

NCA & NDA COLLEGIATE CHEER AND DANCE CHAMPIONSHIP

BANDSHELL AND OCEAN CENTER
DAYTONA BEACH, FL • APRIL 8-12, 2020

QUALIFICATION VIDEOS

All qualification videos (including Cheer & Dance teams, Partner Stunt, All-Girl Group Stunt and Mascot) MUST be RECEIVED in the office no later than January 24, 2020. Team videos are free. Videos must be sent to: NCA & NDA Collegiate Championship, 640 Shiloh Road, Building 2, Suite 200, Plano, Texas 75074. Each team's entry must be on a separate DVD/Link and labeled with school name, division, cheer or dance, coach's name, address, email and telephone number. A "Video Entry Form" should accompany each video entry.

- Receipt deadline for team qualification only: January 24, 2020 (no entry fee required)
- Receipt deadline for Partner Stunt, All-Girl Group Stunt and Mascot entries: (\$25 entry fee) January 24, 2020
- Cheer, Partner Stunt, Group Stunt & Mascot videos may be emailed to ncacollegevideos@gmail.com. Dance videos may be emailed to nda.dance.videos@gmail.com. Videos may not exceed 10mb and should be in Windows Media Player or Quicktime format.
- Alternatively, you may submit videos via YouTube, DropBox, Fileshare, Hightail, etc.

NOTE: USA Cheer/AACCA College Safety Guidelines will be enforced for all video entries and 5.0 deduction will be given for any safety rule violation. Coaches will be notified of any deductions for safety guideline violations (cheer only).

CHEER TEAMS: Each cheer team video must include five (5) separate segments: 1. Stunts, 2. Tumbling, 3. Basket/Sponge Tosses, 4. Pyramids, 5. Game Day Segment. The skills segment of the video can be a maximum of 2 minutes.

- **Stunts:** Must show at least three (3) stunts in their entirety utilizing as many members as possible with the partners starting with at least one foot on the ground, and concluding with the dismounts landing in a cradle position or back to the ground.
- **Tumbling:** Must show at least two (2) skills of standing tumbling to include as many members as possible (i.e. handsprings, tucks, fulls, toe-backs, etc.). Must also show at least two (2) synchronized running passes with as many members as possible (i.e. handsprings series, tucks, fulls, whips, elite passes, etc.) where all participating members start and finish together.
- **Basket/Sponge Tosses:** Must show at least three (3) complete separate tosses to include as many groups as possible. Each of these three tosses must be shown from the mount (at least one foot on the ground) through the cradle.
- **Pyramids:** Must show at least three (3) complete pyramids to include as many people as possible. Each of these three pyramids must be shown from the mount (at least one foot on the ground) through the dismount to a cradle position or back to the ground.
- **45 Second Crowd Segment:** In addition to the above requirements, all video qualifiers must submit a 45 Second Crowd Segment performance. This performance must follow the same rules and guidelines as the 45 Second Crowd Segment required at Nationals. These rules are listed in the College Rule Book (available online). This segment MUST be filmed in front of a live audience.

MASCOT: Videos must include a 90 second unedited skit. Routine must be performed to music. No live props are allowed. \$25 entry fee. Should follow the same format and rules as stated for the actual competition as listed within the College Rule Book (available online).

PARTNER STUNT: Videos must include a 45 second unedited routine. Routine must be choreographed to music. One spotter is required. Must adhere to all uniform requirements. \$25 entry fee.

ALL-GIRL GROUP STUNT: Video must include a 45 second unedited routine. Routine should be choreographed to music. Groups may have up to four (4) members - all female. Must adhere to all eligibility and uniform requirements. \$25 entry fee.

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QUALIFICATION VIDEOS (continued)

RESULTS: The results of partner stunt, group stunt and mascot video entries will be available by **February 1, 2020**, and will be posted on nca.varsity.com at 5:00pm CST. Videos submitted for qualification will not be viewed for competition safety violations. A separate video must be sent for this purpose. Coaches of team videos will be notified individually of their qualifying status and team video results will NOT be posted online.

DANCE TEAM PERFORMANCE REQUIREMENTS: Dance teams must submit one video that includes a 30 second Hip Hop routine, a 30 second Jazz routine, a 30 second Pom routine as well as 30 seconds of Technical skills (this may be numerous across the floor passes or a choreographed piece). The technical skills segment only may contain numerous edits. Split screens are not allowed. Speed of performance may not be altered. All team members do not need to be in each segment; however, at least seven (7) members must appear in the pom, jazz and hip hop segments of the video. All members on the video must be official, eligible team members at the time of taping. Videos must be current year footage, from previous year is prohibited. Teams that qualify for Team Performance will automatically be qualified for the Jazz, Pom and/or Hip Hop Divisions.

JAZZ, POM AND HIP HOP VIDEO REQUIREMENTS: Teams competing in the Jazz, Pom and/or Hip Hop Division must submit, on video, a performance routine of any style, one minute and forty-five seconds (1:45) minimum in length (no editing or split screens). The style exhibited on the video is not required to match the division(s) in which the team registers. Teams that qualify with a Jazz, Pom or Hip Hop video are qualified to compete in those divisions ONLY. Teams that qualify with a Jazz, Pom or Hip Hop video do NOT automatically qualify for the Team Performance Division. The speed of the routine may not be altered through video editing. The team must be represented by AT LEAST seven (7) members. All members on the video must be official, eligible team members at time of taping. Videos submitted must be of current year; footage from previous years is prohibited. Videos submitted for qualification will not be viewed for legalities. A separate video must be sent for this purpose no later than two (2) weeks prior to competition.

GENERAL VIDEO GUIDELINES

More Specific Instruction may be listed above

- All skills MUST follow the USA Cheer/AACCA Collegiate Cheerleading Safety Rules (cheer only)
- No split screens, freeze frames or speed altering is allowed
- All participants must be current eligible members of the school and team they are representing
- All footage must be of current academic year
- Teams must also follow specific division requirements as applicable (i.e. Small Coed, Intermediate, All Girl, Team Performance, etc.)
- There is NO video entry fee for TEAM VIDEOS (\$25 for Partner, Group Stunt and Mascot)

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TEAM NAME _____

VIDEO QUALIFICATION

ENTRY DEADLINE - JANUARY 24, 2020

Registration Fee for All-Girl Group Stunt, Mascot, and Partner Stunt is \$25 per group or mascot. This form must accompany your video. Each video entry must be submitted separately and include this completed form with each entry.

Please be sure to check the division in which your squad fits.

- Cheer
- Dance
- Partner Stunt (\$25 Entry Fee)
- Group Stunt (\$25 Entry Fee)
- Mascot (\$25 Entry Fee)

Fill out all information and send entry form, check and video to:

NCA & NDA College Nationals Video Qualification, 640 Shiloh Road, Building 2, Suite 200, Plano, Texas 75074

CONTACT INFORMATION

Name of Team as it should appear on Performance Order

Street Address (no P.O. Box Accepted) City State Zip

Work Number Fax Number

Coach - All correspondence will be forwarded to the address of the Coach

Coach Email Address* Personal Email Address*

Street Address (no P.O. Box Accepted) City State Zip

Home Number Cell Number Fax Number

**NOTE: We ask for your personal email address in the event your school firewall and/or email filter blocks our email communications.*

DIVISION _____

Refer to the 2019 - 2020 College Rule Book to verify division requirements. The College Rule Book can be found online at nca.varsity.com and nda.varsity.com.

I certify that all participants who perform on the enclosed video are current eligible members of the school and squad being represented and meet the eligibility requirements set forth by NCA & NDA and the respective school.

Coach Signature _____

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CHEER TEAM REGISTRATION FORM

SCHOOL NAME _____

This team is competing in *(please check only ONE):*

- _____ Advanced Division
_____ Intermediate Division (Skill Restrictions Apply)
_____ Game Day Division

Team Specifications *(please fill in each blank):*

- _____ Number of Female Cheer Competitors taking the mat
_____ Number of Female Cheer Alternates
_____ Number of Male Cheer Competitors taking the mat
_____ Number of Male Cheer Alternates
_____ Number of Female Mascots taking the mat
_____ Number of Male Mascots taking the mat
_____ Game Day Only: Number of Non-Cheer participants taking the mat:
_____ Female + _____ Male Dancers NOT already registered on a Dance Team competing another routine for NDA at this competition.
_____ Female + _____ Male Dancers ALREADY REGISTERED on a Dance Team competing another routine for NDA at this competition *(please also email Mshetzer@varsity.com with the names of these individuals)*
_____ Other (i.e. band, drumline, etc.) Describe _____

College/University Category for Athletics *(please check only ONE):*

- _____ DIVISION IA (FBS) Football Schools
_____ DIVISION I (FCS) football schools, or do not have football and compete in Division I basketball.
_____ DIVISION II
_____ DIVISION III
_____ JUNIOR COLLEGE
_____ NAIA

INTERNATIONAL *(based on school enrollment below):*

- _____ 20,000 or above
_____ 10,000 – 19,999
_____ 5,000 – 9,999
_____ Less than 5,000

Note: NCA will create divisions based on team enrollment and team specifics.