2023 Christian 2 Day Home Camp

Powered by NCA

DAY 1		DAY 2		NOTES
11:30	Staff Meets with Coach	9:00	Christian Leadership - **L**	
12:00	Introductions / Prayer	9:30	Cheerobics / Band Chant Review - **A**	
12:15	Camp Cheer /	9:45	Pom or Hip Hop or 2 Sideline Dances - **E**	
12:30	Chants (3)- **CL**	10:15	Stunts / Pyramids – **A**	
12:45	Game Day Cheer - **CL**	10:45	Rally Routine #3 - **SR**	
1:15	Squad Tradition	11:30	Christian Leadership – **L**	
1:30	Jumps - A			
2:00	Rally Dance - **E**		**LUNCH**	
2:30	Credentialing – **AM**			
2:45	Stunt SAFE - **A**	1:00	All American (if applicable) - **E**	
	Skill Drills - **A**	1:15	Workshop / Evaluation	
	Core Stunts / Skill Check - **A**		Game Day Chant & Cheer - **CL**	
	Christian Leadership – **L**	2:15	Material Review	
			Rally Routine & Game Day Review	
3:30	**SNACK BREAK**	3:00	Showoff for Parents	
		3:30	Christian Leadership - **L**	
3:45	Material Review	4:00	Tally Ho!	
3:55	Band Chant – **SR**			
4:30	Stunts - **A**			
5:15	Game Day Class (bring props) - **CL**			**NFHS Pillars**
5:45	Rally Routine #2 - **SR**			**A – Athlete**
6:15	Christian Leadership - **L**		**Spirit is Forever!**	**AM – Ambassador**
	Tally Ho!		**GoBeGreat!**	**CL – Crowd Leader**
				L – Leadership
				E – Entertainer
				SR – Spirit Raiser