## MASCOT OVERNIGHT - 4 DAY

| Time    | Class                         | Notes  |         |
|---------|-------------------------------|--|---------|
| 1:00 PM | Opening Rally                 | Meet your NCA Staff!!  |         |
| 1:30 PM | Introductions                 | Campers/ Instructor(s)                                       |         |
| 2:15 PM | Let's MASCOT !!!!             | Character Definition   |         |
|         |                               | - Who Is This Character I Become?!                           |         |
|         |                               | - You're Telling Me I'm a Superhero ?!                       |         |
| 3:00 PM | I Like To Move It !!          | Pantomime Class  |         |
|         |                               | What Do I REALLY look like??                                 |         |
|         |                               | Emotional Rollercoaster - Children - Crowd - Cameras!!!      |         |
| 4:15 PM | Team Time / Coaches Reception | Come on!! Let's Meet My Coach!!!                             |         |
| 4:30 PM | DINNER                        | F00000000000000D   |         |
| 5:30 PM | Practice Time with Coach      |  |         |
| 6:00 PM | Final Day Follies             | Learning Routine for Final Day                               | $\prec$ |
| 6:30 PM | So You Think You Can Mascot   | Pantomime Evaluations  |         |
| 7:00 PM | Skits? - Panic? - Help?!      | The People Need to Know Who I Am !! - Night 1 Skit Prep      |         |
| 8:00 PM | Where's My Super Suit ?!      | Get Dressed/Final Run Through - Night 1 Skit                 |         |
| 8:15 PM | Mascot Madness                | Night 1 Skit Performance                                     |         |
| 8:25 PM | Team Time                     |  |         |
| 8:50 PM | Announcements                 |  |         |
| 8:55 PM | Spirit Sticks                 | Give to a Mascot exemplifying team spirit throughout the day |         |
| 9:00 PM | Tally Ho                      | Camp Dismissed!  |         |
| 9:05 PM | Quick Change!                 | Leave Your Suits - Get Some Rest                             |         |

| Time     | Class                        | Notes  |
|----------|------------------------------|--|
| 8:15 AM  | Leaders In Training          | Team Leaders attend additional leadership classes            |
| 8:30 AM  | Team Time / Coaches' Meeting | GET DRESSED - JOIN CAMP !!!                                  |
| 8:40 AM  | Cheerobics                   | Mascots must stretch too!!!                                  |
| 9:00 AM  | Do You See What I See ?      | Prop Class/ Scavenger Hunt                                   |
| 10:00 AM | GAME DAY!! YEAHHHHHH         | Game Day Evaluation Prep                                     |
|          |                              | What Do I Do? Where Do I Go?                                 |
| 11:15 AM | Announcements                |  |
| 11:30 AM | LUNCH                        | F000000000000D   |
| 12:30 PM | Gameday Practice             | Optional practice time if needed                             |
| 1:00 PM  | Custom Coaching #1           | Game Day Skit Explanation and Run through w/Team             |
| 1:30 PM  | Custom Coaching #2           | Game Day Skit Explanation and Run through w/Team             |
| 2:00 PM  | Custom Coaching #3           | Game Day Skit Explanation and Run through w/Team             |
| 2:30 PM  | Skit Workshop Night Two      | Tell a Story Skit!   |
| 3:30 PM  | Mascot Custom Coaching       | Buddy Help W/ Game Day Evaluation                            |
| 4:30 PM  | DINNER                       | F00000000000D  |
| 5:30 PM  | Final Day Follies            | Learning Routine for Final Day                               |
| 6:00 PM  | Custom Coaching #3           | Game Day Skit FINAL Practice !!!!                            |
| 6:20 PM  | Custom Coaching #1           | Game Day Skit FINAL Practice !!!!                            |
| 6:40 PM  | Custom Coaching #2           | Game Day Skit FINAL Practice !!!!                            |
| 7:00 PM  | Evaluation                   | Game Day Skit & Game Day Evaluation W/ Squad                 |
| 8:00 PM  | Dress Rehearsal Night 2 Skit | Final Run Through - Night 2 Skit                             |
| 8:15 PM  | Mascot Madness               | NIGHT 2 Skit Performance                                     |
| 8:30 PM  | Spirit Sticks                | Give to a Mascot exemplifying team spirit throughout the day |
| 9:00 PM  | Tally Ho                     | Camp Dismissed! Remember, tomorrow is FUN DAY!!              |

<sup>\*</sup> IF YOU ARE NOT IN CUSTOM COACHING, WORK ON PROPS FOR GAME DAY OR ALL AMERICAN!!!!!

## MASCOT OVERNIGHT - 4 DAY

| Time     | Class                           | Notes  |
|----------|---------------------------------|--|
| 8:15 AM  | Leaders in Training             | Team Leaders attend additional leadership classes        |
| 8:30 AM  | ITS FUNNNNER DAY!!!!!           | Wake Up Those Characters!!! - Get DRESSED!!!!            |
| 8:50 AM  | Operation Invade Pom Pom People | Warm - Up WITH Camp                                      |
| 9:05 AM  | Cheerobics                      |  |
| 9:20 AM  | Field Walk Evaluation           | Evalutation on Character Walk, Interactions, Appearances |
|          |                                 | Hello World! Here We Come!!!!!                           |
| 10:00 AM | Mascot Action Plan              | 1 on 1 Feedback From Instructor                          |
|          | All-American Mascot             | All-American Mascot Skit Work                            |
| 11:30 AM | LUNCH                           | AA Nomination finalized by Lunch                         |
| 12:30 PM | Practice Time with Coach        | Optional practice time if needed                         |
| 1:00 PM  | Custom Coaching #2              | WORK ON ALL AMERICAN SKIT/NIGHT SKIT                     |
| 1:30 PM  | Custom Coaching #3              | WORK ON ALL AMERICAN SKIT/NIGHT SKIT                     |
| 2:00 PM  | Custom Coaching #1              | WORK ON ALL AMERICAN SKIT/NIGHT SKIT                     |
| 2:30 PM  | Senior Skit Prep                | Finalize Props/Roles for Senior Skit                     |
|          |                                 |  |
| 4:30 PM  | DINNER                          |  |
| 5:30 PM  | Practice Time with Coach        | Optional practice time if needed                         |
| 6:00 PM  | All American Mascot Group A     | Mascot All- American Tryouts                             |
| 6:20 PM  | All American Mascot Group B     | Mascot All- American Tryouts                             |
| 6:40 PM  | All American Mascot Group C     | Mascot All- American Tryouts                             |
| 7:00 PM  | Final Evaluation w/ Squad       |  |
| 8:00 PM  | Dress Rehersal                  | Senior Skit Dress Rehearsal                              |
| 8:15 PM  | Spirit Sticks                   |  |
| 8:30 PM  | Senior Skit/ Team Time          | Senior Skit Performance                                  |
| 9:00 PM  | Tally Ho                        | Camp Dismissed! Have a great night!                      |

| Time     | Class   | Notes  |   |
|----------|---|--|---|
| 8:30 AM  | Coaches' Meeting                                  | Wake Up Those Characters!!! - Get DRESSED!!!!            |   |
|          | GOOD MORNING!!!!                                  | Remember, its YOUR TIME TO SHINE!!!                      |   |
| 8:45 AM  | Final Day Mascot Madness                          | Rehearse Final Mascot Madness                            |   |
| 9:45 AM  | Final Day Competition Warm-Up                     | Mascots are allowed to compete w/ team in final comps    |   |
|          | Final Day Competitions                            | Each team can compete in up to 2 categories              |   |
| 9:50 AM  | Top Team Chant                                    | No Entrance, as taught, 3-3-3, Allow levels and ripples  |   |
| 10:10 AM | Top Team Band Chant                               | Crowd effective & practical. No Stunts or Tumbling       |   |
| 10:40 AM | Top Team Cheer                                    | Showcasing team skills and crowd leading abilities       |   |
| 11:10 AM | Final Mascot Madness Dress Rehearsal              |  |   |
| 11:25 AM | Final Mascot Madness & Mascot Awards Presentation |  | 4 |
| 11:40 AM | Spirit Sticks                                     | Take it home with you, if you earn one on the final day! |   |
| 11:45 AM | Closing   | Final thoughts and message to camp                       |   |
| 12:00 PM | Tally Ho  | Camp Dismissed!! Travel safe!                            |   |

NOTES: