2021 NCA CHRISTIAN Overnight 4 Day

DAY 1

	9AM – 12PM REGISTRATION
1:00	Opening Rally / Prayer
1:15	Camp Cheer - **CL**
	Coach Meeting
1:35	Timeout Dance - **E**
2:05	Chants / 1-on-1 - **CL**
2:25	Jumps - **A**
2:45	Gatorade Break / Credentialing
3:05	Stunt SAFE - **A**
3:10	Skill Drills - **A**
3:20	Core Stunts / Skill Check - **A**
3:50	Material Review - **CL**
4:00	Christian Leadership - **L**
	Camp Rules
	DINNER
6:30	Star Jumper / Tumbler - **E**
7:00	Band Chant / 1-on-1 - **SR**
7:30	T-Shirt Swap/Camp Picture - **AM**
7:45	Pep Raly - **SR**
8:00	Spirit Sticks
8:15	Devotional / Worship - **L**

Bring Game Day Props Tomorrow!

DAY 2

	BREAKFAST
7:55	Buddy Meet Up
8:00	Christian Leadership - **L**
8:30	Cheerobics / Material Review-**A**
	Coach Meeting
8:45	Dance Class - **E**
9:30	Game Day Class(bring props)
10:30	Stunts - **A**
	LUNCH (Captain's Lunch)
1:30	Rally Routine #1 - **SR**
2:15	Specialty Class
3:00	1-on-1 Coaching – Group A
3:35	1-on-1 Coaching – Group B
4:05	Christian Leadership - **L**
	DINNER
6:30	Star Stunt Competition - **E**
7:00	Workshop / Evaluation / Sideline Chant - **CL**
7:30	Band Chant 1-on-1 - **SR**
7:50	All American Demo
8:00	Spirit Sticks
8:15	Devotional / Worship - **L**

Wear Your *FUN DAY* Attire Tomorrow!

FUN DAY

	BREAKFAST
7:55	Buddy Meet Up
8:00	Christian Leadership - **L**
8:30	Cheerobics - **A**
	Coach Meeting
8:45	Sideline Dances - **CL**
9:15	Material Review/Gatorade Break
9:25	Stunt Class - **A**
9:55	Pyramid Class - **A**
10:30	Rally Routine #2 / 1-on-1 - **SR**
	LUNCH
1:30	Workshop / Evaluation – Game Day Cheer - **CL**
2:30	Stunts - **A**
3:00	Game Day Demo
3:05	Game Day 1-on-1 - **CL**
4:05	Christian Leadership - **L**
	DINNER
6:30	All-American Tryouts - **E**
7:15	Rally Routine Run Through - **SR**
7:45	Coaches Recognition
8:00	Spirit Sticks
8:15	Devotional / Worship - **L**

Family & Friends Are Welcome Tomorrow!

DAY 4

	BREAKFAST
8:30	Team Practice with Coach
9:00	Rally Routine Competition - **SR**
9:30	Warm Up Game Day
9:45	Game Day Competition - **CL**
10:15	Band Chant Showcase-Mascots
10:30	Meet the NCA Leadership Staff
10:35	Awards
10:45	Final Christian Leadership-**L**
11:00	Tally Ho! **#GoBeGreat**

NFHS Pillars

A – Athlete
AM – Ambassador
CL – Crowd Leader Raiser
E – Entertainer
SR – Spirit Raiser
L – Leadership

SPECIALTY CLASSES

Chants / Cheer
Stunt Workshop / Basket Builders
Practice with Coach