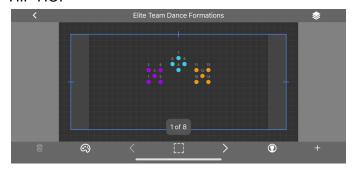
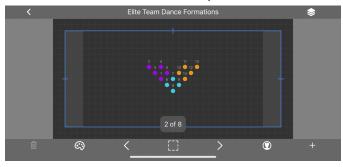
# TEAM DANCE FORMATIONS SUMMER 2021

## <u>ELITE</u>

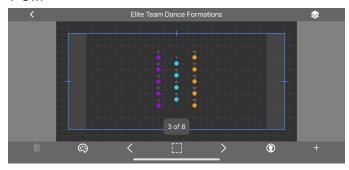
1. HIP HOP



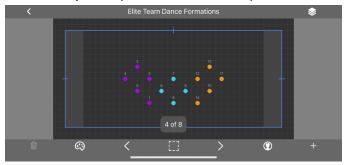
2. CENTER SLIDES THROUGH (3rd 8 count - slide through)



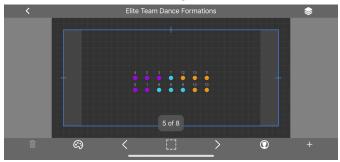
3. POM



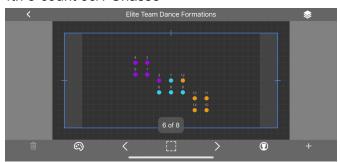
4. Column Split off (after 4 count break)



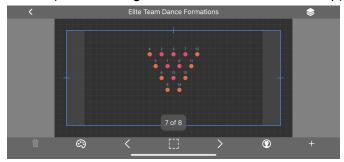
5. KICK (Parts- Purple over right shoulder, Blue middle stay, Orange over left shoulder)



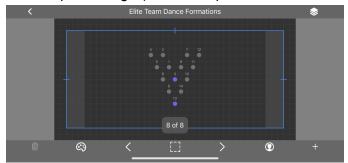
6. 4th 8-count 3&4 Chasse



7. JAZZ (Parts- Orange outside down, Pink inside up)

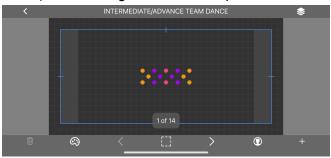


8. Center pull through (Parts - Purple chaine forward, Grey chaine back)

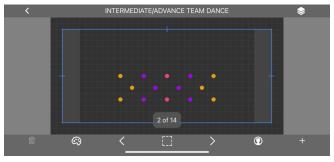


### **INTERMEDIATE/ADVANCED**

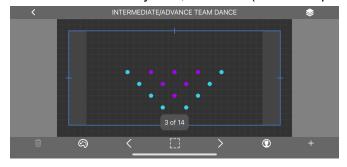
1. POM (Parts- Orange roll out 1, Purple roll out 2, Pink roll forward 3)



2. (Part Groups- Outside to Inside)



3. POM:Transition: Pony 1&2, Walk 3-4 (Parts- Purple Toe Touch, Blue go down to inside)



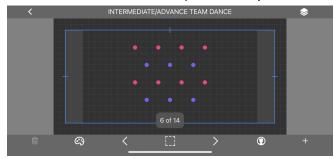
4. POM: Cheerio groups (Parts - Pink down 5, Orange down 6, Yellow down 7)



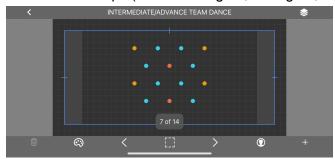
5. POM: K Swing (Parts - Blue swing 5, Purple swing 6)



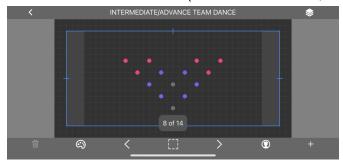
6. Muscle Transition to JAZZ (Parts - Purple to touch down, Pink to T)



7. JAZZ: Grab to hips (Parts - Pink go 2, Blue go 3, orange go 4)



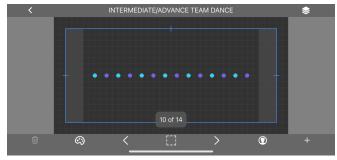
8. JAZZ transition turn around (Parts - Pink down 5, Purple down 6, Grey down 7)



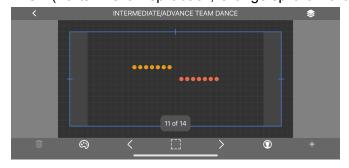
9. JAZZ transition to clump (Parts - Orange to T, Yellow to ear)



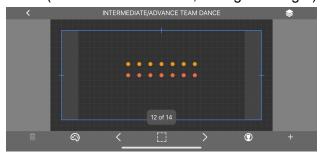
10. KICK (Parts - Purple group 1, Blue group 2)



11. KICK (Parts - Yellow split back, Orange split forward)



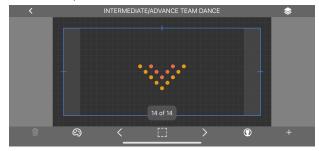
12. KICK (Parts - Yellow kick left, Orange kick right)



13. HIP HOP transition pump chest (Parts grab wrist - Pink &6, Purple &7, Blue &8)

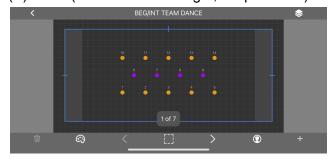


14. HIP HOP (Parts Kick forward - Yellow 5&6, Orange 7&8)

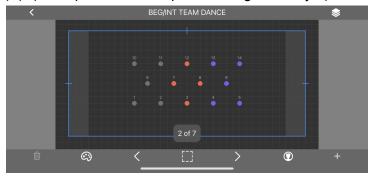


## **BEGINNER**

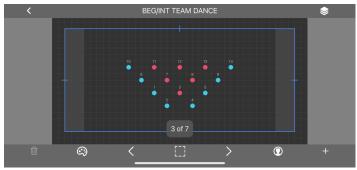
1. (A) JAZZ (Parts - Yellow to right, Purple to left)



1. (B) (Parts push to T - Purple 1, Orange 2, Grey 3)



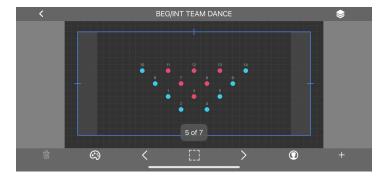
2. (A) HIP HOP transition shoulder shoulder walk (Parts - Blue go 1, Pink go 2)



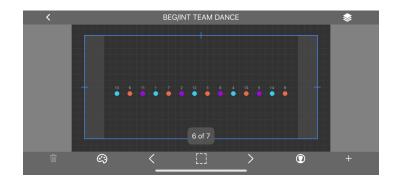
2. (B) HIP HOP (Parts - Yellow go down, Orange stay up)



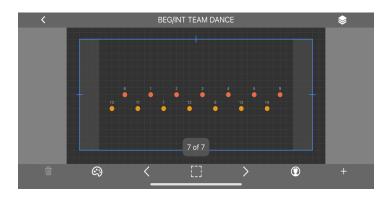
2. (C) HIP HOP (Parts - Blue go down, Pink stay up)



3. KICK (Parts - Orange 2, Blue 3, Purple 4)

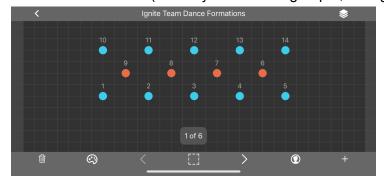


4. KICK transition drag to POM (Parts - Yellow go down, Orange Stay up)

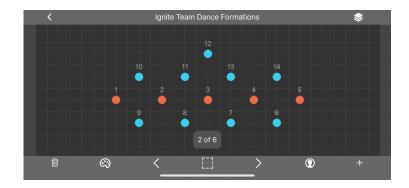


## **IGNITE**

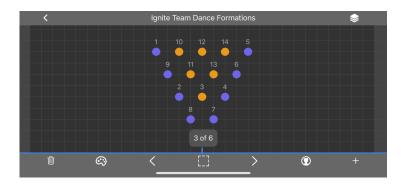
1. FIGHT SONG - POM (Parts by lines - Blue group 1, Orange group 2)



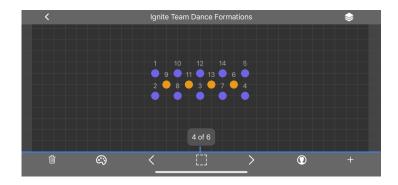
2. FIGHT SONG POM transition spirit forward)



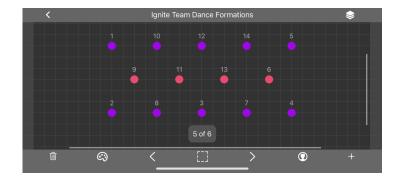
3. Spirit transition to SPIRIT RAISING (Parts open arms - Purple open 5, Yellow open 7)



4. Transition shoulder roll forward (Parts - Purple open 1, Yellow open 3)



5. Clap transition to PERFORMANCE ROUTINE (Parts - Purple up, Pink down)



6. PERFORMANCE ROUTINE transition over head (Part with leaps- Purple 8, Pink 2)

