



## **2021 NCA VIRTUAL ALL-STAR NATIONALS**

### **FILMING GUIDELINES & TIPS**

We want to ensure that you have the best experience possible with our Virtual Event options and are here to help you through the filming process. Follow the steps below to ensure your submission best represents your team.

#### **FILMING WINDOW**

Videos must be filmed within the designated filming window starting on February 12, 2021 until the designated upload date below for your level. Teams may request to film earlier if needed.

Regardless of when you film, below are the upload start dates for each level:

LEVEL	UPLOAD OPENS	UPLOAD DEADLINE	SCORESHEETS/ACCUSCORE
<b>Prep, Novice, CheerAbilities and Exhibition</b>	Wed, Feb 17	Sun, Feb 21 11:59 PM CT	Tue, Feb 23
<b>L1</b>	Thur, Feb 18	Sun, Feb 21 11:59 PM CT	Tue, Feb 23
<b>L2</b>	Thur, Feb 18	Mon, Feb 22 11:59 PM CT	Wed, Feb 24
<b>L3</b>	Fri, Feb 19	Mon, Feb 22 11:59 PM CT	Thur, Feb 25
<b>L4/L4.2</b>	Fri, Feb 19	Tue, Feb 23 11:59 PM CT	Fri, Feb 26
<b>L5</b>	Fri, Feb 19	Tue, Feb 23 11:59 PM CT	Sat, Feb 27
<b>L6 Junior Divisions (Only)</b>	Mon, Feb 22	Tue, Feb 23 11:59 PM CT	Sat, Feb 27
<b>L6 &amp; L7 (Worlds Divisions)</b>	Mon, Feb 22	Tue, Feb 23 11:59 PM CT	Fri, Feb 26

#### **VERIFICATION PROCESS**

You will receive an official template that will be emailed when your filming window starts. The template must be printed and held up to the camera by the coach before the routine begins. An athlete that is performing in the routine will then be required to clearly state the Gym Name, Team Name and current date they are filming before the routine begins. (Tiny and Mini teams may leave off Gym and Team Name if it is too much to manage). [Click here to see an example.](#)



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#### **CAMERA**

- You may choose to film with any camera or equipment that you currently have. Cell Phone footage and other video types will be accepted.
- If filming on a Cell Phone, please turn the camera sideways to record horizontally.
- Camera or cell phone must be stabilized; we recommend not holding by hand. Camera view must remain consistent; do not zoom in or out.
- The camera should be set to view all 4 corners of the floor, or where all 4 corners would be. If there are structural objects in your space (support poles, for example) that may obstruct the view of the judges, be sure that all skills are performed within view for the judges to see.
- In order to maintain fairness and consistency, any skill that is not visible in the frame or behind a structural object will not be scored.

#### **ACCEPTED FILE TYPES**

- Video footage must be submitted in .mov or .mp4 format. Other formats such as 4K will not be accepted.
- Uploaded videos must be a single take – edited footage will not be accepted. Footage may not be edited to add in introduction card, program logo, etc.
- Record with audio on. Do not remove the audio from your video before uploading. Your video will get stuck in transcoding if you manually remove the audio prior to uploading.
- You will have the option to indicate if you own the synch rights to your music and turn the audio on or off on the uploader itself.

#### **FILMING AREA & OTHER REQUIREMENTS**

- The floor should be velcroed like a standard NCA competition floor with the velcro strips going from front to back. Other than marking center, no other Velcro should be used to create a grid, diagonals, or additional lanes on the floor.
- Other than necessary spotters, no additional coaches or fans should be in the view of the cameras.
- Routines can be filmed anywhere, except during an actual competition. If you are filming at a competition venue, no event producer backdrop may be included.
- Please do not film near mirrors. It will make the judging process exponentially more difficult.
- Athletes must be dressed appropriately