



NCA COMPETITION DIVISIONS

FALL 2023 - SPRING 2024



CROWD LEADING DIVISIONS

Routine Length: 2:30 minutes (Music Time: Up to 1:45 minutes)

CHEER PORTION: EMPHASIZES CROWD LEADING ABILITY WITH CROWD EFFECTIVE MATERIAL AND PROPS TO ENHANCE CROWD ENGAGEMENT

| NOVICE | Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
|-----------------------------------|---|--------------------|----------------------|--------------------|
| | JV/Freshmen | 5 - 30 members | 11th grade & below | Female/Male |
| | Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |
| INTERMEDIATE | Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
| | JV/Freshmen | 5 - 30 members | 11th grade & below | Female/Male |
| | Varsity | 5 - 30 members | 9th - 12th grade** | Female |
| | Coed Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |
| ADVANCED | Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
| | JV/Freshmen | 5 - 30 members | 11th grade & below | Female/Male |
| | Varsity | 5 - 30 members | 9th - 12th grade** | Female |
| | Coed Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |
| OTHER CROWD PERFORMANCE DIVISIONS | Novice Non-Building Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
| | Novice Non-Building Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |
| | Novice Junior Club | 5 - 30 members | 14 years & younger | Female/Male |
| | Intermediate Non-Building Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
| | Intermediate Non-Building Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |
| | Intermediate Non-Tumbling Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
| | Intermediate Non-Tumbling JV/Freshman | 5 - 30 members | 11th grade and below | Female/Male |
| | Intermediate Non-Tumbling Varsity | 5 - 30 members | 9th - 12th grade** | Female/0 - 2 Males |
| | Advanced Non-Building Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |
| Advanced Non-Tumbling Varsity | 5 - 30 members | 9th - 12th grade** | Female/0 - 2 Males | |

PERFORMANCE DIVISIONS

Routine Length: 2:30 minutes (Music Time: Up to 1:45 minutes)

| NOVICE | Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
|--------------|---------------------------|----------------|--------------------|-------------|
| | JV/Freshmen | 5 - 30 members | 11th grade & below | Female/Male |
| | Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |
| INTERMEDIATE | Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
| | JV/Freshmen | 5 - 30 members | 11th grade & below | Female/Male |
| | Varsity | 5 - 30 members | 9th - 12th grade** | Female |
| | Coed Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |
| ADVANCED | Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
| | JV/Freshmen | 5 - 30 members | 11th grade & below | Female/Male |
| | Varsity | 5 - 30 members | 9th - 12th grade** | Female |
| | Coed Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |

Performance and Crowd Leading Divisions will be split into Small (5 - 16 members) and Large (17 - 30 members) when there are **AT LEAST FIVE** teams registered in **BOTH** split divisions at the event director's discretion. The Novice Junior Club division is available for sideline teams that do not fit into the standard divisions. This includes Elementary teams, Rec teams, and other club programs.

GAME DAY DIVISIONS

Routine Length: 3:00 minutes

Includes in this order: Band Chant, Situational Cheer, Crowd Leading Cheer and Fight Song--all crowd leading material suitable for the sideline or pep rallies.

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|--|----------------|--------------------|-------------|
| Junior High/Middle School | 5 - 30 members | 9th grade & below | Female/Male |
| JV/Freshmen | 5 - 30 members | 11th grade & below | Female/Male |
| Varsity | 5 - 30 members | 9th - 12th grade** | Female |
| Coed Varsity | 5 - 30 members | 9th - 12th grade** | Female/Male |
| * Game Day Rally (previously Spirit Program) | 5 - 30 members | 9th - 12th grade** | Female/Male |

Game Day Divisions will be split into Small (5 - 12 members), Medium (13 - 20 members) and Large (21 - 30 members) when there are **AT LEAST FIVE** teams registered in **EACH** split division at the Event Director's discretion.

*Game Day Rally must consist of more than cheer and mascot by incorporating other Spirit Program elements such as band, drum line, dance team, etc. The programs participating must be officially recognized by the competing school's admin as a member of the competing school's dance, cheer or band program.

**All Varsity divisions are for 9th - 12th grade. Athletes younger than 9th grade will be allowed to participate if they are enrolled in the school they are representing, are recognized as full time cheerleaders for that school, and receive written permission from NCA prior to competition. A Varsity Team will be considered COED when there are any male participants not including flag runners or mascots.