



2025-2026 NCA HIGH SCHOOL SCORING GUIDELINE- NOVICE DIVISION

NCA Reserves the right to make all final scoring and legality decisions

STUNT AND TUMBLING DIFFICULTY SCORES

STUNT DIFFICULTY	PYRAMID DIFFICULTY	TUMBLING DIFFICULTY	JUMP DIFFICULTY
1.0-3.0	1.0-3.0	1.0-2.0	2.5
Does not meet the below skill or participant requirements	Does not meet the below skill or participant requirements	Does not meet the below skill or participant requirements	Does not meet the below requirements
3.0-4.5	3.0-4.5	2.0-3.0	4.0
Prep level OR below prep level single leg requirement performed by less than MOST	Pyramid skills do not meet the 3.0-4.0 requirements by MOST	Tumbling skills do not meet the 3.0-4.0 requirements by MOST	Single Advanced Jumps by MOST synchronized
4.5-6.0	4.5-6.0	3.0-4.0	4.5
<ul style="list-style-type: none"> •Extension Preps OR •One Leg Variations Below Prep Level 	Pyramids involving <ul style="list-style-type: none"> •Extended Two Leg Stunt AND/OR •One Leg Stunt at Prep Level 	<ul style="list-style-type: none"> •Cartwheels OR •Round-offs OR •Forward/Backward Rolls 	Double Jump Combinations by MOST synchronized
6.0-7.5	6.0-7.5	4.0-5.0	5.0
<ul style="list-style-type: none"> •Extensions OR •One Leg Variations at Prep Level 	Pyramids involving <ul style="list-style-type: none"> •Extended One Leg Stunt (multiple) •Multiple (2 or more) Novice level transitions 	<ul style="list-style-type: none"> •Round-off BHS OR •Stand BHS 	Triple jump combinations or double jump combinations and a single jump by MOST synchronized MUST include VARIETY

MINIMUM QUANTITY CHARTS

#Athletes	Stunt	Pyramid	#Athletes	Tumbling	Jumps
5 - 10	1	2	5-7	5	5
11 - 14	2	2	8-10	7	7
15 - 19	3	3	11-13	9	9
20 - 25	4	4	14-17	12	12
26 - 30	5	5	18-21	15	15
			22-25	19	19
			26-30	22	22

The number of stunt groups/athletes is the minimum number that should be executed. Utilizing ALL stunt groups/athletes could positively impact your difficulty scores.

*Difficulty factors include the following: Difficulty of skills performed, athlete participation, pace, variety and quantity in this order

*See level appropriate guideline for skills that meet and exceed the range requirements to drive the score

* Tumbling will be cumulatively considered to determine a scoring range; however once within a range, athlete participation and synchronization will impact your score

