

NDA SCHOOL COMPETITION RULES

NDA RESERVES THE RIGHT TO BE THE ARBITRATOR AND INTERPRETER OF ALL RULES COVERED IN THIS DOCUMENT.

SCHOOL DANCE DIVISIONS

DIVISIONS	AGE / PARTICIPANT #s	CATEGORIES	MINIMUM TIME LIMIT	MAXIMUM TIME LIMIT
Traditional Rec – 12Y	2014 and Later (5-40 members)	Pom, Hip Hop, Jazz	No minimum	2 minutes
Traditional Rec – 14Y	2012 and Later (5-40 members)	Pom, Hip Hop, Jazz	No minimum	2 minutes
Traditional Rec – 12-18Y	6/1/2008-2014 (5-40 members)	Pom, Hip Hop, Jazz	No minimum	2 minutes
Elementary School	6th grade & below (5 - 40 members)	Pom, Hip Hop, Jazz	No minimum	2 minutes*
Junior High/Middle School**	9th grade & below (5 - 40 members)	Pom, Hip Hop, Jazz, Kick, GMD***	No minimum	2 minutes */***
Intermediate	12 th grade & below (5 – 40 members)	Jazz, Pom, Hip Hop	No minimum	2 minutes
Freshman	9 th & 10 th grade (5 – 40 members)	Jazz, Pom, Hip Hop	No minimum	2 minutes
Junior Varsity	12th grade & below (5 - 40 members)	Pom, Hip Hop, Jazz, Kick, TP*, GMD***	No minimum	2 minutes */***
Small Varsity	12th grade & below (5 - 10 members)	Pom, Hip Hop, Jazz, Kick, Military, TP*, GMD***	No minimum	2 minutes*/***
Medium Varsity	12th grade & below (11 - 14 members)	Pom, Hip Hop, Jazz, Kick, Military, TP*, GMD***	No minimum	2 minutes*/***
Large Varsity	12th grade & below (15 - 40 members)	Pom, Hip Hop, Jazz, Kick, Military, TP*, GMD***	No minimum	2 minutes*/***

Note: Recreational Divisions will not be offered at the NDA High School National Championship

TP = Team Performance

*All Team Performance Category time limits are 2 minutes 15 seconds (2:15)

GMD = Game Day

***All Game Day Division time limits are 3 minutes (3:00)

**Teams made up of only 9th grade members may not compete in the Junior High/Middle School division.

Intermediate Divisions will be split into Small (5-10) & Large (11+) at the NDA High School National Championship when there are 20 teams registered within division. Intermediate divisions will be split into Small (5-10), Medium (11-14) & Large (15+) at the NDA High School National Championship when there are at least 30 teams registered within the division.

Generally, High School/Junior High dance teams are made up of members from the same High School and/or Junior High or whose members are recognized by the High School/Junior High School district administration as being the official dance team of that High School/Junior High. High School/Junior High dance teams perform for particular organized sports at their school. Every team must consist exclusively of members that have not graduated from high school. Divisions are

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determined by the grade of the participants at the time of the competition, regardless of the participants' current ages. Every member of a team representing a school must be officially recognized by the competing school's administration as a member of the competing school's dance team. **Freshman & Junior Varsity teams may not be the primary competitive dance team or the only dance team at their school. Teams are only eligible to compete in the Freshman Division if both a Junior Varsity team and a Varsity team from the same school are also competing at the event.**

NDA strongly recommends that you have an alternate, not associated with another team, who is prepared to substitute in the event of injury, probation, etc. Once a team checks into the Championship, the team will not be allowed to change Divisions due to an injury (exception: if an injury reduces the number of participants on the team to below the Division requirement prior to their first performance).

All NDA Divisions are open to females and/or males. Teams are required to have a minimum of five members, and a .5 general rule deduction will be given for below the minimum participant number. Any participant on the performance floor is considered as a member. At the NDA High School National Championship, and at the discretion of NDA, Divisions may be split/combined based on the number of dancers per team in each Division.

Participants may not compete in multiple Divisions of the same Category at the same Competition (i.e. a dancer may not compete in Small Varsity Jazz and/or Large Varsity Jazz and/or Junior Varsity Jazz at the same Competition). Dancers and teams may perform in varying Divisions based on the numbers of participants in each Category or style (i.e. a team may enter Large Varsity Pom and Small Varsity Jazz). Teams must compete all routines at the same level with the exception of Kick, Team Performance, and Game Day since those do not have Intermediate divisions offered. (i.e. a team can compete in Varsity Intermediate Pom and Small Varsity Game Day but cannot compete in Varsity Intermediate Pom and Small Varsity Jazz.)

*Note: At NDA's discretion, divisions will be split when there are at least 3 teams registered in the **split** division at NDA Regionals & Classics. Example: At an NDA Regional, if there are 5 teams registered (3 small, 2 medium), the division will not be split because there are not 3 teams in each split division. When/if a division has less than 3 teams, they may be combined into the same size division. Example: If there were 8 teams registered (5 small, 2 medium, 1 large), Small would split (5 Small), and Medium and Large (3 Medium) would be combined. Please see nda.-varsity.com for the most up-to-date info on NDA Nationals. Please see Soloist & Small Group Rule Book for divisions and rules concerning Solos, Duos, and Trios.*