



2026-2027 NCA HIGH SCHOOL SCORING GUIDELINE- INTERMEDIATE DIVISION

NCA Reserves the right to make all final scoring and legality decisions

STUNT AND TUMBLING DIFFICULTY SCORES			
STUNT DIFFICULTY	PYRAMID DIFFICULTY	TUMBLING DIFFICULTY	JUMP DIFFICULTY
1.0-3.0	1.0-3.0	1.0-2.0	2.5
Does not meet the below skill or participant requirements	Does not meet the below skill or participant requirements	Does not meet the below skill or participant requirements	Does not meet the below requirements
3.0-4.5	3.0-4.5	2.0-3.0	4.0
<ul style="list-style-type: none"> •Extension Preps OR •One Leg Variations Below Prep Level 	<ul style="list-style-type: none"> Pyramids involving •Extended Two Leg Stunt AND/OR •One Leg Stunt at Prep Level 	<ul style="list-style-type: none"> •Cartwheels OR •Round-offs OR •Forward/Backward Rolls 	Single Advanced Jumps by MOST synchronized
4.5-6.0	4.5-6.0	3.0-4.0	4.5
<ul style="list-style-type: none"> •Extensions OR •One Leg Variations at Prep Level 	<ul style="list-style-type: none"> Pyramids involving •Extended One Leg Stunt (multiple) •Multiple (2 or more) Novice level transitions 	<ul style="list-style-type: none"> •Round-off BHS OR •Stand BHS •Jump/Single BHS Combination 	Double Jump Combinations by MOST synchronized
6.0-7.5	6.0-7.5	4.0-5.0	5.0
<ul style="list-style-type: none"> •Extended One Leg Stunts AND •Single Twisting transition or dismount to or from a Two Leg Stunt OR from a single leg originating at prep level. 	<ul style="list-style-type: none"> Pyramids involving •Multiple transitional elements, one of which is a release AND •multiple extended structures including extended one leg stunts. 	<ul style="list-style-type: none"> •Round-off BHS Back Tucks OR •Round-off Tucks OR •Standing BHS Series OR •Jump/ consecutive BHS combinations 	Triple Jump combinations or Double Jump combinations and a Single Jump by MOST synchronized MUST include VARIETY

MINIMUM QUANTITY CHARTS

The number of stunt groups/athletes is the minimum number that should be executed. Utilizing ALL stunt groups/athletes could positively impact your difficulty scores.

#Athletes	Stunt	Pyramid	#Athletes	Tumbling	Jumps
5 - 10	1	2	5-7	5	5
11 - 14	2	2	8-10	7	7
15 - 19	3	3	11-13	9	9
20 - 25	4	4	14-17	12	12
26 - 30	5	5	18-21	15	15
			22-25	19	19
			26-30	22	22

*Difficulty factors include the following: Difficulty of skills performed, athlete participation, pace, variety and quantity in this order

*See level appropriate guideline for skills that meet and exceed the range requirements to drive the score

*Tumbling will be cumulatively considered to determine a scoring range; however once within a range, athlete participation and synchronization will impact your score