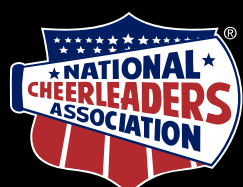


NCA COMPETITION DIVISIONS

FALL 2020



SPRING 2021

GAME PERFORMANCE DIVISIONS

Routine Length: 2:30 minutes

Entertaining, Visual and Showcases Athleticism

Cheer Portion: Emphasizes crowd leading ability with crowd effective material.

NOVICE	Small Junior High/Middle School	5 - 16 members	9th grade & below	Female/Male
	Large Junior High/Middle School	17 - 30 members	9th grade & below	Female/Male
	JV/Freshman	5 - 30 members	11th grade & below	Female/Male
	Small Varsity	5 - 16 members	9th - 12th grade**	Female/Male
	Large Varsity	17 - 30 members	9th - 12th grade**	Female/Male
	Junior Club*	5 - 30 members	14 years & younger	Female/Male
INTERMEDIATE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	JV/Freshman	5 - 30 members	11th grade & below	Female/Male
	Small Varsity	5 - 16 members	9th - 12th grade**	Female
	Large Varsity	17 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
	Non-Tumbling Varsity	5 - 30 members	9th - 12th grade**	Female/0 - 2 Males
ADVANCED	Small Varsity	5 - 16 members	9th - 12th grade**	Female
	Large Varsity	17 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
	Non-Tumbling Varsity	5 - 30 members	9th - 12th grade**	Female/0 - 2 Males

*Club divisions are for sideline teams that don't fit into our standard divisions. Elementary teams, rec teams, and other club programs fall into this category.

PERFORMANCE DIVISIONS

Routine Length: 2:30 minutes

Entertaining, visual, and showcases athleticism

NOVICE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Small Varsity	5 - 16 members	9th - 12th grade**	Female/Male
	Large Varsity	17 - 30 members	9th - 12th grade**	Female/Male
INTERMEDIATE	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Small Varsity	5 - 16 members	9th - 12th grade**	Female
	Large Varsity	17 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
ADVANCED	Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
	Small Varsity	5 - 16 members	9th - 12th grade**	Female
	Large Varsity	17 - 30 members	9th - 12th grade**	Female
	Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male

GAME DAY DIVISIONS

Routine Length: 3:00 minute or under

Includes: Band Chat, Game Day Cheer, Situational Response and Fight Song--all crowd leading material suitable for the sideline or pep rallies.

Junior High/Middle School	5 - 30 members	9th grade & below	Female/Male
JV/Freshman	5 - 30 members	11th grade & below	Female/Male
Small Varsity	5 - 12 members	9th - 12th grade**	Female
Medium Varsity	13 - 20 members	9th - 12th grade**	Female
Large Varsity	21 - 30 members	9th - 12th grade**	Female
Coed Varsity	5 - 30 members	9th - 12th grade**	Female/Male
Spirit Program*	5 + members	9th - 12th grade**	Female/Male

*Spirit Program must consist of more than cheer and mascot by incorporating other Spirit Program elements such as dance team, drill team, band, drum line, etc.

**All Varsity divisions are for 9th - 12th grade. Athletes younger than 9th grade will be allowed to participate if they are enrolled in the school they are representing, are recognized as full time cheerleaders for that school, and receive written permission from NCA prior to competition.

SAVE THE DATE

2021 NCA HIGH SCHOOL NATIONALS

JANUARY 23-24, 2021 | DALLAS, TX



NCA SUPPORT SERVICE

Need help deciding which division to compete in?

Email NCAsupport@varsity.com for help finding the division best suited for your team's experience level and strengths.

