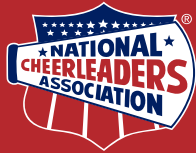


THINGS TO BRING



Grab your signs, poms and megaphones - it's time to pack for NCA Summer Camp!



HIGHLY RECOMMENDED ITEMS:

- ☐ UNIFORMS- May be worn during Evaluations & Final Day
- ☐ ANY NECESSARY MEDICATION
- ☐ BEDDING AND TOWELS *University camps only
- ☐ CAMP WEAR
- ☐ CHEER SHOES
- ☐ FUN DAY OUTFIT/ACCESSORIES
Teams are encouraged to dress up for this summer's theme- ALL IN! Channel your inner Wildcat by dressing up as your favorite High School Musical Character.
- ☐ GAME DAY PROPS: FLAGS, POMS, MEGAPHONES, SIGNS, TEAM MASCOT
- ☐ HAIR TIES AND RIBBONS
- ☐ INSECT REPELLANT
- ☐ MONEY FOR THE VARSITY SPIRIT SHOP - Credit Cards only
- ☐ SHOWER SHOES
- ☐ SUNSCREEN
- ☐ UMBRELLA AND RAINCOAT
- ☐ 1 INDEX CARD PER ATHLETE FOR TEAM TIME

- ☐ SPIRIT EXCHANGE ITEMS
- ☐ A GREAT ATTITUDE!
- ☐ Completed Liability Release Forms on MYVARSITY

ADDITIONAL ITEMS FOR MASCOTS:

- ☐ ATTIRE FOR MASCOT (GET CREATIVE!)
- ☐ POSSIBLE CHANGE OF CLOTHES
- ☐ TOWEL
- ☐ SKIT IDEA
- ☐ SKIT MUSIC & DEVICE (PHONE/LAPTOP)
- ☐ SKIT PROPS
- ☐ SHARPIE
- ☐ ANY ARTS/CRAFTS SUPPLIES (MARKERS, CONSTRUCTION PAPER, DUCT TAPE, ETC.)

** Mascots will need access to team flags, pom, signs & megaphones.*

ADDITIONAL ITEMS FOR LEADERSHIP & CHRISTIAN CAMPS:

- ☐ SCHOOL T-SHIRT FOR T-SHIRT SWAP
- ☐ BIBLE *Christian camps only
- ☐ 1 INDEX CARD PER ATHLETE
- ☐ 1 HALF POSTER BOARD PER TEAM
- ☐ MARKERS

LEAVE AT HOME:

- ☐ GUM
- ☐ JEWELRY



nca.varsity.com
800.NCA.2WIN