



MASCOT COMMUTER - 3 DAY

Time	Class	Notes
9:00 AM	Opening Rally	Meet your NCA Staff!!
9:15 AM	Material Demos	Band Dance, Camp Cheer and a Chant w/ 3-3-3 method
9:30 AM	Introductions	Campers/ Instructor(s)
10:00 AM	Let's MASCOT	Character Definition - Who is this Character I become? - You're telling me I'm a Superhero??
10:45 AM	I Like To Move It !!	Pantomime Class What Do I REALLY look like??
12:00 PM	LUNCH	FOOOOOOOOOOOOOOOOOO
1:00 PM	Final Day Follies	Learning Routine for Final Day
1:15 PM	So You Think You Can Mascot	Pantomime Evaluations
2:15 PM	Skits? - Panic? - Help?!	The People Need to Know Who I Am !! -
3:30 PM	Where's My Super Suit ?!	Night 1 Skit Prep Get Dressed/Final Run Through -
3:45 PM	Leader's Reception/Material Review	Team Leaders attend additional leadership classes
4:45 PM	Team Time	GET DRESSED - JOIN CAMP !!!
5:00 PM	Mascot Madness	Night 1 Skit Performance
5:10 PM	Team Time	
5:35 PM	Spirit Sticks	Give to a Mascot exemplifying team spirit throughout the day
5:00 PM	Tally Ho	Camp Dismissed!
5:05 PM	Quick Change!	Leave Your Suits - Get Some Rest

DAY 1

Time	Class	Notes
8:15 AM	Leaders in Training	Team Leaders attend additional leadership classes
8:30 AM	Team Time / Coaches' Meeting	GET DRESSED - JOIN CAMP !!!
8:40 AM	Cheerobics	Mascots must stretch too!!!
8:50 AM	Ice Breaker	
9:00 AM	Do You See What I See ?	Prop Class/ Scavenger Hunt
10:00 AM	GAME DAY!! YEAHHHHHH	Game Day Evaluation Prep
10:30 AM	Game Day Evaluation Prep	What Do I Do? Where Do I Go?
11:30 AM	LUNCH	FOOOOOOOOOOOOOOOOOO
12:30 PM	Practice Time with Coach	Optional practice time if needed
1:00 PM	Custom Coaching #1	Game Day Skit Explanation and Run through w/Team
1:30 PM	Custom Coaching #2	Game Day Skit Explanation and Run through w/Team
2:00 PM	Custom Coaching #3	Game Day Skit Explanation and Run through w/Team
2:30 PM	Skit Workshop Night Two	Tell a Story Skit!
3:30 PM	Mascot Custom Coaching	Buddy Help W/ Game Day Evaluation
4:30 PM	DINNER	FOOOOOOOOOOOOOOOOOO
5:30 PM	Gameday Practice	Optional practice time if needed
6:00 PM	Custom Coaching #3	Game Day Skit FINAL Practice !!!!
6:20 PM	Custom Coaching #1	Game Day Skit FINAL Practice !!!!
6:40 PM	Custom Coaching #2	Game Day Skit FINAL Practice !!!!
7:00 PM	Evaluation	Game Day Skit & Game Day Evaluation W/ Squad
8:00 PM	Dress Rehearsal	Final Run Through - Night 2 Skit
8:30 PM	Mascot Madness/ Spirit Sticks	Give to a Mascot exemplifying team spirit throughout the day
9:00 PM	Tally Ho	Camp Dismissed! Remember, tomorrow is FUN DAY!!

DAY 2

* IF YOU ARE NOT IN CUSTOM COACHING, WORK ON PROPS FOR GAME DAY OR ALL AMERICAN!!!!



MASCOT COMMUTER - 3 DAY

Time	Class	Notes
8:15 AM	Leaders in Training	Team Leaders attend additional leadership classes
8:30 AM	Team Time / Coaches' Meeting	Wake Up Those Characters!!! - Get DRESSED!!!!
8:50 AM	Operation Invade Pom Pom People	Warm - Up WITH Camp
9:05 AM	Cheerobics	
9:20 AM	Field Walk Evaluation	Evaluation on Character Walk, Interactions, Appearances Hello World!!! Here We Come!!!
10:40 AM	Mascot Action Plan	1 on 1 Feedback From Instructor
11:00 AM	All-American Mascot	All American Skit Work
11:30 AM	LUNCH	AA Nomination finalized by Lunch
12:30 PM	Practice Time with Coach	Optional practice time if needed
1:00 PM	Custom Coaching #2	WORK ON ALL AMERICAN SKIT/NIGHT SKIT
1:30 PM	Custom Coaching #3	WORK ON ALL AMERICAN SKIT/NIGHT SKIT
2:00 PM	Custom Coaching #1	WORK ON ALL AMERICAN SKIT/NIGHT SKIT
2:30 PM	Senior Skit Prep	Finalize Props/Roles for Senior Skit
4:30 PM	DINNER	FOOOOOOOOOOOOOO
5:30 PM	Practice Time with Coach	Optional practice time if needed
6:00 PM	All American Mascot Group A	Mascot All- American Tryouts
6:20 PM	All American Mascot Group B	Mascot All- American Tryouts
6:40 PM	All American Mascot Group C	Mascot All- American Tryouts
7:00 PM	Final Evaluation w/ Squad	
8:00 PM	Dress Rehearsal	Senior Skit Dress Rehearsal
8:15 PM	Spirit Sticks	Give to a Mascot exemplifying team spirit throughout the day
8:30 PM	Senior Skit/ Team Time	Senior Skit Performance
9:00 PM	Tally Ho	Camp Dismissed! Have a great night!

FUN DAY 3

Time	Class	Notes
8:30 AM	Coaches' Meeting	Wake Up Those Characters!!! - Get DRESSED!!!!
	Last Day Q&A w/buddy	
8:45 AM	Final Day Mascot Madness	Reherse Final Mascot Madness
9:45 AM	Final Day Competition Warm-Up	Mascots are allowed to compete w/ team in final comps
	Final Day Competitions	Each team can compete in up to 2 categories
9:50 AM	Top Team Chant	No Entrance, as taught, 3-3-3, Allow levels and ripples
10:10 AM	Top Team Band Chant	Crowd effective & practical. No Stunts or Tumbling
10:40 AM	Top Team Cheer	Showcasing team skills and crowd leading abilities
11:10 AM	Final Mascot Madness Dress Rehersal	
11:25 AM	Final Mascot Madness & Mascot Awards Presentation	
11:40 AM	Spirit Sticks	Take it home with you, if you earn one on the final day!
11:45 AM	Closing	Final thoughts and message to camp
12:00 PM	Tally Ho	Camp Dismissed!! Travel safe!

DAY 4

NOTES: