



NCA COMPETITION DIVISIONS

FALL 2022 - SPRING 2023



CROWD PERFORMANCE DIVISIONS

Routine Length: 2:30 minutes

CHEER PORTION: EMPHASIZES CROWD LEADING ABILITY WITH CROWD EFFECTIVE MATERIAL.

NOVICE				
NOVICE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshman	5 - 30 members	11th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female/Male
INTERMEDIATE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshman	5 - 30 members	11th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
ADVANCED	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshman	5 - 30 members	11th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
OTHER CROWD PERFORMANCE DIVISIONS	Novice Non-Building Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Novice Non-Building Varsity	5 - 30 members	9th - 12th grade**	Female/Male
	Novice Junior Club	5 - 30 members	14 years & younger	Female/Male
	Intermediate Non-Building Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Intermediate Non-Building Varsity	5 - 30 members	9th - 12th grade**	Female/Male
	Intermediate Non-Tumbling Varsity	5 - 30 members	9th - 12th grade**	Female/0 - 2 Males
	Advanced Non-Building Varsity	5 - 30 members	9th - 12th grade**	Female/Male
	Advanced Non-Tumbling Varsity	5 - 30 members	9th - 12th grade**	Female/0 - 2 Males

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	Varsity	5 - 30 members	9th - 12th grade**	Female/Male
INTERMEDIATE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
ADVANCED	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Varsity	5 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male

Performance and Crowd Performance Divisions will be split into Small (5 - 16 members) and Large (17 - 30 members) when there are at least three teams registered in both split divisions at the event director's discretion. The Novice Junior Club division is available for sideline teams that do not fit into the standard divisions. This includes Elementary teams, Rec teams and other club programs.

GAME DAY DIVISIONS

Routine Length: 3:00 minutes

Includes: Band Chant, Situational Response, Game Day Cheer, and Fight Song--all crowd leading material suitable for the sideline or pep rallies.

Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
JV/Freshman	5 - 30 members	11th grade & below	Female/Male
Varsity	5 - 30 members	9th - 12th grade**	Female
Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
* Spirit Program	5 - 30 members	9th - 12th grade**	Female/Male

Game Day Divisions will be split into Small (5 - 12 members), Medium (13 - 20 members) and Large (21 - 30 members) when there are at least three teams registered in the split divisions.

Flag runners will NOT be considered when determining if a team is Coed. They WILL be considered when determining team size (Small, Medium, Large).

*Spirit Program must consist of more than cheer and mascot by incorporating other Spirit Program elements such as band, drum line, dance team, etc. The programs participating must be officially recognized by the competing school's admin as a member of the competing school's dance, cheer or band program.

**All Varsity divisions are for 9th - 12th grade. Athletes younger than 9th grade will be allowed to participate if they are enrolled in the school they are representing, are recognized as full time cheerleaders for that school, and receive written permission from NCA prior to competition.