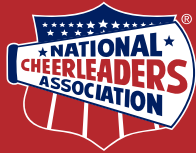


# THINGS TO BRING



Grab your signs, poms and megaphones - it's time to pack for NCA Summer Camp!



## HIGHLY RECOMMENDED ITEMS:

- UNIFORMS- May be worn during Evaluations & Final Day
- ANY NECESSARY MEDICATION
- BEDDING AND TOWELS \*University camps only
- CAMP WEAR
- CHEER SHOES
- FUN DAY OUTFIT/ACCESSORIES  
Teams are encouraged to dress up for this summer's theme- UNITE! Show off your creativity and team spirit by dressing as your favorite dynamic duos or perfect pairs.
- GAME DAY PROPS: FLAGS, POMS, MEGAPHONES, SIGNS, TEAM MASCOT
- HAIR TIES AND RIBBONS
- INSECT REPELLANT
- MONEY FOR THE VARSITY SPIRIT SHOP - Credit Cards only
- SHOWER SHOES
- SUNSCREEN
- UMBRELLA AND RAINCOAT
- 1 INDEX CARD PER ATHLETE FOR TEAM TIME

- SPIRIT EXCHANGE ITEMS
- A GREAT ATTITUDE!
- Completed Liability Release Forms on MYVARSITY

### ADDITIONAL ITEMS FOR MASCOTS:

- ATTIRE FOR MASCOT (GET CREATIVE!)
- POSSIBLE CHANGE OF CLOTHES
- TOWEL
- SKIT IDEA
- SKIT MUSIC & DEVICE (PHONE/LAPTOP)
- SKIT PROPS
- SHARPIE
- ANY ARTS/CRAFTS SUPPLIES (MARKERS, CONSTRUCTION PAPER, DUCT TAPE, ETC.)

*\* Mascots will need access to team flags, pom, signs & megaphones.*

### ADDITIONAL ITEMS FOR LEADERSHIP & CHRISTIAN CAMPS:

- SCHOOL T-SHIRT FOR T-SHIRT SWAP
- BIBLE \*Christian camps only
- 1 INDEX CARD PER ATHLETE
- 1 HALF POSTER BOARD PER TEAM
- MARKERS

## LEAVE AT HOME:

- GUM
- JEWELRY



nca.varsity.com  
800.NCA.2WIN