



2023 - 2024 UCA All Star National Championship Divisions



All Star Cheer Elite Tier CLUB Divisions offered at UCA

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1	Tiny	6-7 years old	2016-2018	Female/Male	5-30 Members
1	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
1	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
1	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
1	Senior	13-19 years old	6/1/04-2011	Female/Male	5-30 Members
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2	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
2	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
2	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
2	Senior	13-19 years old	6/1/04-2011	Female/Male	5-30 Members
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3	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
3	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
3	Senior	13-19 years old	6/1/04-2011	No Males	5-30 Members
3	Senior Coed	13-19 years old	6/1/04-2011	1 or more Males	5-30 Members
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4	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
4	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
4	Senior	13-19 years old	6/1/04-2011	No Males	5-30 Members
4	Senior Coed	13-19 years old	6/1/04-2011	1 or more Males	5-30 Members
4	Senior Open	18+ years old	5/31/06 & Before	No Males	5-24 Members
4	Senior Open Coed	18+ years old	5/31/06 & Before	1 or more Males	5-24 Members
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4.2	Senior	13-19 years old	6/1/04-2011	No Males	5-30 Members
4.2	Senior Coed	13-19 years old	6/1/04-2011	1 or more Males	5-30 Members
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5	Youth	8-12 years old	2011-2016	Female/Male	5-38 Members
5	Junior	9-15 years old	2008-2015	Female/Male	5-38 Members
5	Senior	13-19 years old	6/1/04-2011	No Males	5-38 Members
5	Senior Coed	13-19 years old	6/1/04-2011	1 or more Males	5-38 Members
5	Senior Open	18+ years old	5/31/06 & Before	No Males	5-24 Members
5	Senior Open Coed	18+ years old	5/31/06 & Before	1 or more Males	5-24 Members
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6	Junior	9-15 years old	2008-2015	Female/Male	5-38 Members
6	Limited XSmall*	14-19 years old	6/1/04-2010	No Males	5-16 Members
6	Senior XSmall*	14-19 years old	6/1/04-2010	No Males	5-16 Members
6	Limited Small*	14-19 years old	6/1/04-2010	No Males	17-22 Members
6	Senior Small*	14-19 years old	6/1/04-2010	No Males	17-22 Members
6	Senior Medium*	14-19 years old	6/1/04-2010	No Males	23-30 Members
6	Senior Large*	14-19 years old	6/1/04-2010	No Males	31-38 Members
6	Limited XSmall Coed*	14-19 years old	6/1/04-2010	1-2 Males	5-16 Members
6	Senior XSmall Coed*	14-19 years old	6/1/04-2010	1-2 Males	5-16 Members
6	Limited Small Coed*	14-19 years old	6/1/04-2010	1-5 Males	5-22 Members
6	Senior Small Coed*	14-19 years old	6/1/04-2010	1-5 Males	5-22 Members
6	Senior Medium Coed*	14-19 years old	6/1/04-2010	1-8 Males	5-30 Members
6	Senior Large Coed*	14-19 years old	6/1/04-2010	1-19 Males	5-38 Members



2023 - 2024

UCA All Star National Championship Divisions



All Star Cheer Elite Tier International Divisions Offered at UCA

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1	U16	12-16 years old	2007-2012	Female/Male	10-24 members
1	U18	14-18 years old	2005-2010	Female/Male	10-24 members
2	U16	12-16 years old	2007-2012	Female/Male	10-24 members
2	U18	14-18 years old	2005-2010	Female/Male	10-24 members
3	U16	12-16 years old	2007-2012	Female/Male	10-24 members
3	U18	14-18 years old	2005-2010	No Males	10-24 members
3	U18 Coed	14-18 years old	2005-2010	Female/Male	10-24 members
4	U16	12-16 years old	2007-2012	No Males	10-24 members
4	U16 Coed	12-16 years old	2007-2012	Female/Male	10-24 members
4	U18	14-18 years old	2005-2010	No Males	10-24 members
4	U18 Coed	14-18 years old	2005-2010	Female/Male	10-24 members
6	U18 NT	14-18 years old	2005-2010	No Males	10-30 members
6	U18 Coed NT	14-18 years old	2005-2010	1-20 Males	10-30 members
6	International Open	18+ years old	5/31/06 & Before	No Males	10-24 members
6	International Open Small Coed	18+ years old	5/31/06 & Before	1-4 Males	10-24 members
6	International Open Large Coed	18+ years old	5/31/06 & Before	5-16 Males	10-24 members
6	International Open NT	18+ years old	5/31/06 & Before	No Males	10-30 members
6	International Open Coed NT	18+ years old	5/31/06 & Before	1-20 Males	10-30 members
6	International Global	18+ years old	5/31/06 & Before	No Males	10-30 members
6	International Global Coed	18+ years old	5/31/06 & Before	1-16 Males	10-30 members
7	International Open	18+ years old	5/31/06 & Before	No Males	10-24 members
7	International Open Small Coed	18+ years old	5/31/06 & Before	1-4 Males	10-24 members
7	International Open Large Coed	18+ years old	5/31/06 & Before	5-16 Males	10-24 members



2023 - 2024 UCA All Star National Championship Divisions



All Star Cheer PREP Tier Divisions Offered at UCA (Exhibition Friday & Compete Saturday)

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1.1	Tiny	6-7 years old	2016-2018	Female/Male	5-30 Members
1.1	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
1.1	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
1.1	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
1.1	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members
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2.1	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
2.1	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
2.1	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
2.1	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members
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2.2	Mini	7-9 years old	2014-2017	Female/Male	5-30 Members
2.2	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
2.2	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
2.2	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members
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3.1	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
3.1	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
3.1	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members
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3.2	Youth	8-12 years old	2011-2016	Female/Male	5-30 Members
3.2	Junior	9-15 years old	2008-2015	Female/Male	5-30 Members
3.2	Senior	12-19 years old	6/1/04-2012	Female/Male	5-30 Members

All Star Cheer NOVICE Tier Divisions Offered at UCA (Exhibition Friday & Compete Saturday)

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1 w/Restrictions	Tiny	4-7 years old	2016-2020	Female/Male	3 + Members
1 w/Restrictions	Mini	7-9 years old	2014-2017	Female/Male	5 + Members
1 w/Restrictions	Youth	8-12 years old	2011-2016	Female/Male	5 + Members
1 w/Restrictions	Junior	9-15 years old	2008-2015	Female/Male	5 + Members
1 w/Restrictions	Senior	12-19 years old	6/1/04-2012	Female/Male	5 + Members
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2 w/Restrictions	Mini	7-9 years old	2014-2017	Female/Male	5 + Members
2 w/Restrictions	Youth	8-12 years old	2011-2016	Female/Male	5 + Members
2 w/Restrictions	Junior	9-15 years old	2008-2015	Female/Male	5 + Members
2 w/Restrictions	Senior	12-19 years old	6/1/04-2012	Female/Male	5 + Members
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3 w/Restrictions	Youth	8-12 years old	2011-2016	Female/Male	5 + Members
3 w/Restrictions	Junior	9-15 years old	2008-2015	Female/Male	5 + Members
3 w/Restrictions	Senior	12-19 years old	6/1/04-2012	Female/Male	5 + Members

All Star Cheer CheerAbilities

Level	Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
1 w/Restrictions	CheerABILITIES Novice	5+ years old	2018 or before	Female/Male	5 + Members
2 w/Restrictions	CheerABILITIES Elite	5+ years old	2018 or before	Female/Male	5 + Members
2 w/Restrictions	CheerABILITIES Exhibition	5+ years old	2018 or before	Female/Male	5 + Members

All Star Cheer CheerAbilities Unified Divisions

Division	Approximate Ages	Eligibility by Birth Year	Gender	Team Size
Unified Youth Exhibition	5-12 years old	2011-5/31/18	Female/Male	5 + Members
Unified Junior Exhibition	10-17 years old	6/1/06-2014	Female/Male	5 + Members
Unified Open Exhibition	18+ years old	5/31/06 & Before	Female/Male	5 + Members



2023 - 2024 UCA All Star National Championship Divisions



IASF Elite Tier International Non Tumbling Divisions Offered at UCA

IASF Non Tumbling Divisions are only offered for Non US Teams

Level	Division	Birth Years	Age	Gender	Team Size
2	IASF U16 Level 2	2007-2012	12-16 Years Old	Female/Male	16-24 members
2	IASF U18 Level 2	2005-2010	14-18 Years Old	Female/Male	16-24 members
3	IASF U16 Level 3	2007-2012	12-16 Years Old	Female/Male	16-24 members
3	IASF U18 Level 3	2005-2010	14-18 Years Old	1 or more Males	16-24 members

IASF Open Divisions Offered at UCA

IASF Open Divisions are only offered for Non US Teams

Level	Division	Birth Years	Age	Gender	Team Size
3	IASF Open Level 3	Born in 2008 or earlier	15 years & older	No Males	16-24 members
3	IASF Open Level 3 Coed	Born in 2008 or earlier	15 years & older	1 or more Males	16-24 members
4	IASF Open Level 4	Born in 2008 or earlier	15 years & older	No Males	16-24 members
4	IASF Open Level 4 Coed	Born in 2008 or earlier	15 years & older	1 or more Males	16-24 members

DIVISIONS

UCA will adhere to the USASF guidelines for splitting competition divisions. Divisions will be split into Division I and Division II at the UCA All Star National Championship. Divisions will be evaluated periodically through the season. Please visit www.usasf.net for specific breakdowns and changes.

CROSSOVERS AT UCA ALL STAR COMPETITIONS & NATIONALS

An all star cheerleader is limited to crossing over to 2 (two) additional cheer teams from their gym during the competition. Crossovers at the UCA All Star National Championship will be allowed between most levels given the following restriction: Level 1 athletes will not be allowed to crossover to Levels 5, 6 or 7. UCA will attempt to ensure teams with crossovers do not have overlapping performances during times.

RULES AND REGULATIONS

All athletes and coaches attending the UCA All Star National Championship must be a rostered, listed on their official event roster and follow all of the rules and regulations of the event.

1-888-CheerUCA uca.varsity.com

**UCA All Star National Championship - Orlando, FL
March 8-10, 2024**