1 results will be posted in the Coaches BAND and on Varsity.tv.



DANCE Competition Day Overview

Warm-Up Halls C1-C2 (Level 0)

ONE UP requires that each **DANCE** team check-in to warm-up 1 hour before their performance time.*

* Your team may use as much, or as little of this time as needed.

1 HOUR prior to competing

Report to Warm-Up Check-In (Ryman C1 Hall, located on Level 0 of the Convention Center)

52 MINUTES

Warm-Up Cue Report (4 minutes)

48 MINUTES

Warm-Up Cue/Staging/Stretching (8 minutes)

40 MINUTES

54x42 Full Marley Floor – Routine Marking & Stretching (8 minutes)

32 MINUTES

54x42 Full Marley Floor with Subfloor & Audio (8 minutes)

24 MINUTES

Water Break (4 minutes)

20 MINUTES

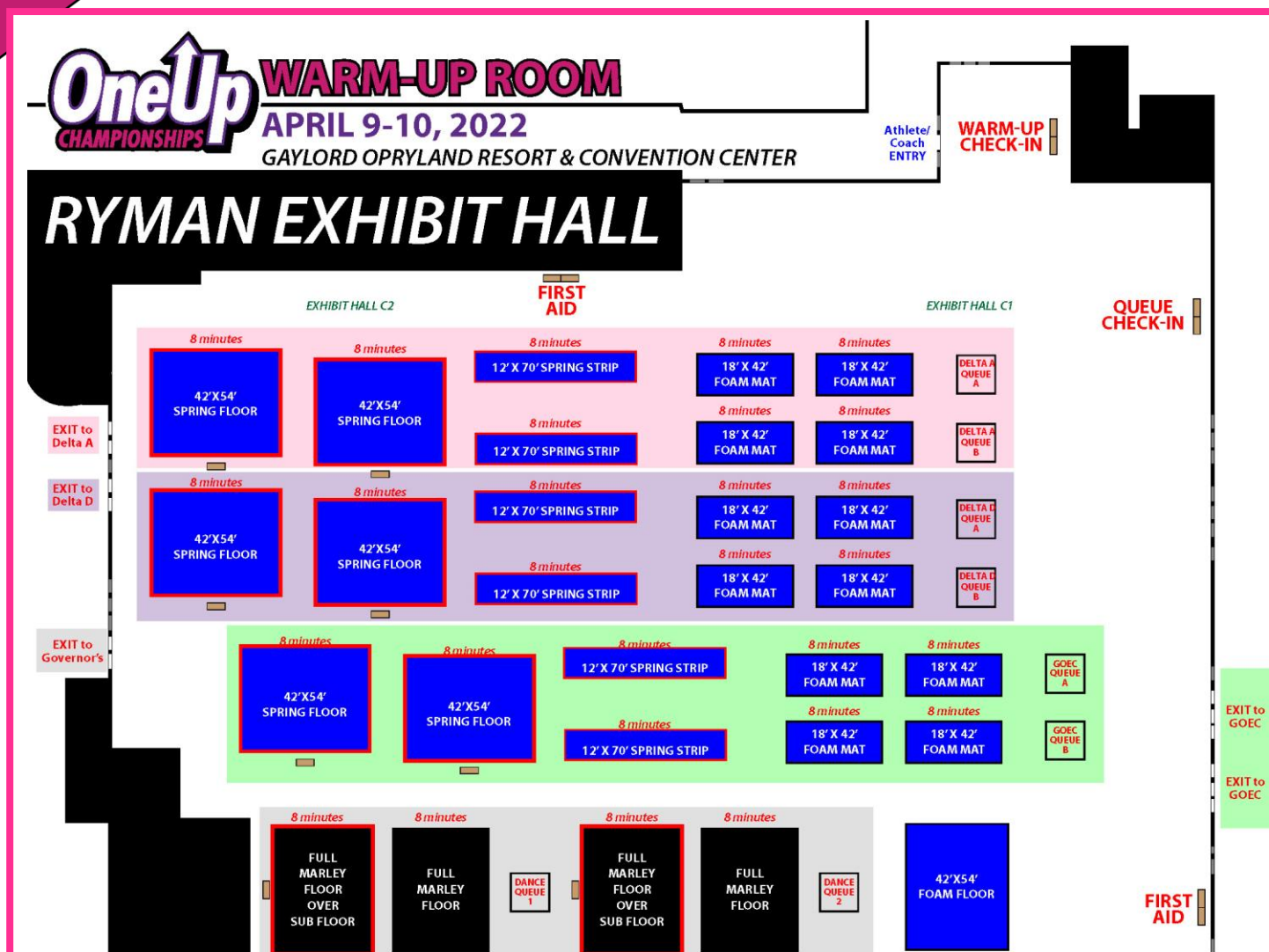
Exit the Warm-up Hall and make your way toward the Governors Ballroom. Report directly to the backstage loading area to await final instructions prior to your performance.

Following your performance:

- You may view your team's performance immediately after they compete. Each team's performance is shown once approximately 1 minute after they exit off the stage.
- Score sheets will be emailed and printed. They will be available for pick-up at the Score sheet table next to the judges stand in your competition hall.
- Division Standings and Division Averages will be available in the Coaches BAND.
- Day 1 results will be posted in the Coaches BAND and on Varsity.tv.

Warm-Up Flow

Halls C1-C2 (Level 0)



Awards Info

Awards Ceremonies

Awards Ceremonies will happen in several different locations throughout the Convention Center. Please pay close attention to the location of your particular division, so you are certain you are in the correct hall, and no one misses an awards ceremony.

Champion Central for National Champions

All 2022 National Champions will exit their awards hall and make their way to Champion Central. This is where teams will receive their One Up National Champion jackets and have an opportunity to take their National Champion Team Photos. Please make sure your parents know that they are not permitted inside the Jacket Distribution Room. They are, however, welcome to take as many photos as they want inside the Champion Central Photo Room. Please make sure your Jacket Form is completed for ALL your teams at Event Registration on Friday. This will help make your jacket pick-up smoothly and quickly.

Final Standings & Division Averages

Final results and team division averages will be posted in the Coaches BAND at the conclusion of the awards ceremony. Results will also be posted on Varsity TV.

Cheerleading Worlds Bid Winners

Bids to the 2022 Cheerleading Worlds will be announced during the event on Sunday, April 10th. Consult the final Awards Ceremony Schedule for the correct time, and location, of the Cheerleading Worlds Bid Announcements.

Dance Worlds Bid Winners

Bids to the 2022 Dance Worlds will be announced during the event on Sunday, April 10th. Consult the final Awards Ceremony Schedule for the correct time, and announcement, of the Dance Worlds Bid Announcements.

The Summit, D2 Summit, and Dance Summit Bid Winners

The Summit, D2 Summit, and Dance Summit bid winners will be announced on the Varsity Bid Reveal, Monday, April 11th at 8:30pm EST on Varsity.TV (<http://www.varsity.tv>).

Available Bids

The following bids are being awarded at the 2022 One Up National Championship:

- **The Summit:** One Up is offering 3 Paid, 5 At-Large, and 4 IASF At-Large Bids
- **The D2 Summit:** One Up is offering 3 Paid and 5 At-Large Bids
- **The Dance Summit:** One Up is offering 1 Paid and 8 At-Large Bids
- **2022 Cheerleading Worlds:** One Up is offering 4 Paid and 12 At-Large Bids
- **2022 Dance Worlds:** One Up is offering 2 Partial Paid and 6 At-Large Bids
- **The U.S. Finals:** One Up will offer Golden Tickets

If your team wins a bid at One Up Nationals, the Event Directors will turn in all your Team Rosters from the event following the announcement of all bid winners. For Worlds Bid Winners, please contact the USASF to make changes to your Team Roster. They will confirm all eligible substitutions and alternates.

Specialty Awards

One Up will award a variety of specialty awards, including the following:

- Best Technique, Best Choreography, Crowd Pleaser, Best Costuming – **DANCE TEAMS ONLY**
- Level Champion (DI), Level Champion (DII)
- Golden Boot - Highest Scoring L6/L7 Team

VARSITY.TV

Up to date results can be found on Varsity.tv

Need to Know Information

EVENT LOCATION

Masks are Recommended

Gaylord Opryland Resort & Convention Center

2800 Opryland Dr * Nashville, TN * (615) 889-1000 * www.gaylordopryland.com

ADMISSION

Make sure that you allow time to purchase your tickets. We do offer ticket sales on Friday from 2pm – 9pm at the Presidential Ballroom Box Office. This is a great way to beat the lines on Saturday and Sunday.

AVOID THE LINES!!!

Purchase your Tickets Online – [CLICK HERE](#)

Make sure to scan the QR code on your wristband to access the event schedule

Spectator Fees	Friday	1-Day Saturday or Sunday	2-Day Saturday or Sunday
Adult (17 years to 64 years old)	\$15	\$25	\$45
Child, Senior & Military (Child: 6 years to 16 years old; Senior: 65 years +)	\$10	\$15	\$25
5 years & Under	FREE	FREE	FREE
No refunds will be given. Cash ONLY at the door.			

One Up Pro Tips

1. Purchase your tickets Friday night for the weekend.
Ticket sales available from 2pm – 9pm at the Presidential Box Office.
2. If you are staying outside the resort, give yourself PLENTY of time to find parking, get inside, and purchase tickets (if not done in advance).
3. Map out your event locations so you have a smooth weekend.
4. Visit an ATM before arriving!
5. Wear comfortable shoes.

Plan Your Weekend

It takes a lot of space to host close to 600 teams, and the Gaylord Opryland Resort is the perfect place to do so. The resort is over 3 million total square feet, so it will take some special maneuvering and general resort knowledge to help get you from Point A to Point B. Please consult the event map for the exact locations of the Competition Halls, Warm-Up Area, Awards Hall, etc.

Also, remember that parents are NOT permitted in the Warm-Up Area at any point. Please plan a different designated meeting area with your team, prior to reporting to Warm-up Check-In.

Doors to each Event Hall will open 1 hour prior to the first performance time on that hall schedule.

Escalator Safety Rules

- No Strollers or wheelchairs
- Hold Handrails
- Keep shoes away from sides
- No Bare Feet
- Always Face Forward
- No Children Unattended

Warm-Up Area

Parents are NOT allowed in the Warm-Up area at any point. Please plan to meet your team & coaches in a separate location. Security is provided and strictly enforced. Please plan extra time to get from parking areas, ticketing booths, etc. Make sure you and your coaches have a designated meeting place for the weekend.

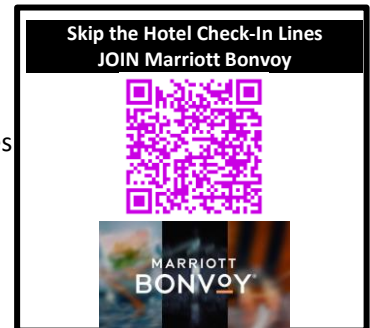
Spectator Wheelchairs & Scooters

Gaylord Opryland Resort has access to a few rental scooters and wheelchairs. To reserve a scooter for the event, please contact Bradley Health at 615.458.2615, or [CLICK HERE](#) to reserve now.

Soundwaves Water Experience – ONE UP SPECIAL!!!

Monday, April 4 through Wednesday, April 6 – \$46.99, full day
Thursday, April 7 and Friday, April 8 – \$35.99, full day
Saturday, April 9 and Sunday, April 10 – \$35.99, full day
\$20, partial day (10:00 AM – 3:00 PM or 3:00 PM – 8:00 PM)
Monday, April 11 – \$35.99, full day

BOOK NOW!!! <http://tickets.gaylordopryland.com/OneUp2022>





SPECTATORS

Need to Know Information

Masks are Recommended



In case of emergency
x5555 (house phone)
615-458-5555 (cell phone)

Spectator BAND

BAND is the official communication app of Varsity Spirit and will be utilized throughout the competition to provide important updates as it pertains to athletes, families, and friends. Join the group to access the most up-to-date schedule information, spectator pricing, purchase event photos, unlock exclusive weekend content and MORE!

SCAN ME



Priority Viewing Section

There will be a designated Priority viewing section in each Competition Hall that is specifically reserved for friends and family members of the performing team. There is one entrance and one exit into each priority viewing area. We do not require our spectators to sit during performances, so free to jump for joy, and cheer to your heart is content. However, please remember that the judges are watching, so no cameras held over your head, and no children sitting on shoulders. No spectators will be allowed to remain in the priority viewing section. Please move quickly when entering and exiting the priority viewing section.

Event Vendors

Be sure to visit our vendor area located outside of Delta Ballroom all weekend long. Make sure to get your official One Up Nationals event merchandise to commemorate the event!

Varsity.tv

Watch all of One Up Nationals on Varsity.TV. Register for Unlimited Access to the Best Cheer and Dance Content on the Planet – <http://www.varsity.tv> – Watch Today! **Results will be posted on Varsity.tv all weekend!**

Event Photos

All photos will be taken by RT Photography. Please scan the QR code for more information!

SCAN ME



Awards Ceremony Locations

Awards ceremonies will take place in several different locations, so please pay close attention to the Awards schedule to ensure that you are always in the correct location for your particular awards ceremony.

Champion Central for National Champions

All 2022 National Champions will exit their awards hall and make their way to Champion Central. This is where teams will receive their One Up National Champion jackets and have an opportunity to take their National Champion Team Photos. Parents are not permitted inside the Jacket Distribution Room. You are, however, welcome to take as many photos as they want inside the Champion Central Photo Room.

Cheerleading Worlds Bid Winners

Bids to the 2022 Cheerleading & Dance Worlds will be announced during the event on Sunday, April 10th. Consult the final Awards Ceremony Schedule for the correct time, and location, of the Worlds Bid Announcements.

The Summit, D2 Summit, and Dance Summit Bid Winners

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Resort Lost & Found

All lost items will be turned over the Resort Lost & Found. If you have lost, or misplaced any belongings, please contact the Lost & Found Department.

x58820 – From any Resort Phone

(615) 889-1000 x58820 – from any cell outside line



Awards Schedule

Delta Ballroom D

Friday, April 8th

**FRIDAY AWARDS
CEREMONIES FOR...**
**- ALL PREP
DIVISIONS**
**- ALL NOVICE
DIVISIONS**

**All National Champions
will immediately report
to**

CHAMPION CENTRAL

7:30PM

L1 Tiny - Novice - Restrictions - D2
L1 Mini - Novice - D2
L1 Youth - Novice - D2
L1.1 Mini - PREP - D2
L1.1 Youth - PREP - D2
L1.1 Junior - Prep - D2
L2.2 Junior - Prep - D2

8:30PM

L1 Tiny - Novice - Exhibition
L1 Tiny - Novice - Restrictions
L1.1 Tiny - PREP
L1.1 Mini - Novice
L1.1 Mini - PREP - Small
L1.1 Mini PREP - Medium
L1.1 Youth - Novice

8:50PM

L1.1 Youth - PREP - Medium
L1.1 Junior - PREP
L1.1 Senior - PREP

9:20PM

L1.1 Youth - PREP - Small
L1.1 Junior - Novice
L2.2 Youth - PREP
L2.1 Junior - PREP
L2.2 Junior - PREP

Awards Schedule

Presidential Ballroom

Sunday, April 10th

10:30AM

L1 Tiny
L1 Mini - Medium
L3 Junior - Small - A
L4 Junior - Small
L4.2 Senior

2:00PM

L3 Junior - Medium

11:15AM

L1 Mini – Small
L4 Junior - Medium
L4 Senior Medium
L5 Junior Coed

2:30PM

L1 Junior – Medium
L2 Senior - Medium
L3 Senior - Small
L5 Senior Coed

11:45AM

L1 Youth
L1 - U17
L2 Mini
L2 Junior – Small

3:15PM

L1 Senior
L3 Youth
L3 – U17
L3 Senior - Medium

12:15PM

L2 Junior - Medium - A
L3 Junior - Small – B
L4 Senior - Small
L5 Senior

3:45PM

L3 Senior Coed - Medium
L4.2 Senior – D2
L6 Senior Coed - XSmall
L6 Senior Coed Open - Small

1:00PM

L2-U17
L2-U19
L4 Senior Coed-Medium
L4 Senior Coed – Small
L5 Junior
L5 Senior Open Coed
L6 Junior

4:30PM

L3 Youth – D2
L3 Senior Coed - Small
L4 Junior – D2
L4 – U17
L4 International Open Coed

1:30PM

L1 Junior – Small
L2 Junior – Medium – B
L2 Senior – Small

5:15PM

L2 Youth - Small
L2 Youth - Medium
L4 Senior – D2 – Small
L4 Senior Open – D2
L4 – U17 – Coed
L4 – U19

Presidential Ballroom

Sunday, April 10th

5:45PM

L1 Tiny – D2
L2 Junior – D2 – Medium
L3 Junior – D2 – A
L6 Senior Coed – Small

8:00PM

L3 Junior – D2 - Medium
L5 Senior Open Coed – D2
L6 Senior - Medium
L6 Senior Open
L7 International Open Coed – Small

6:00PM

Mini Hip-Hop - Large
Mini – Hip Hop - Small
Youth – Hip Hop
Junior – Prep – Jazz
Junior – Jazz
Senior – Jazz
Senior – Prep – Jazz
Open Kick

8:30PM

L2 Youth – D2
L2 Junior – D2 – Small - B
L5 Senior Coed – D2
L6 International Open - NT

6:15PM

L1 Mini – D2
L1 Youth – D2 - B
L4 Senior – D2 - Medium
L6 Senior – Small

9:00PM

L1 Junior – D2 - Small
L3 Senior – D2
L5 Senior Open – D2
L6 Junior - D2

6:30PM

Dance Worlds Bid Announcements

9:30PM

L2 Junior – D2 – Small – C
L2 Senior – D2
L3 Senior Coed – D2 – Medium
L3 Senior Coed – D2 – Small
L6 International Open Coed - NT

6:45PM

L1 Youth – D2 - A
L1 Junior – D2 - Medium
L2 Mini – D2
L4 Senior Coed – D2
L6 Senior – Xsmall
L6 International Open Coed - Large

10:00PM

Cheer Worlds Bid Announcements

7:15PM

L2 Junior – D2 – Small - A
L3 Junior – D2 - B
L5 Junior – D2
L6 International Open

Awards Schedule

Governors Ballroom

Saturday, April 9th & Sunday, April 10th

SATURDAY

7:00PM

Tiny - Duo/Trio - Jazz
 Tiny - Solo - Jazz
 Tiny - Solo - Lyrical
 Mini - Duo/Trio Jazz
 Mini - Solo - Hip Hop
 Mini - Solo - Jazz
 Mini - Solo - Lyrical
 Youth - Duet - Pom
 Youth - Duo/Trio - Contemporary/Lyrical
 Youth - Duo/Trio - Jazz
 Youth - Solo - Hip Hop
 Youth - Solo - Jazz
 Junior - Duo/Trio - Contemporary/Lyrical
 Junior - Duo/Trio - Jazz
 Junior - Solo - Lyrical
 Senior - Duo/Trio - Contemporary/Lyrical
 Senior - Solo - Contemporary/Lyrical
 Senior - Solo - Jazz

SUNDAY

5:40PM

Tiny - Hip Hop
 Tiny - Prep - Hip Hop
 Mini - Contemporary/Lyrical
 Mini - Dance
 Mini - Prep - Hip Hop
 Youth - Contemporary/Lyrical
 Youth - Jazz
 Youth - Variety
 Youth - Prep - Hip Hop
 Junior - Dance
 Junior - Hip Hop
 Senior - Prep - Pom
 Junior - Pom
 Senior - Pom - Large
 Senior Pom - Small
 Open Pom

SUNDAY

12:10PM

Tiny - NOVICE - Dance
 Tiny - Prep - Jazz
 Tiny - Jazz - Small
 Mini - Pom - Large
 Mini - Pom - Small
 Mini - Prep - Jazz
 Youth - Pom
 Youth - Prep - Jazz
 Junior - Contemporary/Lyrical
 Junior - Variety
 Senior Coed - Contemporary/Lyrical - Large
 Senior - Contemporary/Lyrical - Small
 Senior - Variety
 Senior - Prep - Hip Hop
 Senior - Kick

12:40PM

Tiny - Jazz - Large
 Mini - Jazz - Large
 Mini - Jazz - Small
 Senior - Hip Hop
 Open Coed Hip Hop Elite

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