



MASCOT COMMUTER - 3 DAY

2020 CAMP SCHEDULE

| Time | Class | Notes |
|----------|------------------------------------|---|
| 9:00 AM | Opening Rally | Meet your NCA Staff!! |
| 9:15 AM | Material Demos | Band Dance, Camp Cheer and a Chant w/ 3-3-3 method |
| 9:30 AM | Introductions | Campers/ Instructor(s) |
| 10:00 AM | Let's MASCOT | Character Definition - Who is this Character I become? - You're telling me I'm a Superhero?? |
| 10:45 AM | I Like To Move It !! | Pantomime Class What Do I REALLY look like?? |
| 12:00 PM | LUNCH | FOOOOOOOOOOOOOOOO |
| 1:00 PM | Final Day Follies | Learning Routine for Final Day |
| 1:15 PM | So You Think You Can Mascot | Pantomime Evaluations |
| 2:15 PM | Skits? - Panic? - Help?! | The People Need to Know Who I Am !! - |
| 3:30 PM | Where's My Super Suit ?! | Night 1 Skit Prep Get Dressed/Final Run Through - |
| 3:45 PM | Leader's Reception/Material Review | Team Leaders attend additional leadership classes |
| 4:45 PM | Team Time | GET DRESSED - JOIN CAMP !!! |
| 5:00 PM | Mascot Madness | Night 1 Skit Performance |
| 5:10 PM | Team Time | |
| 5:35 PM | Spirit Sticks | Give to a Mascot exemplifying team spirit throughout the day |
| 5:00 PM | Tally Ho | Camp Dismissed! |
| 5:05 PM | Quick Change! | Leave Your Suits - Get Some Rest |

DAY 1

| Time | Class | Notes |
|----------|-------------------------------|--|
| 8:15 AM | Leaders in Training | Team Leaders attend additional leadership classes |
| 8:30 AM | Team Time / Coaches' Meeting | GET DRESSED - JOIN CAMP !!! |
| 8:40 AM | Cheerobics | Mascots must stretch too!!! |
| 8:50 AM | Ice Breaker | |
| 9:00 AM | Do You See What I See ? | Prop Class/ Scavenger Hunt |
| 10:00 AM | GAME DAY!! YEAHHHHHH | Game Day Evaluation Prep |
| 10:30 AM | Game Day Evaluation Prep | What Do I Do? Where Do I Go? |
| 11:30 AM | LUNCH | FOOOOOOOOOOOOOOOO |
| 12:30 PM | Practice Time with Coach | Optional practice time if needed |
| 1:00 PM | Custom Coaching #1 | Game Day Skit Explanation and Run through w/Team |
| 1:30 PM | Custom Coaching #2 | Game Day Skit Explanation and Run through w/Team |
| 2:00 PM | Custom Coaching #3 | Game Day Skit Explanation and Run through w/Team |
| 2:30 PM | Skit Workshop Night Two | Tell a Story Skit! |
| 3:30 PM | Mascot Custom Coaching | Buddy Help W/ Game Day Evaluation |
| 4:30 PM | DINNER | FOOOOOOOOOOOOOOOO |
| 5:30 PM | Gameday Practice | Optional practice time if needed |
| 6:00 PM | Custom Coaching #3 | Game Day Skit FINAL Practice !!!! |
| 6:20 PM | Custom Coaching #1 | Game Day Skit FINAL Practice !!!! |
| 6:40 PM | Custom Coaching #2 | Game Day Skit FINAL Practice !!!! |
| 7:00 PM | Evaluation | Game Day Skit & Game Day Evaluation W/ Squad |
| 8:00 PM | Dress Rehearsal | Final Run Through - Night 2 Skit |
| 8:30 PM | Mascot Madness/ Spirit Sticks | Give to a Mascot exemplifying team spirit throughout the day |
| 9:00 PM | Tally Ho | Camp Dismissed! Remember, tomorrow is FUN DAY!! |

DAY 2

* IF YOU ARE NOT IN CUSTOM COACHING, WORK ON PROPS FOR GAME DAY OR ALL AMERICAN!!!!



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| Time | Class | Notes |
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| 8:15 AM | Leaders in Training | Team Leaders attend additional leadership classes |
| 8:30 AM | Team Time / Coaches' Meeting | Wake Up Those Characters!!! - Get DRESSED!!!! |
| 8:50 AM | Operation Invade Pom Pom People | Warm - Up WITH Camp |
| 9:05 AM | Cheerobics | |
| 9:20 AM | Field Walk Evaluation | Evaluation on Character Walk, Interactions, Appearances Hello World!!! Here We Come!!! |
| 10:40 AM | Mascot Action Plan | 1 on 1 Feedback From Instructor |
| 11:00 AM | All-American Mascot | All American Skit Work |
| 11:30 AM | LUNCH | AA Nomination finalized by Lunch |
| 12:30 PM | Practice Time with Coach | Optional practice time if needed |
| 1:00 PM | Custom Coaching #2 | WORK ON ALL AMERICAN SKIT/NIGHT SKIT |
| 1:30 PM | Custom Coaching #3 | WORK ON ALL AMERICAN SKIT/NIGHT SKIT |
| 2:00 PM | Custom Coaching #1 | WORK ON ALL AMERICAN SKIT/NIGHT SKIT |
| 2:30 PM | Senior Skit Prep | Finalize Props/Roles for Senior Skit |
| 4:30 PM | DINNER | FOOOOOOOOOOOOOO |
| 5:30 PM | Practice Time with Coach | Optional practice time if needed |
| 6:00 PM | All American Mascot Group A | Mascot All- American Tryouts |
| 6:20 PM | All American Mascot Group B | Mascot All- American Tryouts |
| 6:40 PM | All American Mascot Group C | Mascot All- American Tryouts |
| 7:00 PM | Final Evaluation w/ Squad | |
| 8:00 PM | Dress Rehearsal | Senior Skit Dress Rehearsal |
| 8:15 PM | Spirit Sticks | Give to a Mascot exemplifying team spirit throughout the day |
| 8:30 PM | Senior Skit/ Team Time | Senior Skit Performance |
| 9:00 PM | Tally Ho | Camp Dismissed! Have a great night! |

FUN DAY 3

| Time | Class | Notes |
|----------|---|--|
| 8:30 AM | Coaches' Meeting | Wake Up Those Characters!!! - Get DRESSED!!!! |
| | Last Day Q&A w/buddy | |
| 8:45 AM | Final Day Mascot Madness | Reherse Final Mascot Madness |
| 9:45 AM | Final Day Competition Warm-Up | Mascots are allowed to compete w/ team in final comps |
| | Final Day Competitions | Each team can compete in up to 2 categories |
| 9:50 AM | Top Team Chant | No Entrance, as taught, 3-3-3, Allow levels and ripples |
| 10:10 AM | Top Team Band Chant | Crowd effective & practical. No Stunts or Tumbling |
| 10:40 AM | Top Team Cheer | Showcasing team skills and crowd leading abilities |
| 11:10 AM | Final Mascot Madness Dress Rehersal | |
| 11:25 AM | Final Mascot Madness & Mascot Awards Presentation | |
| 11:40 AM | Spirit Sticks | Take it home with you, if you earn one on the final day! |
| 11:45 AM | Closing | Final thoughts and message to camp |
| 12:00 PM | Tally Ho | Camp Dismissed!! Travel safe! |

DAY 4

NOTES: