



2025

# UCA & UDA ALL STAR

## FINAL EVENT INFORMATION



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We are so excited to see you and your team in Orlando for the UCA & UDA All Star National Championship! We can't wait to bring this championship experience to you and your team as safely as possible, while still capturing the Disney magic you've come to know and expect from Varsity All Star.

This information guide contains VERY IMPORTANT information for you to go over with everyone traveling to Orlando with you. We suggest giving a copy of this guide to every participant to share with their parents even if they have been to the Championship in the past.

Use the Table of Contents below to access information by clicking on the link. That link will take you directly to that page and information.

If you have any questions or need anything, please contact your Registration Specialist, or call us at 1-800-238-0286 option 2.

Melanie Berry  
Senior Vice President  
Competitions & Special  
Events

Catherine Morris  
Vice President  
Competitions & Special  
Events

## Registration Changes

Any and all registration changes must be requested through the link on your [MyVarsity account](#). Changes will be processed in the order they are received. We cannot take change requests via email. Please contact your registration specialist for questions only. Terms and Conditions for the event can be found [HERE](#).

## Transportation to/from the Airport

Transportation to and from the airport is not included in the Hotel Travel Package. It is about a 30-minute trip from the Orlando Airport (MCO) to Disney. There are various options for transportation however there are a few options we suggest.

### **Mears Connect**

If you are interested in booking transportation through Mears Connect, rates are below including a 10% discount.

#### **ONE WAY:**

- From Orlando International Airport (MCO) to Hotel:
  - Adults and athletes = \$16.00
  - Child (Ages 3 – 9) = \$13.00
- From Hotel to Orlando International Airport (MCO):
  - Adults and athletes=\$14.40
  - Child (Ages 3 – 9): \$11.70

#### **ROUND TRIP:**

- Adults and athletes = \$30.40
- Child (Ages 3 – 9) = \$24.70

If you would like to book transportation through Mears Connect, please click [HERE](#). You can book transportation through whoever you wish but wanted to offer Mears Connect as an option. Click [HERE](#) for some Frequently Asked Questions.

## Hotel Information (Hotel Travel Package only)

For those staying on the hotel travel package, approximately three weeks before the Championship you will receive an email with your hotel assignment.

### **VALUE RESORTS:**

Disney's All Star Sports Resort  
1701 West Buena Vista Drive  
Lake Buena Vista, FL 32830

Disney's All Star Music Resort  
1801 West Buena Vista Drive  
Lake Buena Vista, FL 32830

Disney's All Star Movies Resort  
1901 West Buena Vista Drive  
Lake Buena Vista, FL 32830

When you arrive at the Walt Disney World Resort you should be dropped off at the front desk of your assigned hotel. Then ONE PERSON, the main contact on the room reservation, will check in and receive room keys for the group. Once you receive your keys, you can take your luggage to your rooms and get settled in. Just a reminder that hotel quiet hours are 10:00 pm until 8:00 am. Also, we are not able to give out hotel confirmation numbers for this event. You will be given a physical key to use to enter your room.

## Early Arrival (Hotel Travel Package only)

It is very important that you know ahead of time that rooms are not guaranteed to be ready until after 4:00 pm. If you arrive earlier, the hotel will gladly store your luggage so that you can go out and enjoy the day shopping at Disney Springs, hanging out by the pool, or visiting a Theme Park, etc.

## Luggage (Hotel Travel Package only)

Be sure to label each bag with your team's name and hotel for easy identification. It is also highly recommended that you pack your competition uniform and any other necessary items in your carry-on bags in case your checked luggage gets delayed.

## Registration with UCA/UDA in Orlando

**Coaches** will receive an email about three weeks prior to the Championship with specific information about registration onsite in Orlando and a link to sign up for a time to register on site. Here you will meet with the Varsity staff to complete your registration for the event.

### **Coaches will need to bring to registration:**

- Signed copies of the release waivers for each athlete and coach
  - [UCA UDA - Release Waiver](#)
- US Teams: printed copy of music provider/music licensing information
- US Teams: USASF Compliance Cover
- International teams: Signed copy of Music Clearance [HERE](#)

During Registration, Coaches will receive:

- Name tags and lanyards
- Coaches will receive ESPN Wide World of Sports credentials for all athletes and coaches on their roster. See below under ESPN Wide World of Sports Access for more information.
- Celebration Party wristbands (for those on the hotel travel package)
- Friday night Extended Hours wristbands (for those on the hotel travel package)
- Any additional meal vouchers, Celebration Party tickets that were ordered outside of the standard hotel package.

**Friends and Family that are on the hotel travel package** that registered separately from the team, will also receive an email about three weeks prior to the Championship with a link to sign up for a registration time.

During registration you will receive:

- Name tags and lanyards
- Celebration Party wristbands
- Friday night Extended Hours wristbands

**Friends and Family who ONLY purchased Theme Park tickets** DO NOT need to register for a time. Their ticket numbers are sent via email once they are paid in full so there is no need to check in with Varsity.

**Friends and Family who purchased Celebration Party wristbands or meal vouchers** do NOT need to sign up for a registration time to pick those up in Orlando. You can just come to Celebrity Hall during Office Hours to pick them up.

Registration days and times are listed below as well as Registration locations. These are the times for all Hotel Travel Package hotels.

- **Disney’s All Star Resorts:** Celebrity Hall between Disney’s All Star Sport/Music

Wednesday, March 5, 2025	9:00 am - 9:00 pm
Thursday, March 6, 2025	9:00 am - 9:00 pm
Friday, March 7, 2025	8:00 am - 8:00 pm

If you are delayed in your arrival and cannot make your check-in appointment time, please come to the Championship office at your hotel during scheduled registration hours to reschedule your appointment.

## Championship Office Hours

During the Championship, the Championship office will be open for any questions or assistance you might need. Championship Office is located at Celebrity Hall between Disney’s All Star Sports and Music.

**The Championship office hours are:**

Wednesday, March 5, 2025	9:00 am - 9:00 pm
Thursday, March 6, 2025	9:00 am-9:00 pm
Friday, March 7, 2025	8:00 am -10:00 pm
Saturday, March 8, 2025	8:00 am-10:00 pm
Sunday, March 9, 2025	8:00 am-10:00 pm
Monday, March 10, 2025	8:00 am-2:00 pm

## Official Championship Lanyards / Credentials

Each registered participant, coach, and any hotel travel package spectator will receive an official Championship lanyard at registration. Coach and Participant lanyards **MUST** be worn to gain entrance in and out of Championship Venues including practice areas. Hotel Travel Package attendees will have a different lanyard than Commuter Athletes and Coaches. The hotel travel package lanyard will be your ticket to ride Championship buses to and from the venues and Celebration Party.

## Order of Competition and Schedule of Events

The tentative order of competition will be released approximately one month prior to the Championship. You may view the tentative Block schedule and Order of Competition below. Please note that the block schedule is tentative and subject to change depending on registrations including what divisions are on what days.

[BLOCK SCHEDULE](#)

[ORDER OF COMPETITION](#)

## Competition Venues

This year's competition will take place in:

- The AdventHealth Arena at ESPN Wide World of Sports ® Complex
- Athletic Center
- The State Farm Field House

Admission into ESPN Wide World of Sports is included only for those on the Championship hotel travel package, anyone on the Commuter Package AND anyone purchasing Disney tickets from Varsity Spirit.



Priority Fan Viewing will be available in the State Farm Field House and the Athletic Center. See the maps below for the line up areas and flow. There is no Priority Fan Viewing in the AdventHealth Arena.

Please click [HERE](#) for a few general Walt Disney World Property Rules that include ESPN Wide World of Sports. Few additional reminders:

- There are also no wheelchair rentals at the Complex. Wheelchairs are first come, first served.
- Confetti inside or outside the venues is not allowed.
- No artificial noisemakers
- Alcoholic beverages may not be brought into ESPN Wide World of Sports ® Complex.
- Drones are not allowed.
- Strollers/wagons can be used inside ESPN Wide World of Sports ® Complex but cannot be taken inside the competition venues.

## Venue Maps

Click on each map below for more information about the layout and flow of each venue.

- Overall ESPN Wide World of Sports ®
- AdventHealth Arena
- Athletic Center (formerly the Visa Athletic Center)
- State Farm Field House (formerly the HP Field House)

## Customer Service

There will be two Customer Service locations at ESPN Wide World of Sports. One will be in the Box Office outside of the Advent Health Arena and the second will be right in front of the Stadium across from the State Farm Field House. These locations will be able to answer general questions or assist you in getting to the correct location to ask those questions.

## ESPN Wide World of Sports ® Single Day Spectator Tickets

Anyone not on the hotel travel package or who has not purchased Walt Disney World Theme Park tickets from Varsity who needs to purchase tickets into ESPN Wide World of Sports ® can purchase them for \$45 per day. Please pre-purchase these online prior to arriving in Orlando. Once you purchase your ticket online, you will receive an email from ESPN Wide World of Sports ® with your tickets. When you arrive at the Sports Complex, you will show your ticket barcode to enter. The \$45.00 admission per day will get you into all Championship venues. Please keep in mind that the tickets are date specific so only purchase the days you need.

Ticket link will be available approximately two weeks prior to the Championship.

[PURCHASE SINGLE DAY TICKETS](#)

## ESPN Wide World of Sports ® Parking

There is free parking available at ESPN Wide World of Sports. There are two additional priority levels of parking available for purchase. ESPN will have Platinum and Premium Parking available for purchase. This is first come, first served, and has limited availability.

Parking can be purchased from ESPN Wide World of Sports by clicking [HERE](#).

## Meal Vouchers

Meal Vouchers are available for **pre- purchase only** prior to arriving in Orlando for \$20 each. Each meal voucher is good for lunch or dinner at select locations on property. They are not valid for breakfast. Click [HERE](#) for the list of locations where these can be redeemed.



## ESPN Wide World of Sports ® Food Options

While at the ESPN Wide World of Sports Complex, there are several food options available. Field 20 (between the State Farm Field House and the Athletic Center) will have several food trucks throughout the weekend. There are also food options inside the State Farm Field House and the Athletic Center. There are also multiple concession stands in the AdventHealth Arena and also inside the Stadium. About a week before the Championship, we will post the exact times and which food locations will be open.

## Private Buses

If your team is bringing a chartered bus or renting a bus during your trip, for those staying on the hotel travel package, please have them pick your team up in the parking lot closest to your hotel rooms. Disney will not allow buses to pull into the front lobby areas and hold for any amount of time.

At the ESPN Wide World of Sports Complex, private chartered buses will be directed to load and unload in the private bus parking lot. **NEW!** Buses are not able to stage or sit in that lot, only drop and pick up. Click [HERE](#) for a map of the pickup/drop off location. Once they have dropped off, they can go to the parking lot behind the McDonald's near the entrance to Disney's All-Star Resorts to park.

## Varsity Spirit Bus Transportation to Events (Hotel Travel Package Only)

For those on the hotel travel package, transportation to and from all Varsity events is included in your package. You must wear your Blue Championship name tag to ride the championship buses. Your name tag and lanyard are your ticket to use this special transportation. Commuters may not use Varsity buses to the Championships. [CLICK HERE](#) to view the Bus Schedule for all hotel packages.

## Event Health and Safety Information

Your health and safety is always our #1 priority. Before arriving to the championship, be sure to talk to your team's Safety Champion for updates. Each team must have a Safety Champion who is 18 years or older and who is not the coach. Each Safety Champion must complete the Safety Champion training sent out before the event. If you have multiple teams, you must have a different Safety Champion for each team. You should have listed your Safety Champion when you registered for the Championship.

## Walt Disney World ® Theme Park Tickets

Once you are paid in full, you will receive an email from Varsity Spirit with your theme park ticket number for each person on your invoice. You will then need to complete the steps below to enter any Theme Park. If you have paid in full and have not received your ticket number email, please contact your Registration Specialist. If you do not complete the steps below, it could delay you and your team getting into a Theme Park. **Please be sure to assign the person's name listed next to the ticket number to that person.**

### Ticket Linking and Park Reservations

- Download the MyDisney Experience app
- Create account (if you do not have one already)
- Link your theme park tickets
- Make a Theme Park Reservation-Although Disney has removed reservations for some tickets, this DOES NOT include our event tickets. You will still need to make a Theme Park Reservation.
- Create a MagicMobile Pass to save to your wallet

As a reminder, we highly recommend that Guests make their theme park reservations as soon as they receive their ticket confirmation, as park availability can change and is limited. [CLICK HERE](#) to view the Disney How-To Guide for ticket linking! **All tickets through Varsity still do require a Theme Park Reservation.** Tickets are date limited and dates can be found on the Terms and Conditions for the event.

**IMPORTANT NOTE WHEN PURCHASING THEME PARK TICKETS:** The reselling or the transferring of theme park tickets in the state of Florida is a crime as described under Florida state laws; [Florida Statutes s. 817.361](#) and [Florida Statutes s. 817.36](#)

If you have any issues or trouble linking your Walt Disney World tickets, please contact the Disney Guest Help Desk at 407-939-4357.

## ESPN Wide World of Sports ® Access

**All Athletes and Coaches will receive a hard ticket to enter ESPN Wide World of Sports at registration. You will use these to enter ESPN Wide World of Sports for Competition.**

- Please have all athletes take a picture of the back of their credential. If this ticket is lost, the Box Office at ESPN Wide World of Sports can replace it with this picture.
- Credentials that are lost and do not have picture can only be replaced at a Championship Office.

All Friends and Family on the hotel travel package or those who purchased theme park tickets from Varsity, will need to link their theme park tickets as indicated above and connect to MagicMobile. They will then use MagicMobile to enter ESPN Wide World of Sports and all Theme Parks. ***It is important that you link the ticket assigned to your name. A hard ticket is not required for friends and family.***

## Friday Night Theme Park Extended Hours (Hotel Travel Package Only)

We are thrilled to be able to offer Friday Night Extended hours at EPCOT for everyone on the Hotel Travel package only. It will be Friday, February 7 from 9:00 am until 11:00 pm. Anyone on the hotel travel package will receive a wristband at registration that they will need to wear to get into the extended hours. We are not able to sell extra wristbands for this event.

To enter the park, you will use one day from your Park Hopper Theme Park ticket AND need to do one of the following:

- If you are planning on going to EPCOT on Friday, make a Park Pass Reservation to EPCOT.
- If you are planning to Park Hop on Friday, make a Park Pass Reservation to Disney's Hollywood Studios, Disney's Animal Kingdom or Magic Kingdom; experience that park first then Park Hop to EPCOT.
- If you are only planning to go to Extra Hours, you will still need to make a park Pass Reservation to EPCOT.

For all scenarios, you will need an event wristband and it WILL utilize a day from your Theme Park Ticket whether you stay all day or only an hour. If you have already visited a Theme Park that day, it will only take that day off of your ticket, not an additional day.

The attractions currently schedule to be open are:

- *Spaceship Earth*®
- Journey Into Imagination With Figment
- Guardians of the Galaxy: Cosmic Rewind
- *Mission: SPACE*®
- Journey of Water, Inspired by Moana
- *Soarin*®
- Living with the Land
- Frozen Ever After
- Remy's Ratatouille Adventure

## Sunday Night Championship Celebration Party

We are so excited to have our Celebration Party Sunday night from 8:00 pm until midnight at Disney's Animal Kingdom. We will have DJ's and select food and beverage locations will be open as well.

The following rides are scheduled to be open:

- Expedition Everest - Legend of the Forbidden Mountain
- Avatar Flight of Passage
- Na'vi River Journey
- DINOSAUR
- It's Tough to be a Bug!

Dress is casual. The cost of the Celebration Party is included in the three- and four-night hotel travel package and wristbands will be given out at registration. You do not need a Park Reservation to attend this Party and it does not take a day off your Theme Park ticket.

For those teams or family members who did not purchase the hotel travel package, admission into the Celebration Party is \$55.00. Extra tickets (wristbands) are limited and will be for sale by credit card only, no cash and only during the registration times listed in this information guide. Wristbands will NOT be sold the night of the party at the park.

TRANSPORTATION IS NOT PROVIDED FOR THOSE PURCHASING EXTRA TICKETS. Walt Disney World buses DO NOT shuttle to the theme park this evening due to the park being closed to the public. Those purchasing extra wristbands must provide their OWN TRANSPORTATION.

PLEASE NOTE: Each group of minors attending the Celebration Party must be accompanied by an adult chaperone (21 years or older) to be allowed into the Party. No liquids of any kind will be allowed in the park. Liquid medication should be reported to the front gate Disney Cast Members.

## Varsity Shop

The Varsity Shop will be set up with event merchandise at ESPN Wide World of Sports. The Varsity Shop will be cashless. The Varsity Shop will be open:

Friday, March 7	8:00 am-10:00 pm
Saturday, March 8	8:00 am-10:00 pm
Sunday, March 9	8:00 am-10:00 pm

## Sportsmanship

UCA & UDA All Star encourages and supports sportsmanship, integrity and fairness among participants and coaches in all facets of cheerleading including, but not limited to, team/squad practice and performance. We strive to uphold the highest standards and promote this to the best of our abilities and believe that coaches are instrumental in promoting and instilling this among their respective team members.

To ensure the most positive experience for all attendees, UCA/UDA All Star asks that the following Code of Conduct be adhered to at the National Championship:

1. Any questions or concerns that affect a team's performance or experience must be communicated by the coach to the Event Director. The appropriate Official will then be called to discuss the situation with the coach.
2. Participants, coaches, or spectators are prohibited from contacting the Judges during the competition.
3. Judges' rulings are final related to deductions, final team placements and legalities.
4. Any unruly, aggressive, or belligerent behavior by participants, coaches or spectators toward any other attendee or Event Staff will result in a deduction, potential team disqualification, removal from the event and/or barred participation from future UCA/UDA competition and Championships.
5. Varsity Spirit reserves the right to remove any person from a competition for unsafe or unsportsmanlike conduct.

## Photography and Video Policy

**All team photographers or videographers must be listed on a team roster as personnel for the 2024-2025 season.**

Proof of membership with USASF is required and will be verified on site before the pass is distributed. All Team Photographers/Videographers must request their Team Photography credentials on-site at each event at Registration Check-In to complete the request process and receive credentials. Photography and videography is not allowed backstage nor in the Warm up area.

If you wish to photograph multiple programs at an event or are not listed on the team roster, you must complete the [Media Credential Request Form](#). For additional information about the Team Photography and Videography Policy and Varsity Spirit Event Media Policy, [click here](#).

## UEP Photography

Universal Event Photography has your team covered! UEP is offering [contactless pre-orders](#) for their very popular action photo digital files package. Get all the action photos from your routine for one price and share them with your team! Your order will be delivered via an email link after the event. Bring home the best action photos of your team's performance with the quality you can trust, only with UEP!

## Championship Event Coverage

You will find detailed information on the championship plus tips on how to make the most of your championship experience at the Walt Disney World Resort on Channel 77 or Channel 60 in your room. Stay up to date with full coverage of the championship including routine videos, results, behind the scenes features and more on Varsity TV.

Be sure to join the 2025 Spectator BAND Group for important updates and information during the competition weekend.

[The UCA & UDA All Star Championship Spectator BAND](#)

## COACHES ONLY

### USASF INFO

- USASF Check-in Please have all coaches/personnel who need to show their USASF Coaches ID to get their wristband come to the registration area with you. This is just a reminder that any coach, choreographer, owner or personnel wishing to access the warmup area, backstage or coaches' box must have a wristband.
- Must have a printed copy of your Compliance Cover Sheet and Program Summary Sheet to turn in at the USASF Check-in table. USASF Rosters will lock on Tuesday 3/4 at 5:00pm EST.
  - Coaches and Gym Owners:
    - Must be an eligible coach listed on the USASF event roster.
    - Junior Coaches – All teams including CHEERABILITES must be listed on the roster as Personnel.
    - Only TWO persons listed on the Personnel Roster per team with an active background check will be permitted in the warm-up room and must check-in with USASF.
    - CheerAbilities assistants will be allowed an unlimited number of personnel but must be designated on the roster as designated personnel and eligible.
- The wristband must be worn for the duration of the event. Wristbands will not be shared or transferred for ANY REASON.

- Transferring a wristband to another person that does not meet the warm-up room requirements will result in immediate action for the person or persons involved and the program they represent. Such action may include, but is not limited to, removal from the venue, disqualification of a team or multiple teams from the organization, and disciplinary action for the program.

#### **Roster Verification dates and times:**

Wednesday, March 5	9am - 9pm (Coaches Registration Tent)
Thursday, March 6	9am – 9pm (Coaches Registration Tent)
Friday, March 7	7am – 8pm (Coaches Registration Tent)
Saturday, March 8	8am – 12pm (ESPN AdventHealth Arena Athlete Entrance)

#### **USASF WRISTBAND CHECK-IN**

- TEAM REPS/PERSONNEL - have your government-issued ID ready when you walk up to the USASF table. Jr Coaches who do not have ID cards can pull up their school ID or school account that has their photo and name.
- COACHES: & OWNERS - DOWNLOAD THE USASF COACH APP FROM APP STORE
- Have your USASF Coach ID ready to show from your USASF Coach app. You only need to show this ID and not pull out your government-issued ID.

## **INTERNATIONAL INFO**

Our commitment to the safety of athletes is fundamental to Varsity Spirit's mission and the future of cheer and dance. Together, we will continue to champion safety and security to best protect the youth who participate in this sport. The below information outlined by the participating team's country of origin is required when attending a Varsity Spirit event in the United States. This information MUST be submitted during your Event Registration during the event.

- Australia - Valid Working with Children Check (Queensland known as a blue card)
- Canada – Vulnerable Sectors Check
- Chile – Police Check
- Costa Rica – Hoja de Delincuencia
- Denmark – Police Background Check or Federation Membership
- England – DBS check, valid within 3 years of the event or Federation Membership
- France – Extrait de casier judiciaire
- Germany – Führungszeugnis or Federation C or B License
- Ireland – Garda vetted
- Italy – Police Clearance Certificate or FIC EC Membership
- Puerto Rico – Current Background Check
- Scotland – Current PVG
- Sweden – Police Background Check or Federation Membership
- Wales – DBS, valid within 3 years of the event

Countries that require a Visa to enter the US must email all information below in an excel document to [Karl@cheerunion.org](mailto:Karl@cheerunion.org).

- A complete roster with the following information for each applicant:
  - Full Name (as it appears in their passport) Date of Birth, position on team (athlete, coach, team manager, etc.) and gender.
  - Event & requested travel dates.

- City & Country where the team is located.
- Event & requested travel dates.
- City & Country where the team is located.

[International Coach Roster Form](#)

## Team Banners hanging in Venues

We know that many of you like to hang team banners in the venues. We did get the following guidelines from Disney for any banners hung. Please be sure that if you decide to do this, it complies with below.

- Banners should be no larger than 3' x 5' in size
- Means of egress shall be continuously maintained free of all obstructions or impediments to full instant use in the case of fire or other emergency. All aisles and exits shall remain clear and unobstructed during event hours.
- Fire alarm devices, fire sprinkler heads, and fire extinguishers shall always remain clear of obstructions.
- Banner designs should meet Walt Disney World standards and guidelines available at [disneyworld.disney.go.com/park-rules/](http://disneyworld.disney.go.com/park-rules/). Inappropriate language, artwork, and photographs will not be permitted.
- Banners cannot be hung on venue pipe and drape. Banners installed in restricted areas will be removed.
- Banners and any other signage and their display and usage must at all times comply with all applicable laws, regulations, and codes. Disney reserves the right to remove any banners for any reason or no reason.

## Inclement Weather

While we all love sunny Orlando, we know that it does sometimes rain or get chilly during the early part of the year. Please be sure to check the local Orlando TV stations for weather the week leading up to the Championship. We suggest being prepared for rain including umbrellas and ponchos as well as for cooler weather. Competition will continue to happen and any changes in that will be communicated through the BAND groups and also in the Complex.

## Communication during the Championship

Throughout the Championship weekend, we will be sending updates and announcements through the BAND app. We suggest that each Coach and Assistant Coach join this group.

[The UCA & UDA All Star Coaches BAND](#)

## Optional Open Practice

We will be offering open practice at ESPN Wide World of Sports in the Arena warm up rooms on Thursday, March 6<sup>th</sup> or Friday, March 7<sup>th</sup>. Practice is first come, first served and availability is limited. Teams will have 20 minutes on a warmup floor for each team performance they have. Transportation will not be provided for the Optional Open Practice.

You must complete your registration with The Quest prior to coming to Open Practice and must scan your athlete or coach credential card to get into ESPN Wide World of Sports.

Open Practice will be at ESPN Wide World of Sports in the Competition venues warm up areas. The Complex will be closed on Thursday so please only go to your assigned venue.

- Disney will be scanning tickets to get into Open Practice so please bring that with you.
- Do not arrive at the Complex more than 20 minutes before your scheduled open practice time. When you arrive, please go to the Arena and enter through the doors between the two staircases.
- Once your rehearsal is done, please leave the complex within 30 minutes. The Complex will be closed so you cannot stay to practice outside.
- A head coach must be present with each team. All coaches must have their USASF membership wristband to gain

- access to the practice facility. Only the rostered team and coaches are allowed - Spectators will not be allowed.
- Water will not be provided for teams. Please plan to bring a water bottle for each athlete.
- Sound systems will be provided for music, but coaches will be responsible for having any adapters/dongles.

## Arrival and Competition Flow

We suggest you arrive no more than 45 minutes prior to your warm up time. When you arrive at ESPN Wide World of Sports Complex, you will need to enter the gates using your athlete or coach credential card that you will get at check in with UCA.

- If you would like to do any pre-warm up time, you can do that on Field 18 which is near Field 20 where the food trucks are.
- You will need to report to your warm up venue at the scheduled check in time.
- Once you check in, you can head to your warm up area.
- You will then have your warm up time on a full marley / spring floor
- Once your warm up is complete, you will report backstage (see maps in earlier section for flow) for competition.
- The coach will then be directed to the music table where they will play the music.
- After your performance, the team and coach will meet backstage and watch a replay together of your teams performance.
- You will then gather your bags and exit the venue.
- Please see the event schedule for times and locations of advancement announcements.

## Warmup and Stretching

Field 19 is the designated stretching and warm up areas for the Championship. Please do not use any other area, including the inside of the Baseball Stadium. You will have a designated warm up in the Competition Venue warm up room prior to your performance as well. That time is listed on the Event Order of Competition.

## Dressing Rooms and Personal Belongings

There are limited changing areas at ESPN Wide World of Sports. There are some areas in each of the competition venues.

- **State Farm Field House:** Restrooms for changing are located on the lower level in the hall behind the judges platform.
- **Athletic Center:** There are a few small locker rooms for quick changes behind the Judges Platform.
- **AdventHealth Arena:** There are limited restrooms on the lower level as well as restrooms on the main concourse.

When changing in these areas, please utilize them as quick changing areas and please do not stay in the area for an extended time. Varsity Spirit accepts no responsibility for lost or stolen items. We recommend that each team designate someone to keep an eye on its possessions. Please do not leave any of your bags unattended as they could be seen as unattended bags and security could be called.

## Advancements and Results

- Dance teams will compete on Friday and Saturday with 25% Day 1 scores combined with 75% Day 2 scores.
- Elite and International will compete Saturday and Sunday with 25% Day 1 scores combined with 75% Day 2 scores.
- Prep and Novice Cheer teams will compete on Saturday.
- Day 2 performance order will be pre-determined by reverse performance of Day 1.
- Awards times and location can be found on the Order of Competition and the Block Schedule.
- All teams will receive a commemorative medallion.
- All teams will receive a placement banner. Teams who rank first, second, or third place will also receive a bronze, silver, or gold medallion. National Champion teams will receive National Champion jackets. Only the rostered athletes and two coaches will receive jackets and medals. Any additional medals or jackets can be requested after the last awards ceremony on Sunday night and will be subject to availability.



## Coaches Questions and Score Sheets

Score Sheets, Deductions and Legality sheets will be emailed out about 15-20 minutes after the team's performance. If you have not received your score sheets 30 minutes after performance, please submit a score sheet resend request via the QR code available on site.

If coaches have any scoring questions,

- We will have someone to assist you throughout the weekend at the AccuScore area located in The State Farm Field House on the lower level next to the judges platform exit side of the venue.

As always, our Event Staff is here to assist you, so if you need something, ask someone in a black Event Staff t-shirt. If they cannot assist, they will find someone who can.

## Coaches Webinar

Instead of having coaches' meetings on site at the resorts, coaches will receive a video webinar approximately one week prior to the Championship. This will allow you to prepare for your trip and to share information with all your coaches. Once you arrive in Orlando, we will have a separate coaches' registration and Varsity All Star representatives available for any questions you may have.