

2023 TEAM DANCE FORMATIONS

Beginner Team Dance

HIP HOP

```
      X          X          X          X
        X      X      X      X      X
          X      X      X      X
            X      X      X
              X      X
                X
```

TRANSITION ON TURN INTO ROCKS

```
  X    X    X    X    X    X    X
    X    X    X    X    X    X    X
```

POM

TRANSITION ON PUSH DOWN, 7 & 8 STEPS

```
  X          X
  X      X      X
  X      X      X
  X      X      X
  X      X      X
```

TRANSTION ON POM PUNCHES

```
      X      X
    X      X      X
  X      X      X      X
    X      X      X
      X      X
```

KICK

TRANSITION ON DRAG & SNAP WALKS

X X X X X X X X X X X X X X X

JAZZ

TRANSITION WALKS TO START JAZZ SECTION

X X X X X X
X X X X X
X X X X X X

TRANSITION ON OUT, WRAP, SHAMPOO WALKS

X X
X X X
X X X X
X X X
X X

Intermediate/Advanced Team Dance Formations

JAZZ

X X X X X
X X X X X
X X X
X X

TRANSITION ON WALKS AFTER SHIMMY

X X X X X
X X X X X
X X X X X

HIP HOP

TRANSITION AFTER PIROUETTE INTO HIP HOP

X		X			X		X
	X		X		X		X
		X		X		X	
			X		X		
				X			

KICK

TRANSITION TO KICK WITH WALKS

	X		X		X		
X		X		X		X	
	X		X		X		X
		X		X		X	X
			X		X		X

POM

TRANSITION TO POM ON 2, 3, 4

X		X		X		X
	X		X		X	
X		X		X		X
	X		X		X	

Elite Team Dance Formations

JAZZ

	X		X		X		X
		X		X		X	
	X		X		X		X
		X		X		X	

```

X           X           X           X           X
      X           X           X           X
X           X           X           X           X

```

X X X X X X X X X X X X X

X X X X X X X

X X X X X X X

TRANSITION AFTER TILT

X		X		X		X
	X		X		X	
X		X		X		X
	X		X		X	

POM

TRANSITION TO POM – PREP TENDU, TRANSITION

X		X		X		X		X
	X		X		X		X	
		X		X		X		
			X		X			

TRANSITION GROUP – FLAT BACK RUN

		X		X		
	X		X		X	
X		X		X		X
	X		X		X	
		X		X		
