

## STEPS FOR AN ONLINE TRYOUT

1. **Create a virtual tryout welcome letter** - This will be welcoming athletes to the online tryouts process and giving out all due dates. See sample on page 2.
2. **Tryout Paperwork**
  - a. Team Application - See sample on page 3.
  - b. Physical / Medical Consent Forms
  - c. Team Requirements and Budget - Attach a shortened copy of your team requirements and budget. You want to make sure they are informed on what they are getting involved in and are prepared for everything that comes with your team.
  - d. Consent Form - See sample on page 4.
3. **Online Tryout Video Breakdown and Uploading Tips** - See sample on page 5.
4. **Online Tryout Scoresheets** - See sample on page 6.
5. **Judges** - Varsity will be able to provide you with virtual judges to all teams signed up for a 2020 Varsity Spirit Summer Camp.
6. **New Team Welcome Letter** - This will be what you need to welcome your new team and give them via email. Make sure you have this ready so that even though you haven't met them in person, yet you can set your expectations for anything you



## 1. SAMPLE WELCOME LETTER

# ABC HIGH SCHOOL DANCE TEAM

## Tryout Packet 2020-2021

All portions of the tryout will be conducted online. Please see below for the due dates. If you have any questions, feel free to email [Coach@example.com](mailto:Coach@example.com). We will be announcing the team on our dance team website [www.abcdanceteam.com](http://www.abcdanceteam.com).

**APRIL 1**

Tryout Paperwork Due

**APRIL 6**

Online Tryout Videos Due

**APRIL 9**

ABC High School Team  
Announcement



## 2. A- SAMPLE TEAM APPLICATION

### ABC HIGH SCHOOL DANCE TEAM 2020-2021 APPLICATION

#### BASIC INFORMATION (please print):

Applicant Name: \_\_\_\_\_

Upcoming Grade Level: \_\_\_\_\_

Applicant Cell Phone: \_\_\_\_\_

Applicant Email: \_\_\_\_\_

#### PARENT/GUARDIAN INFORMATION:

1. \_\_\_\_\_  
NAME RELATIONSHIP TO APPLICANT EMAIL

2. \_\_\_\_\_  
NAME RELATIONSHIP TO APPLICANT EMAIL

#### GRADE/ADMINISTRATION ELIGIBILITY REQUIREMENTS:

School currently attending: \_\_\_\_\_ GPA: \_\_\_\_\_

*\*Please attach a printout of your most recent transcript/grade report from online.*

Disciplinary Record History: (list any disciplinary referrals you have had and explain)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Applicant: Please write a brief statement explaining your decision to tryout for the ABC High School Dance Team and the expectations that you have for the upcoming year:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



## 2. D- SAMPLE CONSENT FORM

### ABC HIGH SCHOOL DANCE TEAM 2020-2021 CONSENT FORM

Participation on the ABC High School Dance Team is a privilege, not a right. I have read the ABC High School Dance Team Requirements and fully understand the commitment and expense required of me as a dance team member. I understand that I will receive the complete ABC High School Dance Team requirements and budget if/when I make the team. I understand that if I am unable to meet the requirements set forth in the requirements and budget, I will forfeit my membership as a member.

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STUDENT SIGNATURE

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DATE

I have read the ABC High School Requirements and am fully aware of the commitment and expense that the team would mean to my daughter/son. I understand that I will receive the complete requirements and budget if/when my daughter/son makes the team. I understand and fully aware that this tryout will be held online, and I give consent to my daughter/son to be evaluated by the videos we submit.

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PARENT/GUARDIAN SIGNATURE

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DATE

Accepted By:

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SPONSOR/COACH SIGNATURE

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DATE



## 3. SAMPLE VIDEO BREAKDOWN & UPLOADING TIPS

Please provide the following in your ABC High School video tryout:

**1. INTRODUCTION** - Please introduce yourself, what grade you'll be in the fall and your age.

**2. SHOWCASE TECHNICAL SKILLS** - Please showcase the following technical skills: Right kick, left kick, toe touch, Double right and left pirouette, triple right pirouette, turn combo of choice, Grand Jete, leap of choice, aerial (optional), and any hip hop skills of your choice (optional).

### 3. ACROSS THE FLOOR PROGRESSION (OPTIONAL)

- **BEGINNING:** Right front kick, step left front kick, right side kick, start with right foot - 4 step prep into single or double turn, chasse right leap.
- **INTERMEDIATE:** Right front kick, left front kick, side right kick, start with right foot - 4 step prep into double or triple turn, chaine calypso, step step, second jump.
- **ADVANCED:** Right front kick, left front kick, side right kick, back Pas de bourrée into right leg hold turn, ball change with right foot, soutenu turn, pile into 4 steps into prep 3 al a second turns into double or triple turn, down chaine calypso step step second jump.

### 4. 1 MINUTE DANCE COMBINATION

Please learn and perform a routine from our tryout routine videos. Music Information can be found here as well.

[UDA Tryout Routine](#)

[NDA Tryout Routine](#)

[USA Tryout Routine](#)

Add two 8 counts of your own choreography at the beginning or end of the combo to showcase your own dance skills.

### 5. CAMERA INTERVIEW

- Why would you like to be a part of the ABC High School Dance Team?
- What do you feel you can bring to the ABC High School Dance Team?
- If you were selected as a team member, what would you be most excited about?

### 6. RECOMMENDATION LETTER - Attach (1) letter of recommendation.

Suggested Video Uploading Tips:

- Upload video to YouTube or Vimeo.
- Title video "2020 (insert dance team name) Team Audition- [insert first & last name]"
- Make sure your video is set to "private" OR "only those with a link can view."
- Copy and paste YouTube or Vimeo link into email coach.
- Break up the video links for the 5 audition requirements (example: Technique link)
- Submit all required items by (insert submission date) by google drive, dropbox.



## 4. SAMPLE ONLINE SCORE SHEET

### ABC DANCE TEAM ONLINE TRYOUT SCORE SHEET

Candidate Number \_\_\_\_\_

Judge \_\_\_\_\_

CATEGORY	POSSIBLE POINTS	Judge PTS	Critique
Kicks	5		
Double Pirouette	5		
Triple Pirouette	5		
Turn Combo	10		
Leaps	10		
Aerial	10		
Hip Hop Skills	10		
Across The Floor	10		
Tryout Dance	25		
Interview	10		

Tabulator Use Only

Total Points \_\_\_\_\_

