



BUILD YOUR OWN

VIRTUAL NDA HOME CAMP SCHEDULE

EXPERIENCE CAMP SAFELY ONLINE WITH ONE-ON-ONE ATTENTION FROM THE BEST !

VIRTUAL OPTIONS

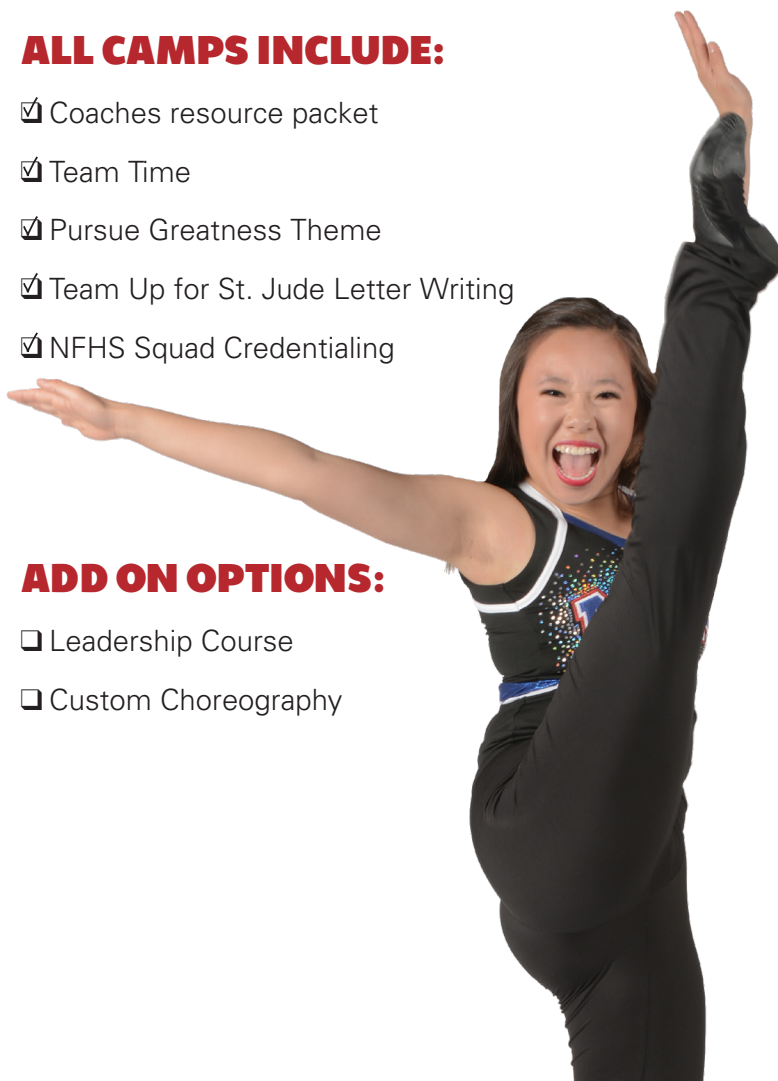
- ☐ Game Day Implementation Class
- ☐ Sidelines (Jazz, Pom & Hip Hop) & Band Chant
- ☐ Turn Technique Class
- ☐ Kick Technique Class
- ☐ Pom Technique Class
- ☐ Hip Hop Skills Class
- ☐ Hip Hop Fundamentals Class
- ☐ Dance Fundamentals Class
- ☐ Leaps & Jumps Technique Class
- ☐ Jazz Style Routine Review
- ☐ Pom Style Routine Review
- ☐ Hip Hop Style Routine Review
- ☐ Kick Style Routine Review
- ☐ Contemporary/Lyrical Style Routine Review
- ☐ Drill Style Routine Review
- ☐ Custom Coaching

ALL CAMPS INCLUDE:

- ☒ Coaches resource packet
- ☒ Team Time
- ☒ Pursue Greatness Theme
- ☒ Team Up for St. Jude Letter Writing
- ☒ NFHS Squad Credentialing

ADD ON OPTIONS:

- ☐ Leadership Course
- ☐ Custom Choreography



HOW IT WORKS

Three days prior to your camp start date, you will receive an email from us with an invite that unlocks your personal Zoom meeting. As the coach, you will simply forward the invite along to all of your athletes and make sure they know what time camp starts. Everyone can log in from their homes, meet the instructors and learn, bond and grow together while apart!