

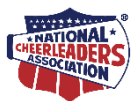


MASCOT OVERNIGHT - 4 DAY

Time	Class	Notes	DAY 1
1:00 PM	Opening Rally	Meet your NCA Staff!!	
1:30 PM	Introductions	Campers/ Instructor(s)	
2:15 PM	Let's MASCOT !!!!	Character Definition	
		- Who Is This Character I Become?!	
		- You're Telling Me I'm a Superhero ?!	
3:00 PM	I Like To Move It !!	Pantomime Class	
		What Do I REALLY look like??	
		Emotional Rollercoaster - Children - Crowd - Cameras!!!	
4:15 PM	Team Time / Coaches Reception	Come on!! Let's Meet My Coach!!!	
4:30 PM	DINNER	FOOOOOOOOOOOOOOOOOO	
5:30 PM	Practice Time with Coach		
6:00 PM	Final Day Follies	Learning Routine for Final Day	
6:30 PM	So You Think You Can Mascot	Pantomime Evaluations	
7:00 PM	Skits? - Panic? - Help?!	The People Need to Know Who I Am !! - Night 1 Skit Prep	
8:00 PM	Where's My Super Suit ?!	Get Dressed/Final Run Through - Night 1 Skit	
8:15 PM	Mascot Madness	Night 1 Skit Performance	
8:25 PM	Team Time		
8:50 PM	Announcements		
8:55 PM	Spirit Sticks	Give to a Mascot exemplifying team spirit throughout the day	
9:00 PM	Tally Ho	Camp Dismissed!	
9:05 PM	Quick Change!	Leave Your Suits - Get Some Rest	

Time	Class	Notes	DAY 2
8:15 AM	Leaders In Training	Team Leaders attend additional leadership classes	
8:30 AM	Team Time / Coaches' Meeting	GET DRESSED - JOIN CAMP !!!	
8:40 AM	Cheerobics	Mascots must stretch too!!!	
9:00 AM	Do You See What I See ?	Prop Class/ Scavenger Hunt	
10:00 AM	GAME DAY!! YEAHHHHHH	Game Day Evaluation Prep	
		What Do I Do? Where Do I Go?	
11:15 AM	Announcements		
11:30 AM	LUNCH	FOOOOOOOOOOOOOOOOOO	
12:30 PM	Gameday Practice	Optional practice time if needed	
1:00 PM	Custom Coaching #1	Game Day Skit Explanation and Run through w/Team	
1:30 PM	Custom Coaching #2	Game Day Skit Explanation and Run through w/Team	
2:00 PM	Custom Coaching #3	Game Day Skit Explanation and Run through w/Team	
2:30 PM	Skit Workshop Night Two	Tell a Story Skit!	
3:30 PM	Mascot Custom Coaching	Buddy Help W/ Game Day Evaluation	
4:30 PM	DINNER	FOOOOOOOOOOOOOOOOOO	
5:30 PM	Final Day Follies	Learning Routine for Final Day	
6:00 PM	Custom Coaching #3	Game Day Skit FINAL Practice !!!!	
6:20 PM	Custom Coaching #1	Game Day Skit FINAL Practice !!!!	
6:40 PM	Custom Coaching #2	Game Day Skit FINAL Practice !!!!	
7:00 PM	Evaluation	Game Day Skit & Game Day Evaluation W/ Squad	
8:00 PM	Dress Rehearsal Night 2 Skit	Final Run Through - Night 2 Skit	
8:15 PM	Mascot Madness	NIGHT 2 Skit Performance	
8:30 PM	Spirit Sticks	Give to a Mascot exemplifying team spirit throughout the day	
9:00 PM	Tally Ho	Camp Dismissed! Remember, tomorrow is FUN DAY!!	

* IF YOU ARE NOT IN CUSTOM COACHING, WORK ON PROPS FOR GAME DAY OR ALL AMERICAN!!!!



MASCOT OVERNIGHT - 4 DAY

Time	Class	Notes
8:15 AM	Leaders in Training	Team Leaders attend additional leadership classes
8:30 AM	ITS FUNNNER DAY!!!!	Wake Up Those Characters!!! - Get DRESSED!!!!
8:50 AM	Operation Invade Pom Pom People	Warm - Up WITH Camp
9:05 AM	Cheerobics	
9:20 AM	Field Walk Evaluation	Evalutation on Character Walk, Interactions, Appearances
		Hello World! Here We Come!!!!
10:00 AM	Mascot Action Plan	1 on 1 Feedback From Instructor
	All-American Mascot	All-American Mascot Skit Work
11:30 AM	LUNCH	AA Nomination finalized by Lunch
12:30 PM	Practice Time with Coach	Optional practice time if needed
1:00 PM	Custom Coaching #2	WORK ON ALL AMERICAN SKIT/NIGHT SKIT
1:30 PM	Custom Coaching #3	WORK ON ALL AMERICAN SKIT/NIGHT SKIT
2:00 PM	Custom Coaching #1	WORK ON ALL AMERICAN SKIT/NIGHT SKIT
2:30 PM	Senior Skit Prep	Finalize Props/Roles for Senior Skit
4:30 PM	DINNER	
5:30 PM	Practice Time with Coach	Optional practice time if needed
6:00 PM	All American Mascot Group A	Mascot All- American Tryouts
6:20 PM	All American Mascot Group B	Mascot All- American Tryouts
6:40 PM	All American Mascot Group C	Mascot All- American Tryouts
7:00 PM	Final Evaluation w/ Squad	
8:00 PM	Dress Rehersal	Senior Skit Dress Rehearsal
8:15 PM	Spirit Sticks	
8:30 PM	Senior Skit/ Team Time	Senior Skit Performance
9:00 PM	Tally Ho	Camp Dismissed! Have a great night!

FUN DAY 3

Time	Class	Notes
8:30 AM	Coaches' Meeting	Wake Up Those Characters!!! - Get DRESSED!!!!
	GOOD MORNING!!!!	Remember, its YOUR TIME TO SHINE!!!
8:45 AM	Final Day Mascot Madness	Rehearse Final Mascot Madness
9:45 AM	Final Day Competition Warm-Up	Mascots are allowed to compete w/ team in final comps
	Final Day Competitions	Each team can compete in up to 2 categories
9:50 AM	Top Team Chant	No Entrance, as taught, 3-3-3, Allow levels and ripples
10:10 AM	Top Team Band Chant	Crowd effective & practical. No Stunts or Tumbling
10:40 AM	Top Team Cheer	Showcasing team skills and crowd leading abilities
11:10 AM	Final Mascot Madness Dress Rehearsal	
11:25 AM	Final Mascot Madness & Mascot Awards Presentation	
11:40 AM	Spirit Sticks	Take it home with you, if you earn one on the final day!
11:45 AM	Closing	Final thoughts and message to camp
12:00 PM	Tally Ho	Camp Dismissed!! Travel safe!

DAY 4

NOTES: